

Licensed to Iowa State University Hy-Tek's Meet Manager 3/21/2005 10:27 AM
 2005 Iowa State High School Classic - 3/14/2005 to 3/15/2005

Girls
 Ames, IA
 Results

Girls 60 Meter Dash

=====

Prelims on the North Side

Top 16 to Finals

Meet: % 7.71 2004 LaNeisha Waller, Cedar Rapids, Washington

Name Year Team Prelims H#

=====

Preliminaries

1	Christine Burtnett	Denison-Schl	8.00q	4
2	Jennifer Jorgensen	Southeast We	8.07q	4
3	Emily Neuwohner	Lake Mills	8.18q	4
4	Jenny Kordick	Interstate 3	8.24q	8
5	Jennie Clark	Norwalk	8.25q	1
6	Abby Green	Johnston	8.31q	5
7	Devon Ausdemore	Tri-Center	8.39q	3
8	Jessica Palo	Ames	8.41q	16
8	Megan Curry	SE Polk	8.41q	1
8	Jordon Andreassen	North Polk	8.41q	25
11	Tiffany Hendricks	Burlington	8.42q	1
11	Nina Hornback	Pekin Panthe	8.42q	1
13	Sarah Glenn	Denison-Schl	8.46q	3
13	Katie Almond	Humboldt Gir	8.46q	7
15	Angie Latta	Madrid	8.47q	5
16	Missy Kollasch	Spirit Lake	8.49q	9
17	Wieck Jamie	Hampton-Dumo	8.50	2
17	Maddie Romano	Waukee	8.50	7
19	Amy Dobbins	Sigourney	8.51	2
20	Ainsley Fedler	Burlington	8.52	1
20	Afton Bauer	SE Polk	8.52	2
22	Sarah Abele	Lake Mills	8.56	10
23	Burgess Tiffany	Dsm East	8.57	4
23	Geni Krier	Pekin Panthe	8.57	3
25	Beth Carver	C R Prairie	8.58	6
25	Brittany Schmacker	Waukee	8.58	11
27	Allison Metzger	Ames	8.59	3
28	Patty Watkins	Clarke	8.63	2
29	Becky Graeve	Ikm	8.64	7
30	Kaylee Rogers	Norwalk	8.66	24
30	Sarah Schlitter	Glad - Rein	10.36	1
32	Laryssa Klein	Pella	8.68	20
32	Lexi Parks	Tri-Center	8.68	7
32	Adrienne Haynes	Indianola	8.68	8
35	Qiong Qui	I.C. West	8.70	12
35	Linday Freeman	I.C. West	8.70	13
37	Abby Morris	Johnston	8.71	4
37	Kelsie Host	SE Polk	8.71	7
39	Lindsay Chrencik	North Centra	8.72	5
40	Laura Donaldson	Kingsley-Pie	8.73	14
41	Megan Zenisek	CR Xavier	8.75	20
41	Danielle Murphy	Perry Girls	8.75	18
43	Tawana Robinson	Burlington	8.76	2
44	Shari Bachel	Eagle Grove	8.79	9
44	Kelsey Manecke	Pella	8.79	11
44	Molli O'Brien	Clarion-Gold	8.79	11

47	Kylie Ingvall	Spirit Lake	8.80	16
47	Ashley Feldman	North Polk	8.80	24
47	Kristin McGlade	CB St Albert	8.80	11
47	Stephanie Bentley	Riverside	8.80	8
47	Leah Koelker	Beckman	8.80	10
52	Lindsay Wallace	Wdm Valley	8.81	5
53	Danielle Kosmacek	Tri-Center	8.82	3
54	Allie Schuler	Ventura	8.83	10
55	Caroline Carstensen	Denison-Schl	8.84	8
56	Sarah Garrett	Southern Cal	8.85	3
57	Lizzy Colwell	Iowa Falls A	8.86	5
57	Kassie Paulsen	Clarke	8.86	9
59	Kelli Opheim	C R Prairie	8.87	11
60	Brynne Zinnecker	Davenport As	8.88	5
60	Betsy Tegtmeier	Clarion-Gold	8.88	14
60	Charise Lass	Ogden	8.88	7
60	Heather Brechtel	I.C. West	8.88	16
60	Kelsey Reddish	Madrid	8.88	23
65	Leah Kline	Ankeny	8.90	10
65	Ashley Petersen	CB St Albert	8.90	12
65	Sami Crandell	Clarke	8.90	10
68	Halie Mollenbeck	Hampton-Dumo	8.91	10
69	Kristin Van De Kreeke	Wdm Valley	8.92	14
70	Amber Barbie	Wat. East	8.93	2
71	Kate Gohlinghorst	Red Oak	8.94	17
72	Shianna Chambers	I.C. City High	8.95	2
72	Angie Harris	Lamoni	8.95	15
72	Nicole Ackelson	Adm-Adel	8.95	6
75	Mikyla Muhlenbruch	Cal-Dows	8.96	22
75	Elena Leon	Wdm Valley	8.96	10
75	Laura Schmitt	Ankeny	8.96	9
75	Machelle King	D.M. Hoover	8.96	8
75	Lacey Patterson	Sigourney	8.96	5
80	Kelsey Schuring	Pella	8.99	22
80	Cherie Mayes	D.M. Hoover	8.99	3
80	Linsey Current	Forest City	8.99	21
83	Chelsey Kemmet	Waukee	9.00	6
83	Jen Seeley	C M B	9.00	24
83	Micaela Lang	Ankeny	9.00	8
86	Sara Ring	Clarion-Gold	9.01	17
86	Lindze Webb	Indianola	9.01	18
86	Janelle Aron	I.C. City High	9.01	21
89	Sam Tapscott	D. M. Roosevelt	9.02	4
90	Jessica Steuhm	South Tama	9.05	13
91	Megan Probasco	Urbandale	9.06	16
91	A,Mber Lawler	Spirit Lake	9.06	13
91	Michaela Titius	Wat. East	9.06	4
94	Kara Christensen	North Polk	9.07	25
95	Ariel Black	St. Edmond	9.10	12
96	Stephanie Reekers	Eagle Grove	9.11	7
96	Kim Ihle	Ames	9.11	6
96	Jenae Vennink	Ikm	9.11	12
99	Bobbi Jo Imhoff	Ventura	9.12	19
99	Chelsea Morris	Madrid	9.12	5
101	Lia Troutman	Beckman	9.14	15
101	Jessica Klatt	Cal-Dows	9.14	17
103	McKenzie Cason	Ottumwa	9.15	9
103	Jessica Picinich	Harlan	9.15	6
105	Shannon Stiles	West Central	9.16	7
105	Katie Barr	Ottumwa	9.16	20

105	Kaitlin Schlawin	Garner-Hayfi	9.16	16
108	Nicole Wiederin	Southern Cal	9.17	11
108	Kathy Giorgio	Davenport As	9.17	12
110	Michaela Bennett	West Harriso	9.19	21
110	Alyssa Stracke	Ikm	9.19	13
110	Ashley Benda	South Tama	9.19	9
110	Kathy Ransom	Riverside	9.19	18
114	Kaitlin Courtney	Ottumwa	9.21	16
115	Kelsey Sandon	Urbandale	9.22	13
116	Shelby Robinson	Webster City	9.24	24
117	Megan Hilbert	St. Edmond	9.25	13
118	Jessica Murrow	Panorama	9.26	18
119	Abby Miller	CR Xavier	9.27	14
119	Jessie Alexander	Forest City	9.27	16
119	Brianne Pals	Belmond-Klem	9.27	19
122	Sarah Franks	C R Prairie	9.29	14
123	Leah Doyl	North Linn	9.30	14
123	Jessie Robison	I.C. City High	9.30	18
125	Laura Schwendemann	Fort Dodge	9.31	18
126	Betsy Derner	Panorama	9.32	8
127	Melissa Osipchack	South Tama	9.34	13
127	Kayla Oshea	Garner-Hayfi	9.34	18
129	Kinsey Sloss	Perry Girls	9.35	23
130	Karla Renshaw	Lake Mills	9.36	19
131	Jessica Washburn	Kingsley-Pie	9.37	15
132	Carly Tindall	Webster City	9.38	25
132	Courtney Vaughn	Fort Dodge	9.38	21
134	Akera Henderson	Wat. East	9.39	6
135	Jalissa Bowman	North Kossut	9.40	19
136	Kris Penick	Bcluw	9.42	3
137	Angela Marquard	Hampton-Dumo	9.44	17
138	Jami Olson	Humboldt Gir	9.46	12
139	Paige Holtan	Forest City	9.47	20
140	Andrea Rouchka	Belmond-Klem	9.48	23
141	Brittany Bothwell	West Harriso	9.49	17
141	Katie Van de Berg	North Centra	9.49	24
143	Demetria Witt	D. M. Roosevelt	9.50	8
144	Hilary Williams	Webster City	9.51	6
145	Teeka Allen	Fort Dodge	9.53	21
145	Tameka Hilson	D.M. Hoover	9.53	15
145	Courtney Christianson	C M B	9.53	24
148	Chelsey Wasson	Panorama	9.54	12
148	Alex Euken	Red Oak	9.54	25
150	Paige Ellman	North Kossut	9.55	19
151	Emily Gittins	Perry Girls	9.60	21
152	Jessica Knowler	Sigourney	9.61	14
153	Kayla Kaufman	Harlan	9.62	22
154	Anna Crouch	Earlham	9.64	14
155	Kara Wessels	Beckman	9.66	19
156	Alyssa Nielsen	Iowa Falls A	9.67	15
156	Melanie Smith	Adm-Adel	9.67	11
158	Kasey Moore	Chariton	9.68	20
158	Kayla Goeden	Adm-Adel	9.68	16
160	Megan Rieck	Belle Plaine	9.70	12
160	Jamie Dierks	North Centra	9.70	25
162	Anna Benton	Earlham	9.71	17
163	Jamie Reynolds	Clear Creek	9.73	23
163	Nikki Reich	North Linn	9.73	22
165	Brittini Bequeaith	Davenport As	9.75	19
166	Laura Coombs	Belmond-Klem	9.82	23

167	Anna Keehn	Cal-Dows	9.83	17
168	Jen McDonald	Albia	9.84	25
169	Natalie Harvey	St. Edmond	9.86	18
170	Lindsay Supple	North Linn	9.90	21
171	Elizabeth Davidson	Davenport As	9.94	20
172	Aimee Gethmann	Glad - Rein	9.96	22
173	Kaylin Crain	Norwalk	9.99	24
173	Emily Ealy	Belle Plaine	9.99	11
173	Christi Poole	Clear Creek	9.99	23
176	Meriah Taylor	Indianola	10.09	15
177	Megan Angel	North Kossut	10.18	20
178	Abby Salvo	Riverside	10.21	23
179	Mira Bierman	Earlham	10.23	15
180	Codi Kargle	Ogden	10.29	17
181	Callie Reynolds	Clear Creek	10.34	22
182	Whitney Willard	Eagle Grove	10.41	20
183	Kelly Summers	Albia	10.45	24
184	Natalie Anliker	Perry Girls	10.48	23
185	Ami Gates	C M B	10.53	25
186	Kim Strasko	Albia	10.59	25
187	Shelly Bennett	Ogden	10.82	22
188	Lindsey White	Chariton	10.92	15

Girls 60 Meter Dash

=====

Prelims on the North Side

Top 16 to Finals

Meet: % 7.71 2004 LaNeisha Waller, Cedar Rapids, Washington

Name	Year	Team	Finals	H#
------	------	------	--------	----

=====

Finals

1	Christine Burtnett	Denison-Schl	8.02	2
2	Jennifer Jorgensen	Southeast We	8.11	2
3	Emily Neuwohner	Lake Mills	8.17	2
4	Jenny Kordick	Interstate 3	8.19	2
5	Nina Hornback	Pekin Panthe	8.22	1
6	Angie Latta	Madrid	8.27	1
7	Jennie Clark	Norwalk	8.31	2
8	Jordon Andreassen	North Polk	8.37	1
9	Jessica Palo	Ames	8.38	2
10	Megan Curry	SE Polk	8.39	1
11	Devon Ausdemore	Tri-Center	8.42	2
12	Abby Green	Johnston	8.44	2
13	Tiffany Hendricks	Burlington	8.48	1
14	Sarah Glenn	Denison-Schl	8.55	1
15	Missy Kollasch	Spirit Lake	8.56	1
16	Katie Almond	Humboldt Gir	8.66	1

Girls 800 Meter Run

=====

Start on South side / 2 2/3 laps

Meet: % 2:15.43 2002 Kristin Hansen, Okoboji

Name	Year	Team	Finals
------	------	------	--------

=====

1	Ellen Ries	North Linn	2:16.48
2	Caedryn Schrunk	Spirit Lake	2:18.46
3	Sarah Johnston	Pekin Panthe	2:18.89
4	Michelle Jensen	Wdm Valley	2:19.30
5	Regina Reinig	Harlan	2:20.23
6	Cassi Sokol	Urbandale	2:20.47

7	Jessica Wiegert	Wdm Valley	2:21.07
8	Hannah Roeder	D. M. Roosevelt	2:21.30
9	Stephanie Mundt	Urbandale	2:22.36
10	Erin Penticoff	CR Xavier	2:22.97
11	Libby Gemberling	Southern Cal	2:23.86
12	Sarah Paulson	Ottumwa	2:24.11
13	Ashley Stevens	South Page	2:24.71
14	Emily Van Oosbree	Emmetsburg	2:25.42
15	Meghan Cox	Red Oak	2:26.80
16	Emily Fletcher	Fort Dodge	2:27.40
17	Sara Slater	Denison-Schl	2:33.61
18	Fionna Fallon	D. M. Roosevelt	2:33.90
19	Chelsea Kellar	Ankeny	2:35.15
20	Amanda Vorthmann	Riverside	2:36.14
21	Erin Hagelberg	Adm-Adel	2:36.16
22	Heather Stillman	Emmetsburg	2:36.53
23	Vivian Tomkovicz	I.C. Regina	2:37.13
24	Emily Brager	Ventura	2:37.48
25	Anne Ruebbelke	Johnston	2:37.60
26	Ashley Spurgeon	Ottumwa	2:37.61
27	Emily Stracke	Ikm	2:38.22
28	Brooke Pottorff	Corning	2:38.31
29	Katie Kroger	Harlan	2:38.86
30	Kellie O'Brien	Burlington	2:40.25
31	Whitney Plein	Burlington	2:40.95
32	Carly Hammes	Sigourney	2:41.39
33	Amy Ledvina	South Tama	2:42.01
34	Steph Bock	Belmond-Klem	2:42.05
35	Paris Kono	Waukee	2:42.26
36	Dani Bottorff	Kingsley-Pie	2:43.47
37	Ashley Mollicone	Waukee	2:44.33
38	Shaylyn Wiarda	Cal-Dows	2:44.44
38	Terra Broadus	D.M. Lincoln	2:44.44
40	Jordyn Archibald	Indianola	2:44.55
41	Hannah Singletary	Ankeny	2:45.54
42	Magon Liu	Ames	2:45.57
42	Desiree McNamer	Pekin Panthe	2:45.57
44	Brendelyn White	Iowa Falls A	2:45.65
45	Laura Hilby	Johnston	2:45.80
46	Sara Wolf	Corning	2:46.51
47	Allie Brandtner	Davenport As	2:46.69
48	Rebekah Frundle	South Tama	2:46.71
49	Deb Huling	Hampton-Dumo	2:47.08
50	Whitney Mark	Indianola	2:47.35
51	Emily Gill	I.C. City High	2:47.53
52	Morgan Steffan	D.M. Lincoln	2:48.44
53	Brenda Peterson	Belle Plaine	2:48.88
54	Lynn Bohn	Iowa Falls A	2:48.98
55	Erin Hagen	Denison-Schl	2:49.06
56	Natalie Andrews	CB St Albert	2:49.24
57	Megan Bryan	Madrid	2:49.54
58	Jessica Murrow	Panorama	2:49.63
59	Bryndee Boheman	Glad - Rein	2:49.97
60	Abby Ward	Sigourney	2:50.49
61	Jill Cronbaugh	Belle Plaine	2:51.52
62	Stephanie Schaapveld	Clear Creek	2:52.00
63	Roxana Ferreyro	Dsm East	2:52.70
64	Brittani Bruck	Tri-Center	2:53.02
65	Abby Savage	Chariton	2:53.64
66	Sam Sass	Perry Girls	2:54.72

67	Jen Janssen	Clarion-Gold	2:55.49
68	Amanda Shropshire	Forest City	2:55.50
69	Janelle Schnack	Riverside	2:55.68
70	Emilee McClanahan	West Harriso	2:56.21
71	Jill Moorman	North Linn	2:56.67
72	Morgan Finn	Davenport As	2:56.98
73	Brean Rorebeck	Norwalk	2:57.14
74	Bridget Brown	Ames	2:57.95
75	Meredith Hotz	St. Edmond	2:57.98
76	Amanda Stecker	Forest City	2:58.39
77	Jaci Johnson	St. Edmond	2:58.41
78	Leah Oppermann	North Centra	2:58.62
79	Nicole Taylor	Wat. East	2:59.13
80	Rachel Schott	Glad - Rein	2:59.16
81	Breanna Fousek	Dsm East	2:59.63
82	Stacey Shillington	North Kossut	3:00.03
83	Tara Looft	North Kossut	3:00.58
84	Nicole Hester	C M B	3:00.68
85	Mindy Morse	Tri-Center	3:00.70
86	Erica Daugherty	Clear Creek	3:00.80
87	Katie Taylor	D.M. Hoover	3:01.01
88	Jenna Ory	Earlham	3:01.25
89	Molly Peterson	Ogden	3:01.50
90	Fran Sollazzo	Clarion-Gold	3:01.69
91	Kaeleen Jenkins	Webster City	3:01.85
92	Tammy Cram	D.M. Hoover	3:02.08
93	An Pham	I.C. City High	3:02.36
94	Macaley Corrigan	Madrid	3:02.67
95	Robin Emgarten	Spirit Lake	3:03.06
96	Nikki Carlson	Ogden	3:04.68
97	Ashley Firebaugh	Panorama	3:05.46
98	Katharina Adam	Fort Dodge	3:09.07
99	Jenny Dowie	Pella	3:09.12
100	Cameron Childs	Norwalk	3:09.13
101	Kirsten Bond	Adm-Adel	3:09.69
102	Monica Madsen	C M B	3:10.50
103	Mikayla Capuchio	Kingsley-Pie	3:12.72
104	Brittany Lawson	Southern Cal	3:20.47
105	Kathleen Miller	Ikm	3:22.95
106	Crystal Faust	Earlham	3:31.28
107	Lydia Douthit	Red Oak	3:35.69
--	Lisa Becker	North Kossut	DNF

Girls 1500 Meter Run

=====			
Five Laps			
Meet: % 4:39.13 2002 Jeni Fruden, Iowa City West			
Name	Year	Team	Finals
=====			
1	Whitney	Johnson	Adm-Adel 4:54.09
2	Janet	Dobyns	I.C. West 4:58.72
3	Betsy	Rosenblatt	D. M. Roosevelt 5:05.43
4	Lindy	Shaw	Wdm Valley 5:06.71
5	Jordan	Stahlecker	I.C. West 5:07.18
6	Nicole	Wilson	Urbandale 5:11.48
7	Rachel	Wobeter	South Tama 5:13.96
8	Obsie	Birru	Johnston 5:18.42
9	Amanda	Brandt	Davenport As 5:22.23
10	Ashley	Rogers	SE Polk 5:22.37
10	Sami	Steinmeyer	Urbandale 5:22.37

12	Erica Weirich	Johnston	5:22.82
13	Meagan Whetstone	D. M. Roosevelt	5:24.29
14	Kelli Hildreth	Norwalk	5:25.03
15	Sarah Hendred	Ottumwa	5:25.04
16	Alexa Milkey	Wdm Valley	5:25.44
17	Audrey Weidman	CB St Albert	5:26.65
18	Tamika McCue	I.C. City High	5:26.81
19	Hannah Lambert	Burlington	5:27.15
20	Claire Anciaux	I.C. City High	5:27.17
21	Kaylee Pence	Waukee	5:27.77
22	Brittany Rover	Ames	5:28.59
23	Kelsey Tompkins	Webster City	5:28.79
24	Katie Thompson	Fort Dodge	5:29.76
25	Jessica Christensen	Harlan	5:30.12
26	Olivia Vanzante	C M B	5:30.65
27	Christy Donaghy	Ankeny	5:30.99
28	Jesse Hammer	Waukee	5:33.30
29	Alyssa Cashman	Fort Dodge	5:36.67
30	Jana Cook	North Linn	5:37.75
31	Kathryn Guess	D.M. Lincoln	5:39.04
32	Christina Hanson	Spirit Lake	5:40.95
33	Alyssa Wilhelm	Belmond-Klem	5:42.76
34	Tina Salvo	Riverside	5:44.18
35	Kristine Ballensky	Sigourney	5:44.20
36	Nikki Taylor	Riverside	5:45.26
36	Cassie Hanson	Spirit Lake	5:45.26
38	Neva Hibbing	Ames	5:45.35
39	Emily Zipperer	CR Xavier	5:48.34
40	Ann Schnoebelen	CR Xavier	5:51.83
41	Jennifer Liston	CB St Albert	5:51.96
42	Sara Hendrickson	SE Polk	5:53.50
43	Nicole Gooch	D.M. Hoover	5:53.79
44	Jodi Harding	D.M. Hoover	5:54.08
45	Lisa Roster	Wat. East	5:54.36
46	Lindsey Cooney	Indianola	5:54.90
47	Brittney Fowler	Harlan	5:55.07
48	Katie Ford	Davenport As	5:55.49
49	Brittany Gust	Forest City	5:56.25
50	Katie Freml	Glid - Rals	5:56.51
51	Chloe Patterson	Burlington	5:57.62
52	Emily Stout	Perry Girls	5:58.87
53	Ashley Ackerson	Indianola	5:59.81
54	Morgan Menzies	Lamoni	6:00.66
55	Becky Perin	Webster City	6:01.20
56	Abby Jones	Eagle Grove	6:01.38
57	Katelyn Brus	Denison-Schl	6:01.70
58	Haleigh Hopkins	Ottumwa	6:02.42
59	Chelsea Ersland	Hampton-Dumo	6:02.57
60	Sami McKay	Pekin Panthe	6:02.59
61	Kaitlan Grundmeier	Belmond-Klem	6:04.21
62	Sam Silver	Lamoni	6:05.59
63	Jill Becker	North Kossut	6:06.26
64	Shannon Smith	St. Edmond	6:06.32
65	Laura Ruff	Ankeny	6:07.08
66	Katie Hanson	Panorama	6:09.12
67	Jessie Ondler	North Linn	6:09.70
68	Carmel Rinn	Sigourney	6:10.25
69	Katie Rogers	Ikm	6:13.49
70	Sydney Algreen	Earlham	6:13.90
71	Laura Lingren	Ogden	6:17.71

72	Amanda Willfong	South Tama	6:18.73
73	Kaeli Helm	Dsm East	6:19.11
74	Amelia Tuel	Tri-Center	6:19.15
75	Mellany Gray	C M B	6:20.42
76	Emily Neese	East Greene	6:23.48
77	Kelsey Moon	Panorama	6:25.23
78	Anna Mansueto	Pella	6:25.51
79	Dana McKeever	Ikm	6:25.72
80	Ashley Haus	Earlham	6:26.37
81	Amanda Philipp	C R Prairie	6:27.31
82	Nicole Bovy	Glad - Rein	6:27.81
83	Hadley Skeff-Vos	Adm-Adel	6:30.37
84	Lisa Becker	North Kossut	6:31.07
85	Stacy Koster	Southern Cal	6:31.37
86	Kristyn Leinen	Denison-Schl	6:33.77
87	Ashley Graham	D.M. Lincoln	6:34.43
88	Audrey Cooley	Pekin Panthe	6:34.84
89	Shana Seiler	North Centra	6:35.74
90	Tara DeGroote	C R Prairie	6:36.98
91	Abby Hanson	Forest City	6:37.32
92	Kelly Spencer	Clarion-Gold	6:41.56
93	Laura Hedding	St. Edmond	6:44.85
94	Katie Smith	Dsm East	6:46.54
95	Cassady Bolding	North Centra	6:50.96
96	Jenny Perez	Clarion-Gold	7:00.81
97	Jaceline Rogers	Glad - Rein	7:51.62

Girls 3000 Meter Run

Fast Heat Last

10 laps

Meet: % 9:51.20 2000 Michelle Lilenthal, Iowa City High

Name	Year Team	Finals
1	Caedryn Schrunck	Spirit Lake 10:38.39
2	Hannah Roeder	D. M. Roosevelt 10:38.97
3	Sarah Wickman	I.C. West 10:44.91
4	Emily Van Oosbree	Emmetsburg 10:51.23
5	Tara Scieszinski	Albia 10:52.99
6	Rachel Wobeter	South Tama 11:01.25
7	Jessica Clark	West Harriso 11:06.90
8	Nicole Wilson	Urbandale 11:11.83
9	Samantha Sidwell	I.C. City High 11:12.62
10	Samantha Thorgaard	Ottumwa 11:20.70
11	McKelle Lacher	West Central 11:25.51
12	Alyssa Duffy	Wdm Valley 11:29.29
13	Meredith Van Natta	I.C. City High 11:30.78
14	Ashley Grimm	Webster City 11:39.83
15	Susie Kuhl	Bcluw 11:44.59
16	Jessica Christensen	Harlan 11:45.94
17	Amanda Vorthmann	Riverside 11:46.86
18	Rebecca Finley	Johnston 11:47.17
19	Natalie Krekel	D. M. Roosevelt 11:47.98
20	Hannah Lambert	Burlington 11:52.28
21	Emily Brager	Ventura 11:53.06
22	Emberly Aberg	Garner-Hayfi 11:53.08
23	Paris Kono	Waukee 11:55.47
24	Kelli Hildreth	Norwalk 11:57.12
25	Evelyn Ross	I.C. Regina 11:58.17
26	Kathryn Guess	D.M. Lincoln 12:00.67

27	Katie Kroger	Harlan	12:02.18
28	Kristian Wood	D.M. Hoover	12:02.61
29	Amanda Brandt	Davenport As	12:06.57
30	Lindsay Niffenegger	Wdm Valley	12:08.11
31	Brooke Hovick	C M B	12:10.30
32	Emily Long	Webster City	12:14.14
33	Steph Bock	Belmond-Klem	12:17.70
34	Steph Huntley	Bcluw	12:18.11
35	Kristine Ballensky	Sigourney	12:18.91
36	Jennifer Liston	CB St Albert	12:19.51
37	Amy Wetsch	Urbandale	12:20.72
38	Samantha McConeghey	Johnston	12:21.10
39	Sara Hendrickson	SE Polk	12:25.16
40	Heather Stillman	Emmetsburg	12:28.43
41	Chloe Patterson	Burlington	12:29.30
42	Janae Huntrods	C M B	12:30.05
43	Brendelyn White	Iowa Falls A	12:31.01
44	Katie Engle	Kingsley-Pie	12:32.27
45	Sarah A'Hearn	CR Xavier	12:33.64
46	Shay Barcus	North Polk	12:33.83
47	Kathyrn Dillon	Fort Dodge	12:35.09
48	Morgan Finn	Davenport As	12:36.35
49	Becky Eckerman	St. Edmond	12:38.99
50	Haley Madison	Ankeny	12:40.40
51	Christine Hesby	Ankeny	12:48.71
52	Katelyn Brus	Denison-Schl	12:48.82
53	Michelle Royer	Perry Girls	12:53.79
54	Whitney Mark	Indianola	12:54.48
55	Erin Hagen	Denison-Schl	12:56.47
56	Jana Ferguson	Earlham	13:04.27
57	Jill Becker	North Kossut	13:23.02
58	Beth Ann Keller	Forest City	13:28.40
59	Brooke Winterfeld	Ogden	13:28.59
60	Hanna Albaugh	D. M. Roosevelt	13:30.04
61	Samantha Messersmith	Forest City	13:30.32
62	Keri Youngkin	Ikm	13:33.29
63	Carrie Mills	Corning	13:34.27
64	Emily Stout	Perry Girls	13:34.74
65	Emily Neese	East Greene	13:36.55
66	Kara Anderson	Albia	13:37.01
67	Whitney Peyton	North Linn	13:39.07
68	Nicole Engelbart	Indianola	13:44.01
69	Amanda Lindsey	Spirit Lake	13:52.73
70	Alex Algreen	Earlham	13:54.82
71	Courtney Meade	North Linn	13:55.72
72	Amanda Willfong	South Tama	13:58.29
73	Megan Batcheller	Fort Dodge	14:03.34
74	Lindsey Case	Glad - Rein	14:12.22
75	Ashley Rodenburg	West Harriso	14:16.15
76	Nicole Bovy	Glad - Rein	14:17.36
77	Amanda Black	St. Edmond	14:18.54
78	ashton benson	Pekin Panthe	14:27.87
79	Maja Purrman	Pekin Panthe	14:46.10
80	Ashley Graham	D.M. Lincoln	15:05.33
81	Jillian Bowman	North Kossut	15:12.22
82	Liz Wilder	Waukee	15:14.64
83	Brittany Lawson	Southern Cal	15:16.77
84	Robyn Berdahl	Iowa Falls A	15:25.05
85	Leilani Stevens	North Centra	15:35.17
86	Ashley Platt	Glid - Rals	15:57.25

-- Maggie Brown North Centra DNF
 -- Cassie Main Southern Cal DNF

Girls 60 Meter Hurdles

=====

Prelims are 55 meters

Prelims run on South Side

Top 16 times to finals

Meet: % 8.64 1998 Lolo Jones, Des Moines Roosevelt

Name Year Team Prelims H#

=====

Preliminaries

1	Jenna Caffrey	Burlington	% 7.86q	1
2	Laural Murphy	Dsm East	% 8.04q	5
3	Kelsey Smith	Burlington	% 8.06q	2
4	Linday Freeman	I.C. West	% 8.14q	3
5	Reiko Cunningham	Waukee	% 8.23q	5
6	Savanna Walls	Clear Creek	% 8.37q	6
7	Katie Johnson	I.C. West	% 8.39q	4
8	Heather Gilmore	SE Polk	% 8.40q	1
9	Lauren Anderson	Riverside	% 8.41q	2
10	Katie Almond	Humboldt Gir	% 8.49q	3
11	Kelsie Host	SE Polk	% 8.55q	2
12	Shea Anderson	Riverside	% 8.59q	9
12	Kelsey Jeske	Eagle Grove	% 8.59q	13
14	Erica Willey	Ankeny	% 8.60q	10
15	Myranda Casterline	Clarke	8.69q	2
15	Emily Madden	Adm-Adel	8.69q	3
17	Sarah Ruffcorn	West Harriso	8.73q	1
18	Jessica Hale	Ventura	8.77q	5
19	Shaylyn Wiarda	Cal-Dows	8.78q	5
20	Kayla Benda	South Tama	8.81q	10
21	Bekah Corkrean	Southern Cal	8.83q	4
22	Haley Holmes	North Centra	8.85q	23
23	Caitlin Wilson	Riverside	8.88	10
24	Molly Sabers	I.C. City High	8.89	1
25	Megan Smith	Ventura	8.91	5
25	Kristi Green	Southern Cal	8.91	1
27	Samantha Waters	Dsm East	8.92	4
28	Rachel McElroy	Ottumwa	8.93	4
29	Steph Lawrence	Indianola	8.98	12
30	Anna Robbins	Indianola	8.99	17
31	Chrissy Stettnichs	Spirit Lake	9.01	6
32	Jennifer Williams	Eagle Grove	9.06	15
32	Abby Crabbs	Waukee	9.06	11
34	Veronica Rydze	I.C. City High	9.08	2
35	Ashley Meade	Johnston	9.10	7
36	Alicia Runge	North Kossut	9.11	2
37	Molly Hopkins	Earlham	9.13	14
37	Sara Embrey	Johnston	9.13	7
39	Steph Haberer	Ogden	9.15	3
40	Brittany Korell	Wdm Valley	9.17	10
41	Brenna Abel	Belmond-Klem	9.20	9
42	Katherine Person	Ottumwa	9.21	11
42	Kaitlin Buscher	Corning	9.21	4
44	Ashton Schmidt	Denison-Schl	9.22	15
44	Traci Smook	Spirit Lake	9.22	7
46	Amber Bacon	Humboldt Gir	9.24	11
47	Natalie Standard	Burlington	9.25	9
47	Chelle Phillips	Waukee	9.25	18

47	Brittany Berges	Ottumwa	9.25	6
50	Toni Scheloski	West Central	9.29	12
50	Madison Bruess	Albia	9.29	28
52	Trudee Gorsh	North Linn	9.30	13
52	Lexi Frey	Ankeny	9.30	10
54	Tab Carlson	North Kossut	9.35	11
55	Olivia Langenberg	Ames	9.36	6
56	Abby Neu	I.C. City High	9.37	8
57	Kelly Grow	East Greene	9.38	26
58	Dani Bottorff	Kingsley-Pie	9.40	14
58	Steph Haacke	North Centra	9.40	24
60	Tandy Blair	Southern Cal	9.41	9
61	Elizabeth Ellinwood	Wdm Valley	9.42	8
62	Kayla Kaufman	Harlan	9.43	19
63	Lisa Peterson	Iowa Falls A	9.44	19
63	Jessica Banes	C R Prairie	9.44	4
65	Anna Zweifel	Adm-Adel	9.47	14
66	Jami Olson	Humboldt Gir	9.48	8
67	Mary McLaughlin	St. Edmond	9.50	17
68	Chelsey Stecher	Clarion-Gold	9.53	23
68	Samantha Manhart	Tri-Center	9.53	8
70	Megan Bosak	Harlan	9.54	16
70	Whitney Euken	Red Oak	9.54	29
72	Kendra Gansz	Fort Dodge	9.55	17
72	Ashley Willard	Eagle Grove	9.55	19
74	Megan Neeley	Lamoni	9.57	17
75	Laura Hamblin	Ankeny	9.58	10
75	Katie Brimeyer	Ames	9.58	7
77	Taylor Grieve	Johnston	9.60	8
77	Rachel Park	I.C. West	9.60	11
79	Diamond Wright	Ikm	9.64	26
80	Molly Nelson	Lake Mills	9.65	17
80	Tonya Suby	Forest City	9.65	7
82	Katy Montgomery	Forest City	9.66	19
82	Ashley Boell	Ikm	9.66	28
84	Jade Musgrave	South Tama	9.67	14
85	Katie Hauser	Pella	9.68	24
86	Kayla Kuchel	Kingsley-Pie	9.71	13
87	Lindze Webb	Indianola	9.72	15
88	Brittany Robinett	C M B	9.73	29
89	Jackie Pace	Adm-Adel	9.74	12
90	Jordyn Fross	Norwalk	9.77	22
91	Daniele DeBrower	Clear Creek	9.78	18
92	Leo Schottle	SE Polk	9.79	3
92	Yadira Marroquin	Dsm East	9.79	6
92	Melissa Grow	East Greene	9.79	25
96	Alicia Gau	Tri-Center	9.80	12
97	Kelli Massengale	South Tama	9.82	14
97	Megan Bartelson	Earlham	9.82	18
97	Cayla Koch	Kingsley-Pie	9.82	12
100	Crystal Heuberger	Hampton-Dumo	9.83	21
101	Liesel Schroder	Pella	9.84	24
102	Lori Doll	Norwalk	9.85	16
103	Lizzy Colwell	Iowa Falls A	9.87	15
104	Evie Lamont	Northwood-Ke	9.88	25
105	Alicia Vavricek	North Linn	9.91	20
106	Ivy Shriver	Fort Dodge	9.93	19
107	Mariah McAlister	Panorama	9.94	16
107	Laura Wellman	Tri-Center	9.94	15
107	Allison Shipley	Pekin Panthe	9.94	22

107	Britny Van Hauen	Glad - Rein	9.94	21
111	Missy Cash	Ventura	9.95	9
111	Allison Dye	Ames	9.95	8
113	Rachel Klaren	Beckman	9.96	22
114	Brittany Richardson	C R Prairie	9.97	11
115	Paige Atwood	Pekin Panthe	9.98	21
115	Deanne Day	Earlham	9.98	13
117	Kayla Bossard	Albia	10.00	28
117	Kristen Peterson	Webster City	10.00	22
119	Raven Keller	Clarion-Gold	10.04	26
119	Kayla Northup	Pekin Panthe	10.04	23
121	Michelle Hiemstra	Pella	10.06	26
122	Elyse Claiborne	D. M. Roosevelt	10.08	3
123	Tina McBroom	Clarke	10.15	9
124	Brenda Swift	Wdm Valley	10.20	24
125	Jessica Havlik	North Linn	10.21	20
126	Lauren Doll	CB St Albert	10.22	18
127	Monica Madsen	C M B	10.23	28
127	Michelle Vaske	St. Edmond	10.23	25
129	Whitney Allen	Belmond-Klem	10.24	27
130	Steph Riesma	Clarion-Gold	10.25	25
130	Kari Dyer	Webster City	10.25	21
132	Morgan Smith	Norwalk	10.28	12
133	Krista Kennebeck	CB St Albert	10.29	22
133	Jennifer VandeZande	Webster City	10.29	18
135	Kelsy Sinnwell	Forest City	10.34	16
136	Nichole Bojack	Cal-Dows	10.35	25
137	Tomi Geerdes	North Kossut	10.36	27
138	Ashley Plagge	Hampton-Dumo	10.54	21
139	Lisa Wehr	Sigourney	10.56	23
140	Chelsie Daily	Harlan	10.57	20
141	Libby Heinz	Iowa Falls A	10.59	18
142	Aimee Gethmann	Glad - Rein	10.72	23
143	Jenn Pieper	Fort Dodge	10.73	25
144	Sheila Sanders	Albia	10.74	29
145	Haley Gonnerman	St. Edmond	10.78	26
146	Amanda Burnette	Ikm	10.83	28
147	Mallory Steinhart	Sigourney	10.89	20
148	Katie Schubert	North Centra	10.90	29
149	Kinsey Sloss	Perry Girls	10.99	24
150	Erica Hackfort	Panorama	11.02	20
150	Emily Gipe	C M B	11.02	28
150	Emily Ealy	Belle Plaine	11.02	23
153	Sydney Elarton	Red Oak	11.05	29
154	Sky Denny	Sigourney	11.11	13
155	Amanda Minor	Belmond-Klem	11.54	27
156	Caitlin Krater	Panorama	11.71	27
157	Andrea Milea	Davenport As	12.12	27
158	Stephanie Erenberger	C R Prairie	13.67	16
159	Kelly Wilkinson	Hampton-Dumo	15.31	27

Girls 60 Meter Hurdles

=====

Prelims are 55 meters
Prelims run on South Side
Top 16 times to finals

Meet: % 8.64 1998 Lolo Jones, Des Moines Roosevelt

Name	Year	Team	Finals	H#
=====				
Finals				

1	Jenna Caffrey	Burlington	8.83	2
2	Kelsey Smith	Burlington	8.94	2
3	Katie Johnson	I.C. West	9.35	2
4	Linday Freeman	I.C. West	9.37	2
5	Laural Murphy	Dsm East	9.47	2
6	Lauren Anderson	Riverside	9.57	1
7	Myranda Casterline	Clarke	9.61	1
8	Reiko Cunningham	Waukee	9.65	2
9	Heather Gilmore	SE Polk	9.67	2
10	Savanna Walls	Clear Creek	9.68	2
11	Kristi Green	Southern Cal	9.80	1
12	Sarah Ruffcorn	West Harriso	9.81	1
13	Molly Sabers	I.C. City High	9.83	1
14	Shea Anderson	Riverside	9.85	1
15	Kelsey Jeske	Eagle Grove	9.87	1
15	Katie Almond	Humboldt Gir	9.87	1
17	Erica Willey	Ankeny	9.88	1
18	Kelsie Host	SE Polk	9.94	1
19	Emily Madden	Adm-Adel	10.21	1

Girls 4x100 Meter Relay

=====				
Lanes the whole race				
Meet: % 50.96 1996 , Ames High				
Team			Finals	H#
=====				
1	Burlington		50.52%	1
2	W D M Valley		50.65%	1
3	Waukee		52.01	2
4	Des Moines-Roosevelt		52.02	10
5	Denison-Schleswig		52.53	2
6	Lake Mills		52.66	4
7	SE Polk		52.98	1
8	CB St Albert		53.13	2
9	Indianola		53.16	3
10	Panorama		53.27	1
11	Iowa City West		53.28	1
12	Dsm East		53.31	1
13	Johnston		53.32	3
14	Clarke		53.46	4
15	Iowa City West 'B'		53.98	8
16	Pella		53.99	6
17	Riverside		54.01	6
18	Gladbrook-Reinbeck		54.08	5
19	Waukee 'B'		54.14	8
20	Clarion-Goldfield		54.22	4
21	Burlington 'B'		54.29	8
22	I.C. City High		54.33	2
23	Fort Dodge		54.44	5
24	Southern Cal		54.51	4
25	Waterloo East		54.57	3
26	Ames		54.68	2
27	Tri-Center		54.72	2
28	Dsm East 'B'		54.85	15
29	North Kossuth		54.89	4
30	South Tama County		54.97	5
31	Ventura		55.04	3
32	Pekin Panthers		55.21	4
33	Spirit Lake Park		55.22	3
34	Eagle Grove		55.33	3

35	Ottumwa	55.39	7
36	Interstate 35	55.64	7
37	Sigourney	55.69	7
37	Adm-Adel	55.69	3
39	North Linn	55.78	6
40	Johnston 'B'	55.81	12
41	Ft Dodge St Edmond 'B'	55.93	15
42	CR Xavier	55.94	6
43	C R Prairie	56.03	4
44	Ankeny	56.30	2
45	Riverside 'B'	56.47	9
46	Lake Mills 'B'	56.48	10
47	I.C. City High 'B'	56.49	8
48	Ft Dodge St Edmond	56.58	6
49	Ankeny 'B'	56.63	8
50	Forest City Girls	56.68	1
51	Ogden	56.70	7
52	East Greene	56.77	7
53	Spirit Lake Park 'B'	56.91	11
54	Ikm	56.99	9
54	CB St Albert 'B'	56.99	15
56	Perry Girls	57.00	5
57	Clear Creek Amana	57.09	5
58	Indianola 'B'	57.22	9
59	Des Moines-Roosevelt 'B'	57.23	11
59	Clarion-Goldfield 'B'	57.23	10
61	Des Moines Hoover	57.39	10
62	Humboldt Girls	57.47	4
63	Eagle Grove 'B'	57.48	9
64	Harlan	57.49	1
65	Fort Dodge 'B'	57.51	12
66	Hampton-Dumont	58.00	7
67	Earlham	58.16	10
68	Albia	58.26	14
69	North Central	58.28	11
69	South Tama County 'B'	58.28	12
71	C M B	58.30	5
72	Iowa Falls Alden	58.40	2
73	Webster City Lynx	58.43	6
74	Forest City Girls 'B'	58.47	8
75	Pella 'B'	58.48	10
76	Davenport Assumption	58.50	12
77	Beckman 'B'	58.52	11
78	Glidden-Ralston	58.54	10
79	Red Oak	58.56	9
80	Belle Plaine	58.59	5
80	C R Prairie 'B'	58.59	9
82	North Linn 'B'	58.67	10
83	SE Polk 'B'	58.82	11
84	Ottumwa 'B'	59.06	13
85	Cal-Dows	59.22	12
86	Southern Cal 'B'	59.25	11
87	Ventura 'B'	59.35	15
88	C M B 'B'	59.65	14
89	Hampton-Dumont 'B'	59.71	11
90	North Kossuth 'B'	59.98	13
91	Bcluw	59.99	12
92	Norwalk	1:00.07	5
93	Des Moines Lincoln	1:00.33	13
94	Belmond-Klemme	1:00.41	7

95	Panorama 'B'	1:00.50	15
96	Albia 'B'	1:00.58	14
97	Northwood-Kensett	1:00.60	6
98	Des Moines Hoover 'B'	1:00.62	13
99	Iowa Falls Alden 'B'	1:01.08	13
100	Adm-Adel 'B'	1:02.14	11
101	Belmond-Klemme 'B'	1:02.56	14
102	Ikm 'B'	1:03.14	13
103	Earlham 'B'	1:03.31	14
104	Perry Girls 'B'	1:03.57	12
105	Davenport Assumption 'B'	1:03.79	14
106	Clear Creek Amana 'B'	1:04.12	13
107	Norwalk 'B'	1:04.23	14
108	Sigourney 'B'	1:04.34	13
--	Gladbrook-Reinbeck 'B'	DQ	9
--	Madrid	DQ	7
--	Beckman	DQ	3

Girls 4x400 Meter Relay

=====			
Meet: % 4:07.14 2003 , Iowa City West			
Team	Finals	H#	
=====			
1	I.C. City High	4:08.12	1
2	Harlan	4:09.18	1
3	Ames	4:10.17	1
4	W D M Valley	4:11.38	1
5	Iowa City West	4:11.69	1
6	Des Moines-Roosevelt	4:14.66	2
7	Ottumwa	4:15.33	1
8	Dsm East	4:18.47	1
9	Johnston	4:19.86	3
10	Burlington	4:20.56	2
11	Ankeny	4:22.48	1
12	Waukee	4:22.82	4
13	W Central Valley	4:22.94	2
14	Pella	4:24.29	4
15	CB St Albert	4:24.88	3
16	Clear Creek Amana	4:25.83	2
17	Interstate 35	4:25.89	3
18	Indianola	4:26.35	3
19	North Linn	4:26.86	5
20	Gladbrook-Reinbeck	4:28.33	4
21	Riverside	4:29.07	5
22	Pekin Panthers	4:29.16	3
23	Denison-Schleswig	4:29.17	2
24	Clarion-Goldfield	4:29.18	3
25	Forest City Girls	4:29.29	3
26	I.C. City High 'B'	4:29.96	5
27	Indianola 'B'	4:30.87	5
28	Webster City Lynx	4:30.93	6
29	Ft Dodge St Edmond	4:30.94	2
30	Ottumwa 'B'	4:31.55	8
31	Ankeny 'B'	4:31.67	4
32	Beckman	4:31.72	2
33	Urbandale	4:31.82	3
34	CR Xavier	4:33.13	5
35	Hampton-Dumont	4:33.33	6
36	South Tama County	4:33.44	5
37	Norwalk	4:33.84	9

38	Waukee 'B'	4:34.41	8
39	SE Polk	4:34.59	2
40	Fort Dodge	4:35.25	6
41	Des Moines-Roosevelt 'B'	4:36.29	5
42	Red Oak	4:38.17	3
43	North Kossuth	4:38.41	9
44	North Linn 'B'	4:39.25	8
45	Southern Cal	4:39.60	6
46	C M B	4:40.50	2
47	Sigourney	4:40.77	6
48	Cal-Dows	4:41.88	10
49	Harlan 'B'	4:42.73	4
50	North Central	4:42.94	4
51	Ames 'B'	4:43.26	5
52	Bcluw	4:43.54	7
53	Dsm East 'B'	4:43.68	7
54	Panorama	4:44.22	9
55	Northwood-Kensett	4:44.86	9
56	Corning	4:45.23	4
57	Clear Creek Amana 'B'	4:45.52	7
58	Pella 'B'	4:46.28	8
59	Burlington 'B'	4:46.47	5
60	Hampton-Dumont 'B'	4:47.11	9
61	SE Polk 'B'	4:47.67	8
62	Earlham	4:48.21	9
63	Davenport Assumption	4:48.32	6
64	Belmond-Klemme	4:48.50	7
65	South Tama County 'B'	4:49.49	8
66	Lamoni	4:49.88	4
67	Glidden-Ralston	4:51.14	10
68	Eagle Grove	4:51.36	7
69	Beckman 'B'	4:54.40	8
70	Earlham 'B'	4:55.32	11
71	Belle Plaine	4:55.96	6
72	Des Moines Hoover	4:56.12	9
73	Gladbrook-Reinbeck 'B'	4:59.12	9
74	Albia 'B'	4:59.14	11
75	Forest City Girls 'B'	4:59.37	7
76	Northwood-Kensett 'B'	5:00.03	10
77	East Greene	5:00.85	11
78	Eagle Grove 'B'	5:02.77	10
79	Fort Dodge 'B'	5:03.93	7
80	Davenport Assumption 'B'	5:04.13	10
81	Ft Dodge St Edmond 'B'	5:04.17	11
82	Clarion-Goldfield 'B'	5:04.99	7
83	Panorama 'B'	5:08.85	11
84	Iowa Falls Alden	5:09.06	10
85	Norwalk 'B'	5:11.83	11
86	Des Moines Hoover 'B'	5:13.21	10
87	Sigourney 'B'	5:14.68	8
88	Albia	5:17.68	11
89	Johnston 'B'	5:17.97	7
90	Belmond-Klemme 'B'	5:20.37	11
91	North Kossuth 'B'	5:38.32	10

Girls 4x800 Meter Relay

=====

Each runner runs 2 2/3 laps

Race Starts on South Side

Meet: % 9:33.29 2001 , Iowa City West

Team	Finals
1 Iowa City West	9:40.94
2 Urbandale	9:48.79
3 W D M Valley	9:51.61
4 Waukee	9:59.70
5 Harlan	10:18.95
6 Ankeny	10:24.11
7 Johnston	10:27.67
8 Indianola	10:29.87
9 CR Xavier	10:33.83
10 Clear Creek Amana	10:35.41
11 Des Moines Hoover	10:35.85
12 Ottumwa	10:36.61
13 Fort Dodge	10:36.78
14 North Linn	10:44.43
15 Hampton-Dumont	10:45.42
16 SE Polk	10:46.29
17 I.C. City High	10:47.31
18 Spirit Lake Park	10:48.59
19 Sigourney	10:49.66
20 CB St Albert	10:52.92
21 Riverside	10:53.41
22 Garner-Hayfield	10:53.94
23 Dsm East	10:54.12
24 Webster City Lynx	10:59.06
25 Ames	11:00.23
26 Belmond-Klemme	11:07.94
27 Beckman	11:08.90
28 Ft Dodge St Edmond	11:12.04
29 Denison-Schleswig	11:16.50
30 Earlham	11:16.79
31 C M B	11:17.71
32 Lamoni	11:23.82
33 Des Moines-Roosevelt	11:24.76
34 Pella	11:24.88
35 Albia	11:28.22
36 Pekin Panthers	11:28.41
37 Des Moines Lincoln	11:35.49
38 Forest City Girls	11:40.14
39 Panorama	11:40.72
40 Northwood-Kensett	11:41.37
41 Eagle Grove	11:43.87
42 North Polk	11:44.54
43 Davenport Assumption	11:56.98
44 Clarion-Goldfield	11:58.41
45 Southern Cal	12:00.14
46 Belle Plaine	12:06.56
47 Clarke	12:11.10
48 West Harrison	12:14.42
49 Glidden-Ralston	12:14.68
50 Red Oak	12:45.94
51 North Central	12:46.30
52 Gladbrook-Reinbeck	12:53.32

Girls 800 Sprint Medley

=====			
100-100-200-400	First 3 runners in lanes / 400 cuts		
Meet: % 1:51.98	2000	, Wes Des Moines Valley	
Team		Finals	H#

1	Ames	1:54.03	1
2	CB St Albert	1:55.25	2
3	Denison-Schleswig	1:55.73	3
4	C R Prairie	1:55.92	4
5	Waukee	1:57.64	1
6	Johnston	1:57.78	2
7	Fort Dodge	1:57.88	3
8	Norwalk	1:58.12	2
9	Harlan	1:58.28	2
10	Iowa City West	1:58.43	1
11	Pella	1:59.30	7
12	Dsm East	1:59.35	2
13	I.C. City High	2:00.69	2
14	Ankeny	2:01.08	1
15	Indianola	2:01.11	4
16	Waterloo East	2:01.22	7
17	Ottumwa	2:01.29	7
18	Clarke	2:01.48	3
19	Burlington	2:01.64	1
20	Clear Creek Amana	2:01.90	4
20	Clarion-Goldfield	2:01.90	1
22	Sigourney	2:02.13	5
22	Beckman	2:02.13	4
24	South Tama County	2:02.25	5
25	SE Polk	2:02.27	1
26	North Kossuth	2:02.48	7
27	Ft Dodge St Edmond	2:03.15	5
28	Panorama	2:03.22	3
29	Hampton-Dumont	2:03.34	8
30	W Central Valley	2:03.36	4
31	Lake Mills	2:03.38	4
32	Riverside	2:03.46	6
33	Forest City Girls	2:03.57	8
34	Southern Cal	2:03.62	2
35	Perry Girls	2:04.37	9
36	Davenport Assumption	2:04.60	3
36	Urbandale	2:04.60	3
38	North Central	2:04.63	3
38	CR Xavier	2:04.63	6
40	Northwood-Kensett	2:05.10	6
41	North Polk	2:05.17	9
42	Des Moines Lincoln	2:05.39	8
43	Cal-Dows	2:05.45	8
44	Ventura	2:05.74	4
45	Red Oak	2:06.52	6
46	Tri-Center	2:06.92	5
47	Belmond-Klemme	2:07.38	6
48	Spirit Lake Park	2:07.53	4
49	Adm-Adel	2:07.58	2
50	Belle Plaine	2:07.69	7
51	Interstate 35	2:07.79	6
52	Ikm	2:07.85	5
53	Webster City Lynx	2:08.19	7
54	C M B	2:08.28	7
55	Kingsley-Pierson	2:08.40	6
56	Madrid	2:08.42	8
57	Glidden-Ralston	2:09.28	9
58	Perry Girls 'B'	2:09.29	9
59	Gladbrook-Reinbeck	2:09.71	5

60	Garner-Hayfield	2:10.33	5
61	Des Moines-Roosevelt	2:10.98	3
62	Bcluw	2:11.36	9
63	East Greene	2:11.46	8
64	Des Moines Hoover	2:11.68	6
65	Earlham	2:12.85	9
66	Albia	2:13.45	9
67	North Linn	2:13.87	8
68	Humboldt Girls	2:14.67	5
69	Iowa Falls Alden	2:14.90	9
70	Eagle Grove	2:19.46	7
--	W D M Valley	DQ	1

Girls High Jump

```
=====
```

Flight two is on the North pit
Meet: % 5-08.50 2003 Crystal Hanson, Roland Story

Name	Year Team	Finals	
1	Amber Sporrer	Glid - Rals	5-04.00 1.62m
2	Alison Dirks	I.C. West	5-03.00 1.60m
3	Christi Tim	Ames	5-01.00 1.54m
4	Alicia Ford	Belle Plaine	5-00.00 1.52m
5	Savanna Walls	Clear Creek	J5-00.00 1.52m
6	Kelli Goeser	Harlan	J5-00.00 1.52m
7	Gaby Johnson	Chariton	4-10.00 1.47m
7	Ashley Meade	Johnston	4-10.00 1.47m
7	Chrissy Stettnichs	Spirit Lake	4-10.00 1.47m
7	Jordon Andreassen	North Polk	4-10.00 1.47m
7	Pam Paquette	Ankeny	4-10.00 1.47m
7	Alicia Runge	North Kossut	4-10.00 1.47m
7	Lindsay Momberg	North Centra	4-10.00 1.47m
14	Samantha Sidwell	I.C. City High	J4-10.00 1.47m
15	Kristi Green	Southern Cal	J4-10.00 1.47m
15	Sheyla Benda	South Tama	J4-10.00 1.47m
15	Jamie Hagerman	Interstate 3	J4-10.00 1.47m
18	Amanda Riese	Ankeny	J4-10.00 1.47m
18	Pederson Allison	D. M. Roosevelt	J4-10.00 1.47m
20	Tasha Nielsen	Fort Dodge	J4-10.00 1.47m
21	Faith Riessen	Harlan	J4-10.00 1.47m
22	Lindsey Ellis	West Central	4-08.00 1.42m
22	Emily Cory	Indianola	4-08.00 1.42m
22	Caitlin Moore	Lake Mills	4-08.00 1.42m
22	Lindsey Cain	C R Prairie	4-08.00 1.42m
22	Caitlin Wilson	Riverside	4-08.00 1.42m
22	Michaela Bennett	West Harriso	4-08.00 1.42m
22	Amy Schatzle	North Linn	4-08.00 1.42m
22	Katie McGuire	Ottumwa	4-08.00 1.42m
22	Angela Beckwith	Ames	4-08.00 1.42m
22	Madison Hudnutt	Madrid	4-08.00 1.42m
22	Nikki Pasker	North Linn	4-08.00 1.42m
22	Ronee Ashley	Clarke	4-08.00 1.42m
22	Sami Crandell	Clarke	4-08.00 1.42m
22	Amber Pope	Earlham	4-08.00 1.42m
22	Jade Condon	St. Edmond	4-08.00 1.42m
37	Liz Glenn	Denison-Schl	4-07.00 1.39m
38	Jill Anderson	Lake Mills	4-06.00 1.37m
38	Tiffany McArdle	Red Oak	4-06.00 1.37m
38	Traci Scheloski	West Central	4-06.00 1.37m
38	Sarah Reese	Johnston	4-06.00 1.37m

38	Betsy Derner	Panorama	4-06.00	1.37m
38	Kelli Massengale	South Tama	4-06.00	1.37m
38	Shari Bachel	Eagle Grove	4-06.00	1.37m
38	Allison Shipley	Pekin Panthe	4-06.00	1.37m
38	Briley Fairbanks	Hampton-Dumo	4-06.00	1.37m
38	Jessica Laughlin	Riverside	4-06.00	1.37m
38	Emily Propst	CB St Albert	4-06.00	1.37m
38	Katherine Kuehner	Hampton-Dumo	4-06.00	1.37m
38	Shannon Smith	St. Edmond	4-06.00	1.37m
38	Kelly Brant	Garner-Hayfi	4-06.00	1.37m
38	Cassie Wheeler	Glad - Rein	4-06.00	1.37m
38	Katie Cole	Fort Dodge	4-06.00	1.37m
38	Deana Bolumbu	C R Prairie	4-06.00	1.37m
38	Amber Bacon	Humboldt Gir	4-06.00	1.37m
56	Jenny Sweeney	SE Polk	4-04.00	1.32m
56	Ashley Appleget	Sigourney	4-04.00	1.32m
56	Danni Richardson	Southern Cal	4-04.00	1.32m
56	Jenna Bergeson	Wdm Valley	4-04.00	1.32m
56	Brooke Hovick	C M B	4-04.00	1.32m
56	Cassie Roller	Clear Creek	4-04.00	1.32m
56	Mary Weidman	CB St Albert	4-04.00	1.32m
56	Lacie Heater	East Greene	4-04.00	1.32m
56	Alexa Krull	Glad - Rein	4-04.00	1.32m
56	Tiara Mayes	Dsm East	4-04.00	1.32m
56	Emily Madden	Adm-Adel	4-04.00	1.32m
67	Kaitlan Grundmeier	Belmond-Klem	4-02.00	1.27m
67	Kayla Oshea	Garner-Hayfi	4-02.00	1.27m
67	Beth Ann Keller	Forest City	4-02.00	1.27m
67	Hillary Edeker	SE Polk	4-02.00	1.27m
67	Cassie Freml	Denison-Schl	4-02.00	1.27m
72	Jordon Leu	Clarion-Gold	4-00.00	1.21m
72	Brianne Pals	Belmond-Klem	4-00.00	1.21m

Girls Long Jump

=====

Flights 1 - 2 - 3 on the East Pit / Flights 4 - 5 - 6 on the West Pit

3 Jumps total

Meet: % 19-04 1994 Tashika Lewis, Des Moines North

Name	Year Team	Finals	
1	Jennifer Jorgensen	Southeast We	5.45m 17-10.75
2	Chelle Phillips	Waukee	4.85m 15-11.00
3	Amaura Cope	Waukee	4.80m 15-09.00
4	Leo Schottle	SE Polk	4.78m 15-08.25
5	Jessica Palo	Ames	4.77m 15-07.75
6	Katie Johnson	I.C. West	4.73m 15-06.25
7	Tiffany Hendricks	Burlington	4.72m 15-06.00
8	Heather Gilmore	SE Polk	4.67m 15-04.00
9	Jenna Hentges	Spirit Lake	4.64m 15-02.75
10	Laura Baldus	Roland-Story	4.63m 15-02.25
11	Emily Marnin	West Central	4.59m 15-00.75
12	Jessica Banes	C R Prairie	4.55m 14-11.25
13	Lexi Oman	Wdm Valley	4.53m 14-10.50
14	Wieck Jamie	Hampton-Dumo	4.51m 14-09.75
15	Brittany Valvick	North Kossut	4.50m 14-09.25
15	Brittany Schmacker	Waukee	4.50m 14-09.25
17	Amy Dobbins	Sigourney	4.48m 14-08.50
17	Gina Assmann	CB St Albert	4.48m 14-08.50
19	Stephanie Bentley	Riverside	4.42m 14-06.00

20	Kelsey Jeske	Eagle Grove	4.40m	14-05.25
20	Sarah Abele	Lake Mills	4.40m	14-05.25
22	Kersten Thorgaard	Ames	4.38m	14-04.50
23	Christine Andresen	Ankeny	4.37m	14-04.00
24	Crystal Heuberger	Hampton-Dumo	4.35m	14-03.25
25	Brittany Sheeder	Perry Girls	4.33m	14-02.50
25	Jessica Steuhm	South Tama	4.33m	14-02.50
27	Michelle Voigts	Clarion-Gold	4.32m	14-02.25
28	Vivian Tomkovicz	I.C. Regina	4.31m	14-01.75
28	Jennifer VandeZande	Webster City	4.31m	14-01.75
30	Chelsie Daily	Harlan	4.29m	14-01.00
31	Courtney Tigges	West Central	4.28m	14-00.50
32	Sarah Maynard	I.C. City High	4.27m	14-00.25
32	Maria Drzycimski	St. Edmond	4.27m	14-00.25
32	Kassi Olson	Forest City	4.27m	14-00.25
35	Amber Barbie	Wat. East	4.25m	13-11.50
36	Samantha Waters	Dsm East	4.23m	13-10.50
36	Cathleen Andresen	Ankeny	4.23m	13-10.50
38	Nicole Ackelson	Adm-Adel	4.22m	13-10.25
38	Ashley Feldman	North Polk	4.22m	13-10.25
40	Megan Woodman	Fort Dodge	4.20m	13-09.50
41	Jill Ward	Urbandale	4.19m	13-09.00
42	Kristin Turk	D.M. Lincoln	4.18m	13-08.75
43	Sarah Sosa	Ottumwa	4.16m	13-07.75
43	Kelli Goeser	Harlan	4.16m	13-07.75
43	Janelle Schnack	Riverside	4.16m	13-07.75
46	Cassondra Boston	D.M. Hoover	4.12m	13-06.25
47	Kate Gohlinghorst	Red Oak	4.09m	13-05.00
48	Jamie Monahan	Southern Cal	4.07m	13-04.25
48	Nina Hornback	Pekin Panthe	4.07m	13-04.25
50	Libby Fredericks	I.C. City High	4.02m	13-02.25
51	Chelsie Fuller	Fort Dodge	4.01m	13-02.00
52	Jessica Hale	Ventura	4.00m	13-01.50
53	Paige Atwood	Pekin Panthe	3.97m	13-00.25
54	Kellie Pruisman	Webster City	3.95m	12-11.50
54	Jenae Vennink	Ikm	3.95m	12-11.50
56	Melissa Osipchack	South Tama	3.93m	12-10.75
57	Caroline Popp	North Centra	3.92m	12-10.50
58	Eve Reinhold	C M B	3.91m	12-10.00
58	Alex Euken	Red Oak	3.91m	12-10.00
60	Geni Krier	Pekin Panthe	3.90m	12-09.50
61	Ashley Keys	Panorama	3.88m	12-08.75
62	Nicole Gooch	D.M. Hoover	3.86m	12-08.00
63	Sarah Craddick	Davenport As	3.83m	12-06.75
63	Susan Maze	North Kossut	3.83m	12-06.75
65	Casey Becker	Davenport As	3.81m	12-06.00
66	Burgess Tiffany	Dsm East	3.77m	12-04.50
67	Kelsey Hastings	Panorama	3.76m	12-04.00
67	Beth Hamling	CB St Albert	3.76m	12-04.00
69	Jalissa Bowman	North Kossut	3.74m	12-03.25
70	Emily Bates	Johnston	3.57m	11-08.50
71	Liz Bennett	Wat. East	3.51m	11-06.25
72	Caitlin McAnally	St. Edmond	3.49m	11-05.50
73	Kassie Erickson	Belmond-Klem	3.43m	11-03.00
74	Melanie Twait	Forest City	3.38m	11-01.25
75	Akiya Pope	Ottumwa	3.32m	10-10.75
76	Stephanie Kitchen	D. M. Roosvelt	2.98m	9-09.50
77	Alyssa Stracke	Ikm	2.97m	9-09.00
78	Natalie Buskohl	Glad - Rein	2.95m	9-08.25
79	Chisala Esther	D. M. Roosvelt	2.93m	9-07.50

80 Ashley Araiza Glad - Rein 2.74m 9-00.00

Girls Shot Put

=====
 Three Throws / Top Nine Throwers get 3 More

Meet: % 44-07 1994 Chrissy Wray, Glenwood

Name	Year Team	Finals	
1 Danica Haight	I.C. West	40-08.75	12.41m
2 Katie Bartlett	D. M. Roosevelt	40-00.75	12.21m
3 Mandy Chandler	Chariton	39-11.75	12.18m
4 Traci Harms	Hampton-Dumo	38-01.50	11.62m
5 Heidi Tobin	Beckman	38-00.75	11.60m
6 Sarah Sedivec	Clear Creek	37-06.75	11.44m
7 Addie Rassmusson	Roland-Story	37-03.75	11.37m
8 Ashley Petersen	Denison-Schl	36-04.50	11.08m
9 Karie Downing	Ottumwa	35-07.75	10.86m
10 Amy Velthoff	Harlan	35-04.50	10.78m
11 Jessie Samson	C M B	35-00.00	10.66m
12 Corrie Wagner	I.C. City High	34-10.25	10.62m
13 Jessica Berger	Wdm Valley	34-04.25	10.47m
14 Amanda Hart	Pekin Panthe	33-09.00	10.28m
15 Lexie Leeper	SE Polk	33-07.50	10.24m
16 Anna Anderson	Chariton	33-01.50	10.09m
17 Shelby Speck	Dsm East	33-01.25	10.09m
18 Katie McQuiston	Urbandale	32-08.50	9.96m
19 Sarah Wignall	Dsm East	32-08.25	9.96m
20 Jessie Fevold	Iowa Falls A	32-04.00	9.85m
21 Laura Minchk	I.C. City High	32-03.00	9.82m
22 Tina Thompson	North Linn	32-02.25	9.81m
23 Michelle Schebler	C R Prairie	31-10.50	9.71m
24 Cassie Beadle	C R Prairie	31-09.00	9.67m
25 Dani Welbourne	Tri-Center	31-06.75	9.62m
26 Beth Stearns	Earlham	31-06.50	9.61m
27 Katie Etter	Sigourney	31-06.00	9.60m
28 Megan Rolling	North Kossut	31-04.50	9.56m
29 Patricia Stevens	North Centra	30-10.00	9.39m
30 Andrea Williams	Ottumwa	30-07.75	9.34m
31 Nicole Ross	East Greene	30-06.50	9.30m
32 Amanda Norelius	Ankeny	30-06.00	9.29m
33 Victoria Knight	Ames	30-05.00	9.27m
34 Kelsey Motley	Eagle Grove	30-02.25	9.20m
35 Katie Schmidt	Red Oak	30-02.00	9.19m
36 Sarah Leichsenring	Clarion-Gold	30-00.50	9.15m
37 Lauren Jenson	Forest City	29-11.50	9.13m
38 Molli Gabrielson	Belmond-Klem	29-08.75	9.06m
39 Kayla Muyskens	Panorama	29-08.50	9.05m
40 Jamie McLennan	Hampton-Dumo	29-07.75	9.03m
41 Kendra Gansz	Fort Dodge	29-06.25	8.99m
42 Carrie Roller	Clear Creek	29-05.00	8.96m
43 Emily Cory	North Polk	29-04.00	8.94m
44 Makea Sanders	Johnston	29-03.75	8.93m
45 Amanda Winter	North Centra	29-02.25	8.89m
46 Amy Ledvina	South Tama	29-01.75	8.88m
47 Courtney Gilson	Urbandale	29-01.50	8.87m
48 Jenn Pieper	Fort Dodge	29-01.00	8.86m
49 Liz Confer	Red Oak	28-09.00	8.76m
50 Jenna Magnuson	Ames	28-07.50	8.72m
50 Ann Klien	Waukee	28-07.50	8.72m
52 Allison Stickley	Ankeny	28-04.50	8.64m

53	Jesse Samboy	C M B	28-02.75	8.60m
54	Addi Cook	Waukee	27-11.25	8.51m
55	Ashley Dolash	South Tama	27-09.75	8.47m
56	Erica Post	Humboldt Gir	27-08.25	8.43m
57	Akilah Jackson-Rushing	D.M. Hoover	27-07.50	8.42m
57	Hannah Utman	West Harriso	27-07.50	8.42m
59	Lisa Saunders	Adm-Adel	27-05.25	8.36m
60	Anna Miller	Harlan	27-04.00	8.33m
61	Amanda Burnette	Ikm	27-03.25	8.31m
62	Sarah Ingwersen	Spirit Lake	27-03.00	8.30m
62	Krystal Page	Clarke	27-03.00	8.30m
64	Mikyla Muhlenbruch	Cal-Dows	27-02.75	8.29m
65	Kirsten Stidham	Glid - Rals	26-10.50	8.19m
66	Elena Henricksen	Spirit Lake	26-09.50	8.16m
67	Melanie Hopkins	Earlham	26-08.25	8.13m
68	Eliza Lyons	East Greene	26-07.25	8.10m
69	Blaiqe Allshouse	Lamoni	26-06.00	8.07m
70	Laura Turner	Wdm Valley	26-05.00	8.05m
71	Megan Brandt	Webster City	26-04.25	8.03m
72	Maureen Mohr	Sigourney	26-03.50	8.01m
73	Brooke Winterfeld	Ogden	26-02.00	7.97m
74	Alicia Rassmussen	Clarion-Gold	26-00.00	7.92m
75	Hillary Utman	West Harriso	25-11.50	7.91m
75	Natalie Anliker	Perry Girls	25-11.50	7.91m
77	Metta Nelson	Forest City	25-11.00	7.89m
78	Emi Einck	Perry Girls	25-10.00	7.87m
79	Natalie Gemberling	Southern Cal	25-05.50	7.75m
80	Stephanie Haas	Davenport As	25-03.50	7.70m
81	Meredith Tompkins	Webster City	24-08.50	7.53m
82	Jacque Schnurr	St. Edmond	24-06.50	7.48m
83	Amber Waring	North Linn	24-04.75	7.43m
84	Christa Beason	Johnston	24-01.75	7.35m
85	Mandy Crimmins	St. Edmond	24-00.25	7.32m
86	Caitlin Landt	Bcluw	23-11.75	7.30m
87	Emma Macy	Bcluw	23-11.00	7.28m
88	Kami Rasmussen	Ikm	23-05.75	7.15m
89	Kristy Copenhaver	Riverside	23-02.25	7.06m
90	Amanda Recker	Belle Plaine	23-00.25	7.01m
91	Sydney Snyder	Southern Cal	22-09.50	6.94m
92	Tessa Hulst	Glad - Rein	22-07.00	6.88m
93	Kathy Niedermann	Glad - Rein	22-06.50	6.87m
93	Amy Steger	Beckman	22-06.50	6.87m
95	Amanda Rieck	D.M. Lincoln	22-04.50	6.81m
96	Amber Anderson	Adm-Adel	21-00.25	6.40m
97	Toni Gorder	Iowa Falls A	20-11.75	6.39m
98	Madison Sconiers	D.M. Hoover	20-07.50	6.28m
99	Hannah Van Fossen	Davenport As	20-06.25	6.25m
100	Christa Saul	Norwalk	19-09.50	6.03m
101	Holly Nelson	Waukee	17-07.50	5.37m