



## Top Five Times (Thru 11-23-09)

### **50 Free**

1. 0:23.39 Nan Liu- TYR Invite
2. 0:23.61 Abby Glaser- TYR Invite
3. 0:23.64 Lindsey Behrens- TYR Invite
4. 0:24.03 Sarah Norris- TYR Invite
5. 0:24.12 Frances Calzada- TYR Invite

### **100 Free**

1. 0:50.94 Nan Liu- TYR Invite
2. 0:51.46 Lindsey Behrens- TYR Invite
3. 0:51.81 Abby Glaser- TYR Invite
4. 0:52.38 Dani Harris- TYR Invite
5. 0:53.25 Frances Calzada- Illinois

### **200 Free**

1. 1:52.41 Lindsey Behrens- TYR Invite
2. 1:52.56 Jenny Vondenkamp- TYR Invite
3. 1:52.75 Megan Thompson- TYR Invite
4. 1:56.76 Chelsea Tomek- TYR Invite
5. 1:57.19 Frances Calzada- TYR Invite

### **500 Free**

1. 4:57.08 Megan Thompson- TYR Invite
2. 4:58.71 Jenny Vondenkamp- TYR Invite
3. 5:06.48 Chelsea Tomek- Big 12 Relays
4. 5:07.35 Taylor Vieau- TYR Invite
5. 5:09.00 Hannah McCulley- TYR Invite

### **1000 Free**

1. 10:27.85 Megan Thompson- TYR Invite
2. 10:38.78 Jenny Vondenkamp- TYR Invite
3. 10:39.55 Taylor Vieau- TYR Invite
4. 10:44.44 Meredith Doran- Illinois
5. 11:01.64 Amy Bauer- Illinois

### **1650 Free**

1. 17:14.50 Megan Thompson- TYR Invite
2. 17:19.04 Jenny Vondenkamp- TYR Invite
3. 17:37.94 Taylor Vieau- TYR Invite
- 4.
- 5.

### **100 Fly**

1. 0:53.55 Nan Liu- TYR Invite
2. 0:55.51 Abby Glaser- TYR Invite
3. 0:57.96 Sarah Norris- TYR Invite
4. 0:58.33 Hannah McCulley- TYR Invite
5. 0:58.47 Tiana Wollin- TYR Invite

### **200 Fly**

1. 2:07.51 Hannah McCulley- TYR Invite
2. 2:10.69 Tianna Wollin- TYR Invite
3. 2:10.72 Meredith Doran- TYR Invite
4. 2:11.14 Taylor Vieau- TYR Invite
5. 2:24.03 Jackie Itzen- Ill. St/Evan.

### **100 Back**

1. 0:54.31 Nan Liu- TYR Invite
2. 0:55.85 Dani Harris- TYR Invite
3. 0:58.35 Megan Thompson- TYR Invite
4. 0:58.45 Sarah Norris- TYR Invite
5. 0:58.54 Abby Glaser- TYR Invite

### **200 Back**

1. 1:58.94 Nan Liu- TYR Invite
2. 2:00.56 Dani Harris- TYR Invite
3. 2:05.49 Jenny Vondenkamp- TYR Invite
4. 2:06.97 Chelsea Tomek- TYR Invite
5. 2:08.60 Sarah Norris- TYR Invite

### **100 Breast**

1. 1:03.57 Jeli Nixt- TYR Invite
2. 1:05.23 Marley Suckow- TYR Invite
3. 1:06.11 Dani Harris- Illinois
4. 1:07.73 Lindsey Frodyma- TYR Invite
5. 1:11.99 Kalyn Amundsen- TYR Invite

### **200 Breast**

1. 2:17.25 Dani Harris- TYR Invite
2. 2:21.94 Marley Suckow- TYR Invite
3. 2:22.50 Jeli Nixt- TYR Invite
4. 2:28.01 Lindsey Frodyma- TYR Invite
5. 2:40.59 Amy Bauer- Illinois

### **200 Individual Medley**

1. 2:02.92 Dani Harris- TYR Invite
2. 2:06.18 Lindsey Behrens- TYR Invite
3. 2:11.32 Taylor Vieau- TYR Invite
4. 2:11.33 Lindsey Frodyma- TYR Invite
5. 2:13.90 Marley Suckow- TYR Invite

### **400 Individual Medley**

1. 4:36.97 Taylor Vieau- TYR Invite
2. 4:39.01 Hannah McCulley- TYR Invite
3. 4:40.84 Amy Bauer- TYR Invite
4. 4:41.01 Marley Suckow- TYR Invite
5. 4:43.61 Lindsey Frodyma- TYR Invite

### **200 Medley Relay**

- 1:42.28 TYR Invite  
Liu :25.71, Nixt :28.74  
Glaser :24.68, Behrens :23.15

### **400 Medley Relay**

- 3:44.09 TYR Invite  
Liu :54.31, Nixt 1:03.98  
Glaser :54.20, Calzada :51.60

### **200 Free Relay**

- 1:34.30 TYR Invite  
Liu :23.39, Behrens :23.66  
Glaser :23.54, Calzada :23.71

### **400 Free Relay**

- 3:27.69 TYR Invite  
Liu :50.94, Behrens :51.25  
Glaser :52.00, Tomek :53.50

### **800 Free Relay**

- 7:37.18 TYR Invite  
Behrens 1:52.74, Vondenkamp 1:52.86  
Thompson 1:54.23, Tomek 1:57.35

BOLD = Under NCAA 'B' Standard

### **1-Meter (Six Dives)**

1. 295.00 Tien Tran- Nebraska Invite
2. 245.85 Abby Christensen- Ill. St/Evan.
3. 244.45 Sarah Nelson- Intrasquad
4. 226.95 Jenn Botsch- Intrasquad
5. 209.15 Justine Anders- Nebraska Invite

### **3-Meter (Six Dives)**

1. 325.95 Tien Tran- Nebraska Invite
2. 270.45 Abby Christensen- Nebraska Invite
3. 261.75 Sarah Nelson- Nebraska Invite
4. 245.20 Jenn Botsch- Intrasquad
5. 228.05 Justine Anders- Nebraska Invite

### **Platform (Five Dives)**

1. 220.95 Tien Tran-Nebraska Invitational
2. 199.15 Abby Christensen- Nebraska Invite
3. 193.10 Sarah Nelson- Nebraska Invite
4. 166.45 Justine Anders- Nebraska Invite
5. 165.45 Lauren Naeve- Nebraska Invite

BOLD= Under NCAA 'B' Qualifying Time



## Top Five Times (From 08-09 Season)

### **50 Free**

1. 0:23.28 Abby Glaser at Big 12 Champ
2. 0:23.76 Frances Calzada at Big 12
3. 0:24.10 Jeli Nixt at Last Chance
4. 0:24.17 Britt Samuelson at Big 12
5. 0:24.20 Kaly Amundsen at Big 12

### **100 Free**

1. 0:50.73 Lindsey Behrens at Big 12
2. 0:51.13 Abby Glaser at Big 12 Champs
3. 0:51.91 Frances Calzada at Missouri
4. 0:52.88 Mandi Caudle at Big 12 Champ
5. 0:53.12 Kaly Amundsen at Big 12

### **200 Free**

1. 1:49.81 Lindsey Behrens at Big 12
2. 1:51.14 Jenny Vondenkamp at Big 12
3. 1:52.93 Chelsea Tomek at Big 12
4. 1:53.36 Megan Thompson at Last Chance
5. 1:55.32 Meredith Doran at Big 12

### **500 Free**

1. 4:52.96 Megan Thompson at Big 12
2. 4:53.58 Jenny Vondenkamp at Big 12
3. 5:00.79 Chelsea Tomek at Big 12
4. 5:02.58 Taylor Vieau at Big 12 Champs
5. 5:08.10 Meredith Doran at Big 12

### **1000 Free**

1. 10:13.35 Jenny Vondenkamp at Big 12
2. 10:16.30 Megan Thompson at Big 12
3. 10:27.28 Taylor Vieau at Iowa dual
4. 10:40.33 Chelsea Tomek at St. Olaf
5. 10:45.94 Meredith Doran at St. Olaf

### **1650 Free**

1. 16:50.81 Jenny Vondenkamp at Big 12
2. 17:00.79 Megan Thompson at Big 12
3. 17:20.84 Taylor Vieau at Big 12
4. 17:50.83 Jackie Itzen at Big 12 Champs
5. 17:52.45 Chelsea Tomek at Husker In.

### **100 Fly**

1. 0:53.98 Nan Liu Pre-Big 12 Time Trial
2. 0:54.82 Abby Glaser at Big 12 Champs
3. 0:55.25 Lindsey Wegner at Big 12
4. 0:56.19 Lindsey Behrens at Big 12
5. 0:57.77 Mandi Caudle at Big 12 Champ

### **200 Fly**

1. 2:05.45 Abby Glaser at Last Chance
2. 2:05.89 Hannah McCulley at Big 12
3. 2:07.27 Meredith Doran at Big 12
4. 2:07.93 Lindsey Behrens at Husker
5. 2:08.07 Taylor Vieau at Big 12 Champs

### **100 Back**

1. 0:54.11 Nan Liu Pre-Big 12 Time Trial
2. 0:54.96 Lindsay Wegner at Big 12
3. 0:55.98 Megan Thompson at Big 12
4. 0:57.98 Danielle Levings at Big 12
5. 0:58.16 Hannah Smith at Big 12 Champ

### **200 Back**

1. 1:58.64 Nan Liu Pre-Big 12 Time Trial
2. 1:59.90 Lindsay Wegner at Big 12
3. 2:02.17 Chelsea Tomek at Big 12
4. 2:03.41 Jenny Vondenkamp at Last Chance
5. 2:04.66 Danielle Levings at Big 12

### **100 Breast**

1. 1:01.72 Marni Benson at Big 12 Champ
2. 1:01.84 Jeli Nixt at Big 12 Champs
3. 1:04.16 Krista Moyer at Big 12 Champs
4. 1:05.04 Lindsey Frodyma at Big 12
5. 1:07.56 Lindsey Behrens SDSU/WIU

### **200 Breast**

1. 2:15.64 Marni Benson at Big 12 Champ
2. 2:17.49 Jeli Nixt at Big 12 Champs
3. 2:22.18 Krista Moyer at Big 12 Champs
4. 2:23.62 Lindsey Frodyma at Big 12
5. 2:29.79 Maddie Crawford at Big 12

### **200 Individual Medley**

1. 2:03.29 Lindsey Behrens at Big 12
2. 2:04.00 Jeli Nixt at Big 12 Champ
3. 2:04.87 Marni Benson at Big 12 Champ
4. 2:07.43 Lindsey Frodyma at Big 12
5. 2:12.55 Lindsay Wegner Intra Squad

### **400 Individual Medley**

1. 4:28.79 Taylor Vieau at Big 12 Champs
2. 4:33.04 Jackie Itzen at Big 12 Champs
3. 4:37.42 Hannah McCulley at Big 12
4. 4:43.33 Amy Bauer at Big 12 Champs
5. 4:49.75 Lindsey Frodyma SDSU/WIU

### **200 Medley Relay**

- 1:41.14 at Big 12 Championships  
Wegner :25.83, Nixt :27.95  
Glaser :24.11, Calzada :23.24

### **400 Medley Relay**

- 3:40.98 at Big 12 Championships  
Wegner :55.59, Benson 1:01.54  
Glaser :54.05, Behrens :49.80

### **200 Free Relay**

- 1:32.92 at Big 12 Championships  
Glaser :23.28, Behrens :22.84  
Benson :23.48, Calzada :23.32

### **400 Free Relay**

- 3:25.85 at Big 12 Championships  
Glaser :51.49, Calzada :51.45  
Tomek :52.13, Behrens :50.78

### **800 Free Relay**

- 7:26.50 at Big 12 Championships  
Behrens 1:49.81, Vondenkamp 1:51.07  
Calzada 1:53.32, Tomek 1:52.30

BOLD = Under NCAA 'B' Standard

### **1-Meter (Six Dives)**

1. 290.10 Tien Tran vs. Northern Iowa
2. 265.60 Kali Fryklund at St. Olaf
3. 249.80 Abby Christensen at St. Olaf

### **3-Meter (Six Dives)**

1. 338.55 Tien Tran vs. Nebraska-Omaha
2. 278.03 Kali Fryklund vs. Northern Iowa
3. 270.75 Abby Christensen vs. Northern Iowa

### **Platform (Five Dives)**

1. 249.35 Tien Tran at Big 12 Champs
2. 211.75 Kali Fryklund at Big 12 Champs
3. 186.25 Abby Christensen at Husker Invite

# All-Time Top Times

## 50 Freestyle

1. Sam Dyshaw	22.98	03-04
2. Abby Glaser	23.05	07-08
3. Nan Liu	23.30	09-10
4. Lauren Breunig	23.37	05-06
5. Rena Kelinson	23.40	01-02
6. Tea Cerkvnik	23.44	94-95
7. Jenn Kollbaum-Adams	23.50	92-93
8. Mikka Olson	23.58	94-95
9. Brita Benson	23.58	02-03
10. Jenni Adams	23.61	90-91
11. Kim Schmugge	23.64	00-01
11. Lindsey Behrens	23.64	09-10
13. Becca Meyer	23.65	01-02
14. Dara Rose	23.74	00-01
15. Jenny Lindberg	23.75	02-03
16. Frances Calzada	23.76	08-09
17. Cassandra Nelson	23.77	06-07
18. Jodel Fesenmaier	23.78	00-01
19. Jennifer Steele	23.94	84-85
20. Nicki Eilers	23.95	01-02

## 100 Freestyle

1. Lauren Breunig	49.79	06-07
2. Jenn Kollbaum-Adams	50.30	92-93
3. Sam Dyshaw	50.70	02-03
4. Lindsey Behrens	50.73	08-09
5. Abby Glaser	50.76	07-08
6. Nan Liu	50.94	09-10
7. Tea Cerkvnik	50.95	94-95
8. Susanne Notbohm	51.15	01-02
9. Brita Benson	51.29	02-03
10. Rena Kelinson	51.47	02-03
11. Jenny Lindberg	51.65	02-03
12. Erin Luebke	51.69	92-93
13. Becca Meyer	51.87	00-01
14. Frances Calzada	51.91	08-09
15. Jodel Fesenmaier	51.98	98-99
16. Mikka Olsen	52.06	93-94
17. Dara Rose	52.08	00-01
18. Cassandra Nelson	52.30	05-06
19. Donna Braun	52.35	87-88
20. Dani Harris	52.38	09-10

## 200 Freestyle

1. Lauren Breunig	1:47.73	06-07
2. Lindsey Behrens	1:49.81	08-09
3. Susanne Notbohm	1:50.03	02-03
4. Jenn Kollbaum-Adams	1:50.22	92-93
5. Rena Kelinson	1:50.79	01-02
6. Jenny Vondenkamp	1:51.14	08-09
7. Kristen Vanek	1:52.06	01-02
8. Donna Braun	1:52.21	88-89
9. Tanya Roach	1:52.57	81-82
10. Chelsey Walden	1:52.68	06-07
11. Megan Thompson	1:52.75	09-10

12. Chelsea Tomek	1:52.93	08-09
13. Brita Benson	1:53.01	01-02
14. Jenny Lindberg	1:53.07	03-04
15. Shelly Olson	1:53.12	90-91
16. Sonja Groening	1:53.40	01-02
17. Tami Ritchie	1:53.70	04-05
18. Kelly Yates	1:53.78	99-00
19. Christa Graper	1:54.36	94-95
20. Tea Cerkvnik	1:54.40	94-95

## 500 Freestyle

1. Chelsey Walden	4:52.30	06-07
2. Megan Thompson	4:52.96	08-09
3. Jenny Vondenkamp	4:53.58	08-09
4. Shelli Olson	4:53.59	90-91
5. Lydia Smirniotis	4:53.95	04-05
6. Tanya Roach	4:56.42	81-82
7. Petra Plaminkova	4:58.11	02-03
8. Kristen Vanek	4:58.44	01-02
9. Lara Skoog	4:58.76	03-04
10. Sonja Groening	4:59.74	01-02
11. Lynn Ellis	4:59.93	81-82
12. Chelsea Tomek	5:00.79	08-09
13. Kelly Yates	5:01.06	99-00
14. Amber McDowell	5:01.92	99-00
15. Shaylyn Green	5:02.26	00-01
16. Taylor Vieau	5:02.58	08-09
17. Cally Voorhees	5:03.22	01-02
18. Melissa Jensen	5:03.88	00-01
19. Rena Kelinson	5:04.49	99-00
20. Donna Braun	5:04.79	90-91

## 1000 Freestyle

1. Chelsey Walden	10:03.71	06-07
2. Lydia Smirniotis	10:06.70	05-06
3. Lara Skoog	10:07.64	03-04
4. Shelli Olson	10:09.48	90-91
5. Petra Plaminkova	10:12.47	00-01
6. Jenny Vondenkamp	10:13.35	08-09
7. Megan Thompson	10:16.30	08-09
8. Kristen Vanek	10:19.96	01-02
9. Tanya Roach	10:21.09	81-82
10. Sonja Groening	10:24.73	01-02
11. Carmella Nogar	10:25.37	01-02
12. Shaylyn Green	10:25.51	00-01
13. Lynn Ellis	10:26.15	82-83
14. Taylor Vieau	10:27.28	08-09
15. Lynn Campbell	10:27.35	84-85
16. Julie Elwell	10:29.56	89-90
17. Kelly Yates	10:31.67	99-00
18. Betsy Nowak	10:32.98	83-84
19. Rena Kelinson	10:34.36	99-00
20. Alison Kimble	10:34.87	00-01

# All-Time Top Times

## 1650 Freestyle

1. Chelsey Walden	16:41.16	06-07
2. Lydia Smirniotis	16:49.68	05-06
3. Jenny Vondenkamp	16:50.81	08-09
4. Lara Skoog	16:50.93	03-04
5. Shelli Olson	16:58.89	90-91
6. Megan Thompson	17:00.79	08-09
7. Kristin Vanek	17:03.86	02-02
8. Tanya Roach	17:05.89	81-82
9. Lynn Ellis	17:17.86	82-83
10. Shaylyn Green	17:19.13	00-01
11. Taylor Vieau	17:20.84	08-09
12. Julie Elwell	17:22.13	89-90
13. Alison Kimble	17:28.92	00-01
14. Christa Graper	17:29.58	94-95
15. Lynn Campbell	17:34.87	84-85
16. Kelly Yates	17:35.49	99-00
17. Chelsea Tomek	17:38.03	07-08
18. Calley Voohees	17:38.16	00-01
19. Kim Coburn	17:39.03	93-94
20. Susan Brethorst	17:41.33	02-03

## 100 Butterfly

1. Nan Liu	53.55	09-10
2. Abby Glaser	54:17	07-08
3. Sonja Groening	54:49	01-02
4. Susanne Notbohm	54.79	01-02
5. Sam Dyshaw	54.99	02-03
6. Karen Groth	55.43	83-84
7. Lindsay Wegner	55.25	08-09
8. Brita Benson	55.87	03-04
9. Lindsey Behrens	56.10	07-08
10. Carmella Nogar	56.23	02-03
11. Kim Schmugge	56.56	03-04
12. Amber McDowell	56.61	00-01
13. Becca Meyer	57.04	01-02
14. Julie Bancroft	57.16	94-95
15. Tami Ritchie	57.42	05-06
16. Kim Rogers	57.47	02-03
17. Emily Welborn	57.53	07-08
18. Mandi Caudle	57.77	08-09
19. Melissa Fender	57.78	05-06
20. Jami Jager	57.91	94-95

## 200 Butterfly

1. Amber McDowell	2:00.95	01-02
2. Kim Rogers	2:02.00	05-06
3. Petra Plaminkova	2:03.76	00-01
4. Karen Groth	2:04.09	83-84
5. Carmella Nogar	2:04.12	01-02
6. Tami Ritchie	2:04.30	05-06
7. Sonja Groening	2:04.40	01-02
8. Abby Glaser	2:05.45	08-09
9. Sherry Behan	2:05.50	81-82
10. Lynn Ellis	2:05.50	81-82
11. Hannah McCulley	2:05.89	08-09

12. Lindsey Behrens	2:06.15	07-08
13. Lydia Smirniotis	2:06.42	02-03
14. Meredith Doran	2:07.27	08-09
15. Taylor Vieau	2:08.07	08-09
16. Julie Bancroft	2:08.09	94-95
17. Sarah Schuchmann	2:08.16	84-85
18. A-Lisa Miles	2:09.46	97-98
19. Laura Thorkelson	2:09.48	94-95
20. Donna Braun	2:09.58	87-88

## 100 Backstroke

1. Nan Liu	54.11	08-09
2. Lindsay Wegner	54.96	08-09
3. Maggie Peterson	55.48	04-05
4. Melissa Jensen	55.82	01-02
5. Megan Thompson	55.98	08-09
6. Dani Harris	56.20	09-10
7. Kim Schmugge	56.75	03-04
8. Erin Luebke	56.94	94-95
9. Kelly Lorenz	57.11	97-98
10. Cassandra Nelson	57.63	05-06
11. Jamie Wieben	57.84	02-03
12. Jodel Fesenmaier	57.95	98-99
13. Danielle Levings	57.98	08-09
14. Susanne Notbohm	58.02	00-01
15. Hannah Smith	58.16	08-09
16. Sarah Norris	58.45	09-10
17. Abby Glaser	58.54	09-10
18. Kim Rogers	58.58	05-06
19. Katie Oien	58.59	93-94
20. Nicki Eilers	58.82	01-02

## 200 Backstroke

1. Nan Liu	1:58.64	08-09
2. Melissa Jensen	1:58.71	01-02
3. Lindsay Wegner	1:59.90	08-09
4. Maggie Peterson	2:00.52	04-05
5. Dani Harris	2:00.56	09-10
6. Kim Rogers	2:00.98	05-06
7. Chelsea Tomek	2:02.17	08-09
8. Jenny Vondenkamp	2:03.41	08-09
9. Jamie Wieben	2:03.86	02-03
10. Kelly Lorenz	2:04.06	97-98
11. Danielle Levings	2:04.66	08-09
12. Carmella Nogar	2:05.39	99-00
13. Katie Oien	2:05.52	93-94
14. Susanne Notbohm	2:05.97	02-03
15. Elizabeth Holman	2:06.19	08-09
16. Emily Welborn	2:07.15	05-06
17. Kim Brekke	2:07.41	93-94
18. Hannah Smith	2:07.49	08-09
19. Kim Coburn	2:08.03	93-94
20. Lesley Hoyle	2:08.33	93-94

# All-Time Top Times

## 100 Breaststroke

1. Marni Benson	1:01.72	08-09
2. Jeli Nixt	1:01.84	08-09
3. Kim Reid	1:02.46	98-99
4. Marie-Eve Tremblay	1:03.80	00-01
5. Krista Moyer	1:04.16	08-09
6. Petra Plaminkova	1:04.18	01-02
7. Jenni Adams	1:04.19	88-89
8. Lindsey Frodyma	1:05.04	08-09
9. Marley Suckow	1:05.23	09-10
10. Tanya Henkels	1:05.65	94-95
11. Shannon Parker	1:06.10	02-03
12. Dani Harris	1:06.11	09-10
13. Amy Rothell	1:06.48	88-89
14. Kelly Schwantz	1:06.71	99-00
15. A-Lisa Miles	1:07.30	99-00
16. Susan Brethorst	1:07.36	94-95
17. Lindsey Behrens	1:07.51	07-08
18. Michelle Sexton	1:07.54	99-00
19. Lisa Fraser	1:07.70	81-82
20. Maddie Crawford	1:07.72	08-09

## 200 Breaststroke

1. Marni Benson	2:15.64	08-09
2. Petra Plaminkova	2:16.33	03-04
3. Dani Harris	2:17.25	09-10
4. Jeli Nixt	2:17.49	08-09
5. Kim Reid	2:18.08	97-98
6. Marie-Eve Tremblay	2:19.18	98-99
7. A-Lisa Miles	2:20.36	99-00
8. Jenni Adams	2:20.62	88-89
9. Kim Chrun	2:21.74	03-04
10. Marley Suckow	2:21.94	09-10
11. Krista Moyer	2:22.18	08-09
12. Shannon Parker	2:22.34	02-03
13. Kelly Schwantz	2:22.81	00-01
14. Tanya Henkels	2:23.16	95-96
15. Lindsey Frodyma	2:23.62	08-09
16. Amy Rothell	2:23.99	04-05
17. Michelle Sexton	2:24.92	99-00
18. Lauren Breunig	2:24.99	04-05
19. Jenny Droege	2:25.99	89-90
20. Susan Brethorst	2:26.76	94-95

## 200 Individual Medley

1. Lauren Breunig	2:00.31	06-07
2. Susanne Notbohm	2:01.56	01-02
3. Dani Harris	2:02.92	09-10
4. Lindsey Behrens	2:03.29	08-09
5. Jeli Nixt	2:04.00	08-09
6. Kim Rogers	2:04.18	05-06
7. Petra Plaminkova	2:04.43	00-01
8. Carmella Nogar	2:04.48	01-02
9. Marni Benson	2:04.87	08-09
10. Erin Lubke	2:06.41	94-95
11. A-Lisa Miles	2:06.73	99-00

12. Kim Reid	2:07.35	98-99
13. Lindsey Frodyma	2:07.43	08-09
14. Lindsay Wegner	2:08.76	07-08
15. Kim Brekke	2:09.15	93-94
16. Kelly Schwantz	2:09.28	99-00
17. Amy Rothell	2:09.56	88-89
18. Lynn Ellis	2:09.59	79-80
19. Alison Kimble	2:09.92	99-00
20. Kim Chrun	2:10.24	01-02

## 400 Individual Medley

1. Petra Plaminkova	4:19.04	01-02
2. Kim Rogers	4:20.45	05-06
3. Carmella Nogar	4:25.34	01-02
4. Lydia Smirniotis	4:27.57	04-05
5. Taylor Vieau	4:28.79	08-09
6. Lauren Breunig	4:30.72	04-05
7. Jackie Itzen	4:31.52	07-08
8. Alison Kimble	4:32.97	00-01
9. A-Lisa Miles	4:33.03	98-99
10. Lindsey Behrens	4:33.07	06-07
11. Robin McCallister	4:33.28	94-95
12. Lynn Ellis	4:33.65	80-81
13. Kim Chrun	4:34.85	01-02
14. Erika Vonout	4:36.03	98-99
15. Julie Elwell	4:36.86	93-94
16. Kim Brekke	4:36.88	93-94
17. Hannah McCulley	4:37.42	08-09
18. Tami Johnson	4:38.49	01-02
19. Brooke Larsen	4:39.27	98-99
20. Sarah Schuchmann	4:39.36	84-85

## 200 Medley Relay

1. Wegner, Nixt Glaser, Calzada	1:41.14	08-09
2. Liu, Nixt Glaser, Behrens	1:42.28	09-10
3. Schmugge, Plaminkova B. Benson, Dyshaw	1:42.78	03-04
4. Schmugge, Tremblay Notbohm, Meyer	1:43.23	00-01
5. Wegner, M. Benson Glaser, Calzada	1:43.71	07-08
6. Schmugge, Plaminkova Groening, Kelinson	1:43.71	01-02
7. Schmugge, Plaminkova Notbohm, Kelinson	1:43.87	02-03
8. Peterson, M. Benson Wegner, Nelson	1:44.47	05-06
9. Nelson, M. Benson Glaser, Calzada	1:44.88	06-07
10. Thompson, Moyer Adams, M. Benson	1:44.99	08-09

# All-Time Top Times

## 400 Medley Relay

1. Wegner, M. Benson Glaser, Behrens	3:40.98	08-09
9. Liu, Nixt Glaser, Calzada	3:44.09	09-10
2. Peterson, M. Benson Rogers, Breunig	3:44.29	05-06
3. Jensen, Plaminkova Groening, Notbohm	3:46.73	01-02
4. Peterson, Fehl Rogers, Breunig	3:46.93	04-05
5. Schmutge, Plaminkova Dyshaw, Breunig	3:47.29	03-04
6. Wegner, M. Benson Glaser, Breunig	3:47.31	06-07
7. Jensen, Plaminkova Notbohm, Kelinson	3:48.29	00-01
8. Schmutge, Plaminkova Notbohm, Dyshaw	3:50.31	02-03
10. Nogar, Tremblay McDowell, Kelinson	3:51.39	99-00

## 200 Free Relay

1. Glaser, Behrens M. Benson, Calzada	1:32.92	08-09
2. Dyshaw, B. Benson Lindberg, Kelinson	1:32.95	02-03
3. Breunig, Schmutge Dyshaw, B. Benson	1:33.05	03-04
4. Rose, Meyer Fesenmaier, Kelinson	1:33.35	00-01
5. Kelinson, Fesenmaier B. Benson, Meyer	1:33.39	01-02
6. Breunig, Calzada Glaser, Nelson	1:34.02	06-07
7. Liu, Behrens Glaser, Calzada	1:34.30	09-10
8. Breunig, Nelson Lindberg, Peterson	1:34.50	04-05
9. Breunig, Nelson Wieben, Peterson	1:34.54	05-06
10. M. Olson, Luebke Jager, Cervenik	1:34.69	94-95

## 400 Free Relay

1. Notbohm, Meyer B. Benson, Kelinson	3:23.91	01-02
2. Breunig, Calzada Glaser, Nelson	3:24.89	06-07
3. Breunig, B. Benson Lindberg, Dyshaw	3:25.49	03-04
4. Dyshaw, Kelinson B. Benson, Lindberg	3:25.84	02-03
5. Glaser, Calzada Tomek, Behrens	3:25.85	08-09

6. Glaser, Calzada Behrens, Amundsen	3:26.32	07-08
7. Breunig, Nelson Ritchie, Peterson	3:26.52	05-06
8. Notbohm, Rose Meyer, Kelinson	3:26.97	00-01
8. Liu, Behrens Glaser, Tomek	3:26.97	09-10
10. Breunig, Lindberg Nelson, Peterson	3:27.17	04-05

## 800 Free Relay

1. Notbohm, Kelinson Vanek, Plaminkova	7:23.46	02-03
2. Breunig, Calzada Behrens, Walden	7:25.69	06-07
3. Breunig, Ritchie Walden, Peterson	7:25.96	05-06
4. Behrens, Vondenkamp Calzada, Tomek	7:26.50	08-09
5. Notbohm, Groenig Kelinson, Plaminkova	7:28.15	01-02
6. Breunig, Plaminkova Lindberg, Notbohm	7:28.52	03-04
7. Breunig, Lindberg Ritchie, Walden	7:32.34	04-05
8. Kelinson, Vanek McDowell, Plaminkova	7:33.50	00-01
9. Behrens, Vondenkamp Amundsen, Tomek	7:36.62	07-08
10. Behrens, Vondenkamp Thompson, Tomek	7:37.18	09-10

## 1-Meter Diving (Six Dives)

1. Janet Lahti	309.30	85-86
2. Linda Wagner	297.15	03-04
3. Tien Tran	295.00	09-10
4. Hillary Nichols	290.31	03-04
5. Haley Haynes	283.80	05-06
6. Mary Ann eadie	283.35	79-80
7. Katie Grinnell	280.50	92-93
8. Kali Fryklund	279.94	07-08
9. Erin Cowan	271.95	95-96
10. Gail Olson	269.63	04-05

## 3-Meter Diving (Six Dives)

1. Tien Tran	338.55	08-09
2. Katie Grinnell	318.98	93-94
3. Janet Lahti	307.28	86-87
4. Haley Haynes	303.15	05-06
5. Kathy Arndt	301.80	88-89
6. Gail Olson	297.45	04-05
7. Linda Wagner	297.30	03-04
8. Sofie Nilsson	289.95	00-01
9. Nancy Behlmer	289.90	86-87
10. Erin Cowan	289.28	98-99

# All-Time Top Times

## Platform Diving (Five Dives)

1. Hillary Nichols	260.95	04-05
2. Tien Tran	249.35	08-09
3. Haley Haynes	219.90	06-07
4. Kali Fryklund	215.95	07-08
5. Linda Wagner	214.25	03-04
6. Abby Christensen	199.15	09-10
7. Gail Olson	195.85	02-03
8. Katie Herman	195.75	04-05
9. Alicia Adsit	195.30	02-03
10. Sarah Nelson	193.10	09-10

## 1-Meter Diving (Ten Dives)

1. Katie Grinnell	439.55	94-95
2. Gail Olson	403.30	02-03
3. Haley Haynes	398.55	05-06
4. Kathy Arndt	384.90	89-90
5. Linda Wagner	381.25	03-04
6. Heidi Hulbert	379.65	90-91
7. Amy Darda	373.55	91-92
8. Hillary Nichols	372.15	02-03
9. Thea Hoeg	368.95	99-00
10. Allison Wagoner	365.40	99-00

## 3-Meter Diving (Eleven Dives)

1. Katie Grinnell	522.20	94-95
2. Hillary Nichols	492.05	02-03
3. Janet Lahti	478.75	86-87
4. Gail Olson	473.55	02-03
5. Linda Wagner	466.20	01-02
6. Alicia Adsit	464.55	02-03
7. Mary Ann Eadie	453.20	78-79
8. Heidi Hulbert	447.30	89-90
9. Nancy Behlmer	446.45	87-88
10. Anne Hackworthy	439.05	85-86

## Platform Diving (Nine Dives)

1. Hillary Nichols	408.70	04-05
2. Linda Wagner	338.40	03-04
3. Alicia Adsit	325.55	02-03
4. Sofie Nilsson	324.05	00-01
5. Katie Herman	316.10	04-05
6. Thea Hoeg	296.70	99-00
7. Gail Olson	294.60	02-03
8. Megan Flaws	259.85	03-04
9. Jennifer Maupin (eight dives)	212.80	98-99
10. Allison Wagoner (8 dives)	185.80	98-99



SWIMMING & DIVING