

Licensed to Iowa State University Hy-Tek's Meet Manager 3/18/2004 10:17 PM
 Iowa State High School Classic - 3/18/2004
 Results

Event 1 Girls Long Jump

Name	Year School	Finals	
1 Nicole Gibson	Johnston	5.00m	16-05.00
2 Kersten Thorgaard	Ames Girls	4.95m	16-03.00
3 Wieck Jamie	Hampton-Dumo	4.85m	15-11.00
4 kolie Eko	Iowa City We	4.79m	15-08.75
5 India Shivers	Fort Dodge	4.76m	15-07.50
6 Chelle Phillips	Waukee	4.74m	15-06.75
7 Valerie Mozena	City High	4.69m	15-04.75
8 Missy Reinhart	North Polk	4.67m	15-04.00
9 Lindsay Schnieder	North Cedar	4.66m	15-03.50
10 Elise Mozena	City High	4.65m	15-03.25
11 Tara Johnson	North Kossut	4.63m	15-02.25
12 Michelle Voigts	Clarion-Gold	4.61m	15-01.50
13 courtney varley	nodaway vall	4.58m	15-00.50
14 Ashley Baxter	Whcs	4.57m	15-00.00
15 Sadie White	CR Prairie	4.56m	14-11.50
16 Kristi Green	Southern Cal	4.54m	14-10.75
17 Lauren Anderson	Riverside	4.50m	14-09.25
17 Ashley Golly	Indianola Gi	4.50m	14-09.25
17 Emily Teas	Indianola Gi	4.50m	14-09.25
20 Crystal Heuberger	Hampton-Dumo	4.46m	14-07.75
21 Kristin Strawhacker	Johnston	4.45m	14-07.25
22 chelsey remmenga	lamoni	4.43m	14-06.50
23 Brittany Valvick	North Kossut	4.41m	14-05.75
24 Megan Machovec	Dewitt Centr	4.40m	14-05.25
24 Kelsey Keehn	Cal-Dows	4.40m	14-05.25
26 Ashley Feldman	North Polk	4.39m	14-05.00
27 Christin Kloewer	Ikm	4.37m	14-04.00
27 Megan Betz	Dewitt Centr	4.37m	14-04.00
29 Erica Heiden	Urbandale	4.36m	14-03.75
30 Christine Andresen	Ankeny	4.35m	14-03.25
31 Kaylinn Hoyt	Panorama	4.23m	13-10.50
32 Janelle Schnack	Riverside	4.20m	13-09.50
32 Jenna Jacobs	Southern Cal	4.20m	13-09.50
34 Charissa Millen	Ames Girls	4.19m	13-09.00
34 Whitney Sayre	Panorama	4.19m	13-09.00
36 Monica Lewis	Waukee	4.18m	13-08.75
37 Megan Wright	Jefferson-Sc	4.16m	13-07.75
38 Kassi Olson	Forest City	4.10m	13-05.50
38 Allison Momany	Clear Creek	4.10m	13-05.50
40 Margo Muhlbauer	Ikm	4.09m	13-05.00
41 Melissa Hanson	Ankeny	4.04m	13-03.25
42 megan schwartz	nodaway vall	4.03m	13-02.75
43 Priscilla Otto	Aurelia	4.01m	13-02.00
44 Mareika Weber	Ottumwa	3.96m	13-00.00
45 Amberly Young	CR Prairie	3.95m	12-11.50
46 Melissa Osipchak	South Tama C	3.94m	12-11.25
47 tiffany jeans	lamoni	3.87m	12-08.50
48 Chelsea Shivers	DM Roosevelt	3.70m	12-01.75
49 Sara Van Wyk	Urbandale	3.68m	12-01.00
50 Amy Wetrich	Ottumwa	3.61m	11-10.25
51 Sophia Rodriguez	North Iowa	3.40m	11-02.00
52 Sarah Cramer	DM Roosevelt	3.22m	10-06.75

53	Amanda Stephas	Eagle Grove	3.20m	10-06.00
54	Cheryl Hartman	Jefferson-Sc	3.07m	10-01.00
--	Lyndsay VanMaaran	Pella	DNF	
--	Latasha Hudson	DM Roosevelt	DNF	

Event 2 Girls Shot Put

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	Name	Year School	Finals	
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1	Sarah Harms	Hampton-Dumo	40-11.25	12.47m
2	Mandy Chandler	Chariton	38-02.75	11.65m
3	Alaina Holdgrafer	Webster City	36-05.50	11.11m
4	Kara Swingen	Forest City	36-01.00	10.99m
5	Katie Bartlett	DM Roosevelt	35-10.00	10.92m
6	Sarah Sedivec	Clear Creek	35-09.50	10.90m
7	Jessica Bates	Indianola Gi	35-04.75	10.78m
8	Katie Lautner	Jefferson-Sc	34-08.00	10.56m
9	Angy Krueger	Riverside	33-07.00	10.23m
10	Traci Harms	Hampton-Dumo	33-05.75	10.20m
10	libby hogan	nodaway vall	33-05.75	10.20m
12	Danica Haight	Iowa City We	33-02.25	10.11m
13	Pam Rodgers	Clarion-Gold	33-01.50	10.09m
14	Danielle St. Pierre	DM Roosevelt	33-00.25	10.06m
15	Erin Schlotfeldt	Dewitt Centr	32-10.75	10.02m
16	Lillian Sawhill	Jefferson-Sc	32-08.25	9.96m
17	Teresa Christ	North Kossut	32-03.25	9.83m
18	Kendra Gansz	Fort Dodge	32-02.75	9.82m
19	Anna Anderson	Chariton	31-11.50	9.74m
20	Kristin Schwab	Iowa City We	31-08.50	9.66m
21	Laura Minchk	City High	31-06.50	9.61m
22	Liz Wong	Johnston	31-01.50	9.48m
23	Katie McQuiston	Urbandale	30-11.75	9.44m
23	Tricia Rodgers	Gmg	30-11.75	9.44m
25	Tausha Cosimo	DM Lincoln	30-07.50	9.33m
26	Sarah Leichsenring	Clarion-Gold	30-05.25	9.27m
27	Kelsie Cavie	North Cedar	30-02.00	9.19m
28	Amy Ledvina	South Tama C	30-00.50	9.15m
29	Lexie Leeper	S.E. Polk GI	29-11.25	9.12m
30	brooke deemer	lamoni	29-09.00	9.06m
31	Deb Borcherding	Ames Girls	29-08.25	9.04m
32	Kelsey Motley	Eagle Grove	29-01.00	8.86m
33	Amanda Norelius	Ankeny	29-00.75	8.85m
34	Ashley Wasson	Panorama	28-11.75	8.83m
35	Courtney Gilson	Urbandale	28-10.00	8.78m
36	Metta Nelson	Forest City	28-01.75	8.57m
36	Katie Kanakares	Dewitt Centr	28-01.75	8.57m
38	Liz Gerlich	Panorama	28-01.50	8.57m
39	Alicia Cosimo	DM Lincoln	27-09.50	8.47m
40	Lauren Thompson	Johnston	27-07.75	8.42m
41	Sara Schuhardt	Adm Adel	27-07.50	8.42m
42	Carrie Roller	Clear Creek	27-07.00	8.40m
43	Sara Oxeman	Ankeny	27-06.75	8.40m
44	Brandy Schleisman	Southern Cal	27-02.00	8.28m
45	Jennifer Bates	Riverside	26-11.00	8.20m
46	Charissa Frideres	Madrid	26-09.75	8.17m
47	Amanda Evans	Madrid	26-09.50	8.16m
48	Hillary Utman	Whcs	26-08.75	8.14m
49	Alicia Rassmussen	Clarion-Gold	26-03.25	8.00m
50	Jenn Breister	Garner-Hayfi	26-02.75	7.99m
51	Karla Otterpohl	Missouri Val	26-01.25	7.95m

52	Emily Evans	North Iowa	26-01.00	7.95m
53	Beth Nelson	Eagle Grove	25-10.50	7.88m
53	Melissa Keith	Aurelia	25-10.50	7.88m
55	Sara Kramme	Adm Adel	25-09.75	7.86m
56	Ann Klien	Waukee	25-07.50	7.81m
57	Amanda Burnette	Ikm	25-05.75	7.76m
58	Jessica Steuhm	South Tama C	25-05.50	7.75m
59	Liz Confer	Red Oak	24-10.00	7.56m
60	Katie Niggemeyer	Webster City	24-08.00	7.51m
61	Tiffany Webber	Ventura	24-02.00	7.36m
62	Melissa Smith	North Iowa	23-11.25	7.29m
63	Lexie Henry	Indianola Gi	23-07.25	7.19m
64	Cassandra Richmeier	Iowa Falls	22-07.25	6.88m
65	Tracey Travis	Iowa Falls	22-06.00	6.85m
66	Amber Huenke	S.E. Polk GI	21-09.50	6.64m
67	Alicia Krogstrand	Missouri Val	21-08.25	6.61m
68	Anna Hammers	Whcs	19-06.75	5.96m
69	stacey Burke	North Linn L	10.50	0.26m
--	Rachel Nepp	Waukee	DQ	

Event 3 Girls High Jump

Name	Year School	Finals	
1	Jenni Elbert	Laurens-Mara	5-05.00 1.65m
2	Amber Sporrer	Glidden-Rals	5-03.00 1.60m
3	Alicia Ford	Belle Plaine	5-02.00 1.57m
4	Jessica Statler	CR Prairie	J5-02.00 1.57m
5	Megan Betz	Dewitt Centr	J5-02.00 1.57m
6	Halley Carlson	Interstate 3	5-01.00 1.54m
6	Christina Tim	Ames Girls	5-01.00 1.54m
8	Amy Kopatich	Ottumwa	J5-01.00 1.54m
9	Andrea Ahrendsen	Clarion-Gold	J5-01.00 1.54m
10	Alicia Runge	North Kossut	5-00.00 1.52m
10	amy schatzle	North Linn L	5-00.00 1.52m
10	Katie Kooienga	Urbandale	5-00.00 1.52m
10	Tiffany King	Martensdale-	5-00.00 1.52m
14	Sarah Reese	Johnston	4-10.00 1.47m
14	Michaela Bennet	Whcs	4-10.00 1.47m
14	Alisha Willey	Whcs	4-10.00 1.47m
14	Katie McGuire	Ottumwa	4-10.00 1.47m
14	Sarah Tighe	Panorama	4-10.00 1.47m
14	Samantha Sidwell	City High	4-10.00 1.47m
14	Savanna Walls	Clear Creek	4-10.00 1.47m
14	Amanda Riese	Ankeny	4-10.00 1.47m
22	Sheri Bachel	Eagle Grove	4-08.00 1.42m
22	Sheyla Benda	South Tama C	4-08.00 1.42m
22	alison kidney	nodaway vall	4-08.00 1.42m
22	Nicole Verhey	Pella	4-08.00 1.42m
22	Jenni Haney	Dewitt Centr	4-08.00 1.42m
22	Amy Schuster	Indianola Gi	4-08.00 1.42m
22	Briley Fairbanks	Hampton-Dumo	4-08.00 1.42m
22	Allison Pederson	DM Roosevelt	4-08.00 1.42m
22	nikki pasker	North Linn L	4-08.00 1.42m
31	Kelly Brant	Garner-Hayfi	4-06.00 1.37m
31	Dora Novak	DM Roosevelt	4-06.00 1.37m
31	Betsey Derner	Panorama	4-06.00 1.37m
31	Meriah Taylor	Indianola Gi	4-06.00 1.37m
31	Katherine Kuehner	Hampton-Dumo	4-06.00 1.37m
31	Kayla Gaskill	Ikm	4-06.00 1.37m

31	Kelsey Meyer	Laurens-Mara	4-06.00	1.37m
31	Liz Ahrendsen	Clarion-Gold	4-06.00	1.37m
39	Megan Probasco	Urbandale	4-04.00	1.32m
39	Sarah Froehlich	Johnston	4-04.00	1.32m
39	Pam Paquette	Ankeny	4-04.00	1.32m
39	Kelly Frerichs	North Iowa	4-04.00	1.32m
43	Stacey Harrison	Jefferson-Sc	4-02.00	1.27m
43	LauraGene Clark	Ames Girls	4-02.00	1.27m
45	Megan Watson	Ventura	4-00.00	1.21m
46	Michelle Graeve	Ikm	3-10.00	1.16m
47	Lisa Meinders	North Iowa	3-08.00	1.11m

Event 4 Girls 3000 Meter Run

Name	Year School	Finals	
1	Julia Frudden	Iowa City We	10:40.73
2	Mackenzie Madison	Ankeny	10:42.53
3	megan winkelmann	nodaway vall	10:54.70
4	Marcy Rahn	Clear Creek	11:00.22
5	Melissa Jay	Ottumwa	11:04.43
6	Rachel Wobeter	South Tama C	11:14.43
7	Roxanne Soesbe	Clarion-Gold	11:15.53
8	Libby Gemberling	Southern Cal	11:18.32
9	Samantha Thorgaard	Ottumwa	11:25.80
10	Nelle Trefz	City High	11:26.85
11	Drew Foreman	City High	11:29.38
12	connie eshelmann	nodaway vall	11:31.77
13	Brittany Rover	Ames Girls	11:42.07
14	Heather Collum	Dewitt Centr	11:45.60
15	Amber Meyer	Ankeny	11:46.66
16	Renee VanRoekel	Pella	11:50.58
17	Paige Gruis	DM Lincoln	11:51.51
18	Hilary Woodhouse	DM Roosevelt	12:00.54
19	Abby Short	Garner-Hayfi	12:06.29
20	Ashley Rodenburg	Whcs	12:18.01
21	Brendelyn White	Iowa Falls	12:23.84
22	Lisa Stefl	S.E. Polk GI	12:25.95
23	Natalie Krekel	DM Roosevelt	12:27.63
24	Jessi Severson	Webster City	12:32.89
25	Alex Washington	Eagle Grove	12:35.75
26	Erin Hively	Madrid	12:35.88
27	Nikki Newbrough	East Marshal	12:39.15
28	Danyl Spivey	Clear Creek	12:40.07
29	Renaë Konx	Ballard	12:41.70
30	Sara Hendrickson	S.E. Polk GI	12:43.84
31	Tracy Farrell	Dewitt Centr	12:57.42
32	Samantha Messersmith	Forest City	13:01.95
33	Amanda Harris	Hampton-Dumo	13:06.59
34	Shannon Kane	Webster City	13:08.01
35	Kristin Simpson	Jefferson-Sc	13:11.00
36	Erika Ehlers	Urbandale	13:15.51
37	Kayla Arnevik	North Iowa	13:17.11
38	Lynae Burke	Madrid	13:28.58
39	Jill Becker	North Kossut	13:31.42
40	Gretchen Rosendahl	DM Lincoln	13:32.63
41	peyton whitney	North Linn L	13:33.54
42	Kelsey Jordan	Interstate 3	13:34.13
43	Abby Hanson	Forest City	13:35.45
44	morgan menzie	lamoni	13:38.43

45	Rachel Kurtzleben	North Iowa	13:40.31
46	Lindsey Cooney	Indianola Gi	13:54.30
47	Amy Goble	Indianola Gi	13:58.35
48	Kara McKeever	Ikm	14:18.47
49	Ciara Lovik	North Centra	14:39.51
50	Kori Long	Panorama	14:51.13
51	Amanda Stensland	Eagle Grove	15:58.57
52	Nicole Collison	Whcs	16:13.59

Event 5 Girls 60 Meter Hurdles

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Name	Year	School	Prelims	H#
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Preliminaries				
1	Amanda	Judisch	Iowa City We	9.35q 1
2	Heather	Gilmore	S.E. Polk GI	9.49q 1
3	Megan	Nielsen	S.E. Polk GI	9.53q 1
4	Kylie	Hoffert	Mfl Mar Mac	9.59q 1
4	Alyssa	Maher	Dewitt Centr	9.59q 4
6	Sarah	Embrey	Johnston	9.76q 6
7	Alicia	Runge	North Kossut	9.77q 3
7	Linday	Freeman	Iowa City We	9.77q 3
7	Katie	Almond	Humboldt	9.77q 6
10	Kelly Jo	Menneke	Dewitt Centr	9.80q 6
11	Savanna	Walls	Clear Creek	9.82q 2
12	Kristi	Green	Southern Cal	9.85q 1
12	Jenni	Williams	Eagle Grove	9.85q 4
14	Lauren	Anderson	Riverside	9.88q 1
15	Kelsie	Host	S.E. Polk GI	9.98q 2
16	Martha	Meiners	Johnston	10.05q 5
17	Chelle	Phillips	Waukee	10.06 4
18	Rachel	McElroy	Ottumwa	10.07 2
18	Veronica	Rydze	City High	10.07 3
20	Lindsey	Shriver	Eagle Grove	10.10 5
21	Christina	Swift	Iowa City We	10.12 3
21	Reiko	Cunningham	Waukee	10.12 2
23	Brittany	Kirk	Panorama	10.20 2
24	Steph	Lawrence	Indianola Gi	10.22 7
25	Erica	Heiden	Urbandale	10.31 2
26	Shaylyn	Wiarda	Cal-Dows	10.33 7
27	Missy	Reinhart	North Polk	10.34 3
28	Amy	Kopatich	Ottumwa	10.35 3
29	Megan	Smith	Ventura	10.41 7
30	Amanda	Nuese	East Marshal	10.42 4
31	Brittany	Bothwell	Whcs	10.43 7
32	Jami	Olson	Humboldt	10.44 13
33	nikki	pasker	North Linn L	10.47 8
34	Trisha	Stubbs	Ames Girls	10.48 12
35	Brittany	Berges	Ottumwa	10.49 9
36	Halley	Carlson	Interstate 3	10.50 4
37	Dyann	Peterson	Fort Dodge	10.51 12
38	Liping	Vong	Waukee	10.55 4
38	Kristine	Munden	Aurelia	10.55 8
38	Victoria	Turnage	Whcs	10.55 9
38	Jesica	Mitchell	Johnston	10.55 10
38	Ashley	Meade	Jefferson-Sc	10.55 6
43	megan	mittchell	nodaway vall	10.61 7
43	Kristine	Keil	North Iowa	10.61 15
45	lizzey	schipper	lamoni	10.66 14
46	Lindze	Webb	Indianola Gi	10.71 10

46	Angie Bollie	Madrid	10.71	14
48	Anne Maher	Dewitt Centr	10.73	13
48	Amber Bacon	Humboldt	10.73	10
48	Trudee Gorsh	North Linn L	10.73	5
51	Caitlin Jeske	Eagle Grove	10.75	5
52	megan neeley	lamoni	10.76	15
53	Olivia Langenberg	Ames Girls	10.77	10
54	Krista Utman	Whcs	10.82	9
55	Britt Raymond	Gmg	10.84	14
56	Kim Massengale	South Tama C	10.85	6
57	Libbey Rash	Adm Adel	10.87	5
58	Megan Probasco	Urbandale	10.88	9
58	Missy Cash	Ventura	10.88	11
60	Alyssa Keehn	Cal-Dows	10.89	16
61	Jenny McConnell	Webster City	10.90	10
61	Daniele DeBrower	Clear Creek	10.90	13
61	laura mccann	nodaway vall	10.90	7
64	Liz Gerlich	Panorama	10.91	12
65	Tiffany Lawton	Jefferson-Sc	10.92	10
66	Molly Fletcher	South Tama C	10.93	9
66	Whitney Euken	Red Oak	10.93	4
66	Becci Hoskins	Jefferson-Sc	10.93	12
69	Kayla Donnelly	Urbandale	10.94	9
70	Kelsey Meyer	Laurens-Mara	10.95	13
70	Kelli Opheim	CR Prairie	10.95	7
70	Erin Warford	Ankeny	10.95	12
73	Kendra Gansz	Fort Dodge	10.96	15
74	Britany Schultz	Clarion-Gold	10.97	11
75	Lindsay Amstutz	Garner-Hayfi	10.98	17
75	Melanie Twait	Forest City	10.98	8
77	Jennifer VandeZande	Webster City	11.01	14
78	whitney shindelar	nodaway vall	11.02	6
78	Katy Fowler	Gmg	11.02	17
80	Liesel Schroder	Pella	11.05	18
81	Tonya Suby	Forest City	11.08	14
81	Diamond Wright	Ikm	11.08	18
81	Chelsey Stecher	Clarion-Gold	11.08	11
84	Brittany Hackfort	Panorama	11.09	10
84	Brittney Johnson	North Kossut	11.09	8
86	Sarah Hansen	Adm Adel	11.14	8
87	Jessica Martens	CR Prairie	11.16	8
87	Anna Robbins	Indianola Gi	11.16	6
89	Amber Riesenber	Southern Cal	11.19	8
90	Christina Tim	Ames Girls	11.22	9
90	Emily Foura	Interstate 3	11.22	13
92	Tara Johnson	North Kossut	11.24	14
93	Priscilla Otto	Aurelia	11.26	15
93	Terri holmes	North Linn L	11.26	9
95	Anna Welch	North Cedar	11.27	10
96	Chelsey Paulus	Garner-Hayfi	11.30	17
97	Tenille Musser	North Cedar	11.32	13
98	Crystal Heuberger	Hampton-Dumo	11.33	16
99	Nicole Grade	Glidden-Rals	11.35	8
100	Michelle Bills	Pella	11.36	18
101	Natalie Olson	Ikm	11.39	16
102	chelsey remmenga	lamoni	11.40	16
103	Lexi Frye	Ankeny	11.46	5
103	Liza Sharp	DM Roosevelt	11.46	3
105	Megan Watson	Ventura	11.47	15
106	Lindsey hesseltine	Clear Creek	11.48	15

106	Christa Corderman	Aurelia	11.48	11
108	Jessica Cummings	Interstate 3	11.52	14
109	Erica Harder	Belle Plaine	11.56	1
110	Kelsy Sinnwell	Forest City	11.59	1
111	Jami Bruns	Cal-Dows	11.65	16
112	Emily Thomsen	North Iowa	11.66	17
113	Lisa Meinders	North Iowa	11.68	17
113	Cassidy Schieber	Riverside	11.68	18
115	Mary Fox	Pella	11.70	18
116	Kari Dyer	Webster City	11.72	14
116	Virginia Zabel	Southern Cal	11.72	3
118	Jessica Farris	Iowa Falls	11.80	15
119	Ashley Plagge	Hampton-Dumo	11.94	11
120	Kiersten Cooley	DM Roosevelt	11.95	15
121	Jenny Daily	Belle Plaine	12.06	2
122	Ashley Boell	Ikm	12.09	17
123	Emily Madden	Adm Adel	12.12	2
124	Danielle Graves	Jefferson-Sc	12.17	13
125	Elyse Clairborne	DM Roosevelt	12.26	17
126	Steph Riesma	Clarion-Gold	12.31	11
127	Sarah Pecenka	Madrid	12.69	16
128	Brendelyn White	Iowa Falls	12.88	12
129	Tracy Albers	Riverside	13.57	18
130	Ashley Mullins	Gmg	14.26	12

Event 5 Girls 60 Meter Hurdles

Name	Year School	Finals	H#
Finals			
1	Kylie Hoffert	Mfl Mar Mac	9.41 2
2	Amanda Judisch	Iowa City We	9.43 2
3	Savanna Walls	Clear Creek	9.47 1
3	Alyssa Maher	Dewitt Centr	9.47 2
5	Megan Nielsen	S.E. Polk GI	9.50 2
6	Heather Gilmore	S.E. Polk GI	9.52 2
7	Lauren Anderson	Riverside	9.65 1
8	Kelsie Host	S.E. Polk GI	9.74 1
9	Lindsay Freeman	Iowa City We	9.76 2
10	Kristi Green	Southern Cal	9.83 1
11	Jenni Williams	Eagle Grove	9.84 1
12	Sarah Embrey	Johnston	9.85 2
13	Katie Almond	Humboldt	9.89 2
14	Martha Meiners	Johnston	9.90 1
15	Kelly Jo Menneke	Dewitt Centr	10.00 1
16	Alicia Runge	North Kossut	10.01 1

Event 6 Girls 60 Meter Dash

Name	Year School	Prelims	H#
Preliminaries			
1	Chelsey Kemmet	Waukee	8.15q 1
2	Jenny Kordick	Interstate 3	8.27q 2
3	Kaaydah Nangle	DM Roosevelt	8.31q 1
4	Katie Johnson	Iowa City We	8.33q 2
5	Lisa Mellecker	Iowa City We	8.35q 2
6	Ashton Strickland	City High	8.43q 1
7	Wieck Jamie	Hampton-Dumo	8.44q 1
8	Christin Kloewer	Ikm	8.52q 4

9	Abby Green	Johnston	8.56q	5
10	Brittany Schmacker	Waukee	8.58q	4
11	Megan Machovec	Dewitt Centr	8.61q	5
11	India Shivers	Fort Dodge	8.61q	15
11	Afton Bauer	S.E. Polk GI	8.61q	4
14	Maddie Romano	Waukee	8.62q	2
15	Molli O'Brien	Clarion-Gold	8.65q	11
15	Margo Muhlbauer	Ikm	8.65q	5
17	Virginia Dreier	City High	8.66	2
17	Andrea Hawthorne	Dewitt Centr	8.66	9
19	Lindsay Schneider	North Cedar	8.67	9
19	Sheri Bachel	Eagle Grove	8.67	6
21	Lyndsay VanMaaran	Pella	8.70	14
21	Kayla Benda	South Tama C	8.70	5
23	courtney varley	nodaway vall	8.71	2
24	Steph Young	Adm Adel	8.72	4
24	Ashley Feldman	North Polk	8.72	16
26	Katie Kooienga	Urbandale	8.74	1
27	Crystal Caes	North Cedar	8.76	7
28	Charissa Millen	Ames Girls	8.78	4
28	Kelsey Manecke	Pella	8.78	16
28	Alexis Buchanan	Johnston	8.78	6
31	Megan Curry	S.E. Polk GI	8.79	4
32	Sammy Jo Leslie	Dewitt Centr	8.80	10
32	Megan Wright	Jefferson-Sc	8.80	7
34	Kristine Munden	Aurelia	8.83	2
35	Lindsey Lehman	CR Prairie	8.85	4
36	Katie Milbrandt	North Iowa	8.86	6
37	Elizabeth Colwell	Iowa Falls	8.88	8
38	angie harris	lamoni	8.89	7
39	Nicole Wiederer	Southern Cal	8.90	3
40	Kate Gohlinhorst	Red Oak	8.94	13
41	Rachel Koch	Ames Girls	8.95	3
42	Erika Engelbrecht	Pella	8.96	14
43	Stephanie Kitchen	DM Roosevelt	8.98	3
44	Carmen Fellows	Ottumwa	9.00	11
45	Caitlin Courtney	Ottumwa	9.02	9
45	Annie Mcaleer	Iowa City We	9.02	1
45	Kassi Olson	Forest City	9.02	8
48	Kelsey Keehn	Cal-Dows	9.03	4
49	Glenna Palimore	DM Roosevelt	9.04	3
49	Ashley Reese	Forest City	9.04	13
51	Halie Mollenbeck	Hampton-Dumo	9.05	5
51	Monica Eipperle	Gmg	9.05	7
53	krista mostaert	nodaway vall	9.06	6
54	Keisha Wagner	Iowa Falls	9.07	14
55	Molly Falk	Ankeny	9.09	12
56	Lindze Webb	Indianola Gi	9.10	9
56	Kylie Bauman	Red Oak	9.10	10
58	Kaitlin Schlawin	Garner-Hayfi	9.11	16
58	Emeri Sams	Johnston	9.11	6
58	Marcy Mason	North Polk	9.11	15
61	Aubrey Anderson	Ottumwa	9.12	10
62	Betsy Tegtmeier	Clarion-Gold	9.13	12
63	Kylie Anderson	Forest City	9.15	16
63	Janelle Schnack	Riverside	9.15	7
65	stephanie remmenga	lamoni	9.16	9
66	Emily Sonksen	Aurelia	9.17	8
67	amanda carter	lamoni	9.19	10
68	Kendra Gansz	Fort Dodge	9.22	15

69	Gabrielle McLearnon	CR Prairie	9.23	5
70	Kathryn Mills	Panorama	9.25	13
71	Nicki Landt	Gmg	9.26	8
72	Allison Dye	Ames Girls	9.27	16
73	Whitney Sayre	Panorama	9.28	1
73	Krishna Kucharski	Urbandale	9.28	6
75	Liz Laursen	Aurelia	9.30	3
75	Amber Danner	Glidden-Rals	9.30	8
77	Kate Simmon	North Cedar	9.31	13
78	Mary Fowler	Gmg	9.32	9
78	Brittani Harrill	Webster City	9.32	13
80	Heather Quick	S.E. Polk GI	9.33	10
81	Alysa Eckerman	Garner-Hayfi	9.35	12
81	Jolee Hernandez	Urbandale	9.35	10
83	Melissa Osipchak	South Tama C	9.36	10
84	Jenna Jacobs	Southern Cal	9.41	3
85	Lindsay Harrelson	CR Prairie	9.43	8
86	Maggie Larson	Ikm	9.45	5
86	Lori Dirks	Ankeny	9.45	6
88	Jess Rohrer	Clarion-Gold	9.46	11
89	Michaela Bennet	Whcs	9.47	14
90	Tomi Geerdes	North Kossut	9.51	15
91	Emily Gray	North Iowa	9.52	12
92	Kristi Bloom	Indianola Gi	9.53	10
92	Paige Shelton	Whcs	9.53	14
94	Krista Utman	Whcs	9.54	13
94	alicia vavricek	North Linn L	9.54	14
96	leah Doyl	North Linn L	9.55	15
97	Chelsie Konecne	Eagle Grove	9.59	12
97	Rachel Briggs	Missouri Val	9.59	1
99	Jamie Lorenzen	North Iowa	9.62	11
100	Stacey Shillington	North Kossut	9.64	12
101	Andrea Whitlock	Indianola Gi	9.65	12
101	Whitney Pralle	Cal-Dows	9.65	2
101	MacKenzie Quame	Ventura	9.65	11
104	Terri holmes	North Linn L	9.74	7
104	Amber Hoyt	Clear Creek	9.74	13
106	Jade Gideons	Glidden-Rals	9.78	11
107	Jillian Bowman	North Kossut	9.82	16
108	Maggie Gerdes	Hampton-Dumo	9.83	8
109	Alisha Fagg	Jefferson-Sc	9.97	16
110	Virginia Zabel	Southern Cal	10.00	8
111	Mallory Millette	North Polk	10.02	15
112	Whitney Willard	Eagle Grove	10.13	16
113	Mindy Comstock	Riverside	10.21	13
114	Kelsie Beek	Madrid	10.22	14
115	Sarah Weinzetl	Webster City	10.24	15
115	Paige Harris	Jefferson-Sc	10.24	9
117	Stephanie Ewing	Madrid	10.35	9
118	Jessica Bohn	Ventura	10.46	11
119	Mariah McAlister	Panorama	11.62	14
120	Katie Oldberg	Missouri Val	14.39	3

Event 6 Girls 60 Meter Dash

Name	Year School	Finals	H#
=====			
Finals			
1	Chelsey Kemmet	Waukee	8.19 2
2	Jenny Kordick	Interstate 3	8.28 2

3	Katie Johnson	Iowa City We	8.31	2
4	Kaaydah Nangle	DM Roosevelt	8.36	2
5	Wieck Jamie	Hampton-Dumo	8.37	2
6	Ashton Strickland	City High	8.38	2
7	Lisa Mellecker	Iowa City We	8.46	2
8	Christin Kloewer	Ikm	8.51	2
9	Afton Bauer	S.E. Polk GI	8.55	1
10	India Shivers	Fort Dodge	8.56	1
11	Abby Green	Johnston	8.57	1
12	Margo Muhlbauer	Ikm	8.62	1
13	Maddie Romano	Waukee	8.64	1
13	Megan Machovec	Dewitt Centr	8.64	1
15	Brittany Schmacker	Waukee	8.67	1
16	Molli O'Brien	Clarion-Gold	8.73	1

Event 7 Girls 4x800 Meter Relay

School	Finals
1 Iowa City West	9:46.17
2 Dewitt Central	10:14.23
3 Urbandale	10:22.85
4 Ankeny	10:30.11
5 Pella	10:32.86
6 Ottumwa	10:37.04
7 Fort Dodge	10:37.70
8 Indianola Girls	10:39.88
9 Waukee	10:40.66
10 Ballard	10:43.05
11 North Linn Lynx	10:45.64
12 Jefferson-Scranton	10:45.91
13 Ikm	10:47.95
14 Ames Girls	10:50.35
15 Forest City Girls	10:51.16
16 S.E. Polk Girls	11:02.16
17 Johnston	11:04.68
18 Des Moines Roosevelt	11:06.66
19 Eagle Grove	11:09.77
20 Red Oak	11:10.87
21 nodaway valley	11:14.64
22 Garner-Hayfield	11:14.95
23 Webster City Lynx	11:17.21
24 Aurelia	11:28.55
25 Ventura	11:31.04
26 West Harrison	11:32.90
27 North Iowa	11:34.93
28 Panorama	11:37.01
29 Cal-Dows	11:42.48
30 lamoni	11:45.66
31 Missouri Valley	11:56.90
32 Belle Plaine	11:58.60
33 Des Moines Lincoln	12:08.62
34 Riverside	12:13.33
35 Clarion-Goldfield	12:25.58
36 North Central H S	12:25.62
37 North Kossuth	12:28.73
38 Madrid	12:38.11
39 North Polk	13:10.07
-- Iowa Falls	DNF

Event 8 Girls 800 Sprint Medley

School	Finals	H#
1 Iowa City West	1:57.92	1
2 Dewitt Central	1:57.94	2
3 City High	1:58.51	1
4 Waukee	1:59.34	1
5 Johnston	2:00.06	3
6 Ottumwa	2:00.09	1
7 Clarion-Goldfield	2:00.23	5
8 Southern Cal	2:00.44	2
9 Ames Girls	2:00.86	1
10 S.E. Polk Girls	2:01.43	1
11 Humboldt	2:01.97	5
12 CR Prairie	2:02.35	1
13 Ankeny	2:02.65	1
14 Fort Dodge	2:02.87	5
15 Interstate 35	2:02.90	2
16 Forest City Girls	2:02.92	4
17 Webster City Lynx	2:03.01	2
18 Ballard	2:03.10	3
19 Indianola Girls	2:03.61	5
20 Des Moines Roosevelt	2:04.00	3
21 North Kossuth	2:04.14	4
22 North Linn Lynx	2:04.39	4
23 Madrid	2:04.58	3
24 South Tama County	2:04.62	4
25 Chariton	2:04.92	7
26 Panorama	2:05.02	3
27 Jefferson-Scranton	2:05.23	4
28 West Harrison	2:05.24	4
29 Hampton-Dumont	2:05.53	2
30 Gmg	2:05.69	5
31 Adm Adel	2:05.88	2
32 Urbandale	2:05.92	2
33 North Polk	2:05.95	7
34 Red Oak	2:06.36	2
35 Garner-Hayfield	2:07.52	6
36 Des Moines Lincoln	2:07.57	7
37 Pella	2:07.67	6
38 Belle Plaine	2:09.27	3
39 Riverside	2:10.15	6
40 lamoni	2:11.60	7
41 Eagle Grove	2:12.81	3
42 North Iowa	2:13.49	6
43 Cal-Dows	2:13.98	4
44 Aurelia	2:14.12	3
45 Missouri Valley	2:14.30	6
46 Iowa Falls	2:14.89	7
47 Glidden-Ralston	2:15.08	6
48 Ikm	2:15.90	5
49 Clear Creek Amana	2:16.33	4
50 North Central H S	2:19.21	6
51 Ventura	2:21.89	5
-- North Cedar	DNF	7

Event 9 Girls 800 Meter Run

Name	Year School	Finals
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1	ellen ries	North Linn L	2:19.36
2	Cassi Sokol	Urbandale	2:20.97
3	Sarah Johnston	Pekin of Pac	2:21.40
4	Katy Fuchtman	Ankeny	2:23.81
5	Melissa Jay	Ottumwa	2:25.41
6	Ashley Stevens	South Page	2:27.03
7	Jocelyn Figg	Iowa City We	2:32.52
8	Alex Krog	Fort Dodge	2:32.63
9	Julia Frudden	Iowa City We	2:32.90
10	Rachel Claman	Gilbert	2:33.25
11	Catie Ellingson	Indianola Gi	2:34.08
12	Emily Brager	Ventura	2:34.72
13	Emily Gill	City High	2:35.62
14	Hannah Anderson	Garner-Hayfi	2:35.91
15	Huling Amanda	Hampton-Dumo	2:36.00
16	Amber Breuklander	Pella	2:36.49
17	Brittany Valvick	North Kossut	2:36.99
18	Danielle Calef	CR Prairie	2:38.38
19	Meredith Lyon	Indianola Gi	2:39.04
20	Tammy Kirchner	Urbandale	2:39.08
21	Samantha Thorgaard	Ottumwa	2:39.11
22	Briley Fairbanks	Hampton-Dumo	2:39.31
23	Paige Gruis	DM Lincoln	2:40.62
24	Dyann Peterson	Fort Dodge	2:40.88
25	Alex Washington	Eagle Grove	2:41.08
26	megan mitchell	nodaway vall	2:41.17
27	Kristine Williams	Dewitt Centr	2:41.56
28	Morgan Olson	Ankeny	2:41.69
29	Tara Broadus	DM Lincoln	2:43.93
30	Kelsey Tourte	Jefferson-Sc	2:44.04
31	Anne Ruebbelke	Johnston	2:44.27
32	Katelyn Olson	Ikm	2:44.59
33	Amy Ledvina	South Tama C	2:45.00
34	Beth Niemann	Dewitt Centr	2:45.25
35	Paris Kono	Waukee	2:45.91
36	Ann Brown	S.E. Polk GI	2:47.08
37	Nicki Landt	Gmg	2:47.12
38	Carmen Schechinger	Ikm	2:47.27
39	Ashley Rodenburg	Whcs	2:47.34
40	Jenny Towers	Jefferson-Sc	2:47.50
41	Jill Cronbaugh	Belle Plaine	2:47.70
42	Wendy Nelson	Aurelia	2:48.46
43	Alyssa Pederson	Eagle Grove	2:48.58
44	Amanda Willfong	South Tama C	2:49.13
45	Stephanie Maule	Whcs	2:49.21
46	jessica Havlik	North Linn L	2:49.41
47	Kelsey Tomkins	Webster City	2:50.38
48	Taylor Norman	Iowa Falls	2:50.52
49	Kristine Stasko	Ames Girls	2:51.50
50	Fionna Fallon	DM Roosevelt	2:51.96
51	Shannon Snider	Madrid	2:52.07
52	Debbie Hamilton	Cal-Dows	2:52.97
53	Allison Momany	Clear Creek	2:53.18
54	Betsy Rosenblatt	DM Roosevelt	2:53.35
55	Shanda Novak	Clear Creek	2:53.91
56	Emily Zeller	North Kossut	2:54.57
57	michelle bjorland	lamoni	2:55.29
58	Katie Johnson	Johnston	2:56.04
59	Lissa Catus	Ames Girls	2:56.44

60	Maribel Lopez	S.E. Polk GI	2:57.91
61	Erin Enabnit	Southern Cal	2:58.00
62	Allie Engelbrecht	Pella	2:58.92
63	Jennie Bunkofske	Webster City	3:00.29
64	Leah Fishman	Aurelia	3:01.69
65	Sarah Pecenka	Madrid	3:03.00
66	Emily Lyden	Red Oak	3:03.13
67	Kelly Spencer	Clarion-Gold	3:04.41
68	Jeannette Calvin	Forest City	3:04.54
69	Kelsey Jordan	Interstate 3	3:04.94
70	Liz Erwin	Adm Adel	3:06.77
71	Autumn Wurr	Gmg	3:06.80
72	Krista Kampman	Forest City	3:08.52
73	Anna Frank	Clarion-Gold	3:09.79
74	kat schipper	lamoni	3:12.66
75	Katie Baethke	North Polk	3:15.19
76	Alyssa Nielsen	Iowa Falls	3:16.43
77	Megan Nelson	Panorama	3:18.26
78	Caitlin Krater	Panorama	3:18.63
79	Nicole Collison	Whcs	3:26.82
80	Lindsey Moore	North Polk	3:27.46

Event 10 Girls 1500 Meter Run

Name	Year School	Finals
1 Sarah Wickman	Iowa City We	4:55.26
2 Whitney Johnson	Adm Adel	4:56.13
3 Janet Dobyns	Iowa City We	5:02.52
4 Courtney Rice	Dewitt Centr	5:09.45
5 Mairead Kelly	Forest City	5:09.70
6 Lisa Koll	Fort Dodge	5:12.88
7 Brittany Rover	Ames Girls	5:18.66
8 Rachel Wobeter	South Tama C	5:20.07
9 Erin Connell	Dewitt Centr	5:21.14
10 Nicole Wilson	Urbandale	5:21.37
11 Denise Eslinger	Ottumwa	5:23.34
12 Roxanne Soesbe	Clarion-Gold	5:23.67
13 Lisa Olson	Humboldt	5:26.60
14 Morgan Hendricks	Jefferson-Sc	5:27.34
15 Whitney Mark	Indianola Gi	5:29.47
16 Haley Madison	Ankeny	5:31.76
17 connie eshelmann	nodaway vall	5:33.52
18 alyse herr	nodaway vall	5:34.46
19 Rachel Claman	Gilbert	5:34.93
20 Kellie Hamilton	Eagle Grove	5:35.18
21 Kendra Kinney	Southern Cal	5:36.83
22 Meagan Whetstone	DM Roosevelt	5:37.63
23 Hilary Woodhouse	DM Roosevelt	5:38.12
24 Megan Renaud	Pella	5:38.35
25 Neva Hibbing	Ames Girls	5:38.88
26 Sarah Hendred	Ottumwa	5:42.04
27 Heather Cunard	Missouri Val	5:42.20
28 Clair Anciaux	City High	5:43.16
29 Alyse Riley	City High	5:43.22
30 Megan Kelly	Ankeny	5:48.61
31 Lisa Stefl	S.E. Polk GI	5:49.22
32 Ashley Rodenburg	Whcs	5:50.14
33 Jessie ondlar	North Linn L	5:50.59
34 samantha ford	North Linn L	5:53.38

35	Renaë Konx	Ballard	5:55.98
36	Meghan Ziebarth	Waukee	5:56.06
37	Sarah Brown	Hampton-Dumo	5:56.31
38	Baily Johansen	Waukee	5:56.57
39	Kathryn Bentley	Riverside	5:58.14
40	Emily Long	Webster City	6:02.54
41	Katie Rogers	Ikm	6:03.59
42	Ashley Hanson	Webster City	6:03.60
43	Melissa Keith	Aurelia	6:03.69
44	Emily Holden	North Centra	6:04.13
45	Sara Hendrickson	S.E. Polk GI	6:04.62
46	Debbie Hamilton	Cal-Dows	6:04.69
47	Jessica Cougill	Aurelia	6:05.15
48	Robyn Norris	Johnston	6:05.68
49	Ashley Rodenburg	South Page	6:07.06
50	Rachel Kurtzleben	North Iowa	6:07.61
51	Lisa Becker	North Kossut	6:08.64
52	Erin Hively	Madrid	6:08.67
53	Courtney Holland	North Iowa	6:11.70
54	Kari Youngkin	Ikm	6:15.82
55	Sarah Hansen	Hampton-Dumo	6:16.65
56	tiffany jeans	lamoni	6:17.44
57	Lynae Burke	Madrid	6:18.07
58	Stephanie Maule	Whcs	6:29.02
59	Stacy Koster	Southern Cal	6:29.80
60	morgan menzie	lamoni	6:31.71
61	Emily Fredrickson	Panorama	6:40.11
62	Brittany Wubbena	Iowa Falls	6:40.22
63	Shayla Sturm	Cal-Dows	6:45.08
64	Toni Mortensen	Panorama	6:45.71
65	Maria Moore	North Polk	6:51.16
66	Sherry Gochenour	Missouri Val	6:58.43
67	Nicole Collison	Whcs	7:45.63

Event 11 Girls 4x100 Meter Relay

School	Finals	H#
1 Des Moines Roosevelt	51.35	1
2 Dewitt Central	52.34	3
3 Ames Girls	52.65	1
4 Iowa City West	52.79	1
5 Waukee	52.91	1
6 S.E. Polk Girls	52.96	1
7 Johnston	54.48	2
8 Ikm	54.51	1
8 Panorama	54.51	1
10 Eagle Grove	54.56	3
11 Pella	54.72	6
12 Forest City Girls	54.87	2
13 South Tama County	54.99	2
14 Dewitt Central 'B'	55.04	7
15 North Linn Lynx	55.14	4
16 North Cedar	55.31	5
17 Ottumwa	55.38	4
18 Adm Adel	55.40	2
19 Southern Cal	55.50	3
20 Gmg	55.95	3
20 Webster City Lynx	55.95	2
22 West Harrison	56.05	3

23	Interstate 35	56.14	4
24	Riverside	56.15	5
25	Clarion-Goldfield	56.27	5
26	Ottumwa 'B'	56.34	7
27	CR Prairie	56.40	2
28	Indianola Girls	56.46	4
28	Ankeny	56.46	1
30	Clarion-Goldfield 'B'	56.60	7
31	Madrid	56.62	3
32	Jefferson-Scranton	56.72	4
32	Red Oak	56.72	2
34	Waukee 'B'	56.75	7
35	Urbandale	56.76	3
36	Iamoni	57.07	5
37	North Kossuth	57.28	5
38	Ikm 'B'	57.40	8
39	Des Moines Lincoln	57.46	6
40	Fort Dodge	57.73	5
41	Cal-Dows	57.77	4
42	Indianola Girls 'B'	57.78	7
43	CR Prairie 'B'	57.85	7
44	Belle Plaine	57.88	6
45	nodaway valley	57.93	6
46	Ankeny 'B'	58.02	7
47	North Polk	58.32	8
48	North Iowa	58.48	6
49	North Linn Lynx 'B'	58.53	8
50	Adm Adel 'B'	58.68	8
51	Forest City Girls 'B'	58.73	6
52	Des Moines Roosevelt 'B'	58.76	7
53	Eagle Grove 'B'	59.11	8
54	Clear Creek Amana	59.20	5
55	Hampton-Dumont	59.68	4
56	Aurelia	1:00.32	3
57	Ventura	1:00.42	4
58	Iowa Falls	1:00.46	5
59	North Central H S	1:01.70	6
60	Webster City Lynx 'B'	1:02.81	8
61	Missouri Valley	1:03.22	6
62	Jefferson-Scranton 'B'	1:03.68	8

Event 12 Girls 4x400 Meter Relay

School	Finals	H#	
1	City High	4:07.90	1
2	Iowa City West	4:11.63	1
3	Ottumwa	4:12.73	1
4	Dewitt Central	4:16.31	1
5	Ankeny	4:16.49	1
6	Interstate 35	4:19.69	2
7	CR Prairie	4:26.20	2
8	Clear Creek Amana	4:26.90	2
9	North Linn Lynx	4:27.09	3
10	Webster City Lynx	4:28.41	1
11	Indianola Girls	4:28.52	4
12	Ankeny 'B'	4:28.64	6
13	Ames Girls	4:29.28	1
14	S.E. Polk Girls	4:30.74	5
15	Red Oak	4:30.90	2

16	South Tama County	4:31.03	2
17	Clarion-Goldfield	4:33.36	5
18	Jefferson-Scranton	4:34.14	2
19	Dewitt Central 'B'	4:36.03	6
20	Forest City Girls	4:36.21	2
21	Johnston	4:37.23	3
22	Ottumwa 'B'	4:38.39	6
23	North Iowa	4:39.71	4
24	S.E. Polk Girls 'B'	4:40.06	6
25	Waukee	4:40.22	3
26	Hampton-Dumont	4:40.71	3
27	Gmg	4:40.96	5
28	Cal-Dows	4:41.05	4
29	Waukee 'B'	4:41.09	6
30	Pella	4:41.87	5
31	Aurelia	4:42.22	2
32	Indianola Girls 'B'	4:42.46	6
33	Urbandale	4:43.54	3
34	Eagle Grove	4:44.18	4
35	nodaway valley	4:44.80	4
36	North Kossuth	4:44.87	5
37	East Marshall	4:48.19	3
38	Panorama	4:48.50	5
39	Clarion-Goldfield 'B'	4:48.67	7
40	Des Moines Roosevelt	4:49.16	1
41	Jefferson-Scranton 'B'	4:51.22	7
42	Eagle Grove 'B'	4:52.60	7
43	lamoni	4:53.34	4
44	North Linn Lynx 'B'	4:53.64	7
45	Belle Plaine	4:57.01	3
46	Ventura	4:58.28	4
47	Missouri Valley	5:01.32	5
48	West Harrison	5:05.41	5
49	Forest City Girls 'B'	5:08.90	7
50	Webster City Lynx 'B'	5:09.66	7
51	Des Moines Roosevelt 'B'	5:12.75	6
52	Iowa Falls	5:12.80	4