



Top Five Times (Thru 2-1-10)

50 Free

1. 0:23.30 Nan Liu- TYR Invite
2. 0:23.44 Abby Glaser- Iowa
3. 0:23.64 Lindsey Behrens- TYR Invite
4. 0:24.03 Sarah Norris- TYR Invite
5. 0:24.12 Frances Calzada- TYR Invite

100 Free

1. 0:50.94 Nan Liu- TYR Invite
2. 0:51.19 Lindsey Behrens- Iowa
3. 0:51.81 Abby Glaser- TYR Invite
4. 0:52.38 Dani Harris- TYR Invite
5. 0:53.00 Frances Calzada- Iowa

200 Free

1. 1:52.41 Lindsey Behrens- TYR Invite
2. 1:52.56 Jenny Vondenkamp- TYR Invite
3. 1:52.75 Megan Thompson- TYR Invite
4. 1:54.22 Chelsea Tomek- Iowa
5. 1:55.73 Kalyan Amundsen- Iowa

500 Free

1. 4:57.08 Megan Thompson- TYR Invite
2. 4:58.71 Jenny Vondenkamp- TYR Invite
3. 5:07.35 Taylor Vieau- TYR Invite
4. 5:08.83 Meredith Doran- Iowa
5. 5:09.00 Hannah McCulley- TYR Invite

1000 Free

1. 10:14.30 Jenny Vondenkamp- Iowa
2. 10:17.00 Megan Thompson- Iowa
3. 10:30.73 Taylor Vieau- Iowa
4. 10:44.44 Meredith Doran- Illinois
5. 10:54.16 Amy Bauer- Nebraska

1650 Free

1. 17:14.50 Megan Thompson- TYR Invite
2. 17:19.04 Jenny Vondenkamp- TYR Invite
3. 17:37.94 Taylor Vieau- TYR Invite
- 4.
- 5.

100 Fly

1. 0:53.55 Nan Liu- TYR Invite
2. 0:54.75 Abby Glaser- Iowa
3. 0:57.96 Sarah Norris- TYR Invite
4. 0:58.09 Tiana Wollin- Iowa
5. 0:58.33 Hannah McCulley- TYR Invite

200 Fly

1. 2:03.30 Nan Liu- Nebraska
2. 2:06.43 Hannah McCulley- Iowa
3. 2:09.19 Meredith Doran- Iowa
4. 2:10.39 Tianna Wollin- Iowa
5. 2:11.14 Taylor Vieau- TYR Invite

100 Back

1. **0:54.21** Nan Liu- Iowa
2. 0:55.85 Dani Harris- TYR Invite
3. 0:58.35 Megan Thompson- TYR Invite
4. 0:58.45 Sarah Norris- TYR Invite
5. 0:58.54 Abby Glaser- TYR Invite

200 Back

1. **1:58.94** Nan Liu- TYR Invite
2. 2:00.56 Dani Harris- TYR Invite
3. 2:03.96 Chelsea Tomek- Iowa
4. 2:05.49 Jenny Vondenkamp- TYR Invite
5. 2:08.60 Sarah Norris- TYR Invite

100 Breast

1. 1:03.57 Jeli Nixt- TYR Invite
2. 1:05.23 Marley Suckow- TYR Invite
3. 1:06.11 Dani Harris- Illinois
4. 1:07.46 Lindsey Frodyma- Iowa
5. 1:09.81 Kalyan Amundsen- Missouri

200 Breast

1. 2:17.25 Dani Harris- TYR Invite
2. 2:21.94 Marley Suckow- TYR Invite
3. 2:22.50 Jeli Nixt- TYR Invite
4. 2:28.01 Lindsey Frodyma- TYR Invite
5. 2:35.70 Jackie Itzen- Iowa

200 Individual Medley

1. 2:02.92 Dani Harris- TYR Invite
2. 2:06.18 Lindsey Behrens- TYR Invite
3. 2:09.79 Jeli Nixt- Iowa
4. 2:11.32 Taylor Vieau- TYR Invite
5. 2:11.33 Lindsey Frodyma- TYR Invite

400 Individual Medley

1. 4:36.97 Taylor Vieau- TYR Invite
2. 4:39.01 Hannah McCulley- TYR Invite
3. 4:40.84 Amy Bauer- TYR Invite
4. 4:41.01 Marley Suckow- TYR Invite
5. 4:43.61 Lindsey Frodyma- TYR Invite

200 Medley Relay

- 1:42.28** TYR Invite
Liu :25.71, Nixt :28.74
Glaser :24.68, Behrens :23.15

400 Medley Relay

- 3:44.09 TYR Invite
Liu :54.31, Nixt 1:03.98
Glaser :54.20, Calzada :51.60

200 Free Relay

- 1:34.30 TYR Invite
Liu :23.39, Behrens :23.66
Glaser :23.54, Calzada :23.71

400 Free Relay

- 3:25.80 Iowa
Liu :51.50, Glaser :51.37
Calzada :52.05, Behrens :50.88

800 Free Relay

- 7:37.18 TYR Invite
Behrens 1:52.74, Vondenkamp 1:52.86
Thompson 1:54.23, Tomek 1:57.35

BOLD = Under NCAA 'B' Standard

1-Meter (Six Dives)

1. **301.34** Tien Tran- Iowa
2. 260.85 Abby Christensen- Iowa
3. 244.45 Sarah Nelson- Intrasquad
4. 243.00 Lauren Naeve- Nebraska
5. 226.95 Jenn Botsch- Intrasquad

3-Meter (Six Dives)

1. **325.95** Tien Tran- Nebraska Invite
2. **283.88** Abby Christensen- Nebraska
3. 261.75 Sarah Nelson- Nebraska Invite
4. 254.70 Jenn Botsch- Nebraska
5. 253.42 Lauren Naeve- Missouri

Platform (Five Dives)

1. **225.75** Tien Tran- Georgia Diving Invitational
2. 199.15 Abby Christensen- Nebraska Invite
3. 193.10 Sarah Nelson- Nebraska Invite
4. 166.45 Justine Anders- Nebraska Invite
5. 165.45 Lauren Naeve- Nebraska Invite

BOLD= NCAA Zone Diving Qualifying Score



Top Five Times (From 08-09 Season)

50 Free

1. 0:23.28 Abby Glaser at Big 12 Champ
2. 0:23.76 Frances Calzada at Big 12
3. 0:24.10 Jeli Nixt at Last Chance
4. 0:24.17 Britt Samuelson at Big 12
5. 0:24.20 Kaly Amundsen at Big 12

100 Free

1. 0:50.73 Lindsey Behrens at Big 12
2. 0:51.13 Abby Glaser at Big 12 Champs
3. 0:51.91 Frances Calzada at Missouri
4. 0:52.88 Mandi Caudle at Big 12 Champ
5. 0:53.12 Kaly Amundsen at Big 12

200 Free

1. 1:49.81 Lindsey Behrens at Big 12
2. 1:51.14 Jenny Vondenkamp at Big 12
3. 1:52.93 Chelsea Tomek at Big 12
4. 1:53.36 Megan Thompson at Last Chance
5. 1:55.32 Meredith Doran at Big 12

500 Free

1. 4:52.96 Megan Thompson at Big 12
2. 4:53.58 Jenny Vondenkamp at Big 12
3. 5:00.79 Chelsea Tomek at Big 12
4. 5:02.58 Taylor Vieau at Big 12 Champs
5. 5:08.10 Meredith Doran at Big 12

1000 Free

1. 10:13.35 Jenny Vondenkamp at Big 12
2. 10:16.30 Megan Thompson at Big 12
3. 10:27.28 Taylor Vieau at Iowa dual
4. 10:40.33 Chelsea Tomek at St. Olaf
5. 10:45.94 Meredith Doran at St. Olaf

1650 Free

1. 16:50.81 Jenny Vondenkamp at Big 12
2. 17:00.79 Megan Thompson at Big 12
3. 17:20.84 Taylor Vieau at Big 12
4. 17:50.83 Jackie Itzen at Big 12 Champs
5. 17:52.45 Chelsea Tomek at Husker In.

100 Fly

1. 0:53.98 Nan Liu Pre-Big 12 Time Trial
2. 0:54.82 Abby Glaser at Big 12 Champs
3. 0:55.25 Lindsey Wegner at Big 12
4. 0:56.19 Lindsey Behrens at Big 12
5. 0:57.77 Mandi Caudle at Big 12 Champ

200 Fly

1. 2:05.45 Abby Glaser at Last Chance
2. 2:05.89 Hannah McCulley at Big 12
3. 2:07.27 Meredith Doran at Big 12
4. 2:07.93 Lindsey Behrens at Husker
5. 2:08.07 Taylor Vieau at Big 12 Champs

100 Back

1. 0:54.11 Nan Liu Pre-Big 12 Time Trial
2. 0:54.96 Lindsay Wegner at Big 12
3. 0:55.98 Megan Thompson at Big 12
4. 0:57.98 Danielle Levings at Big 12
5. 0:58.16 Hannah Smith at Big 12 Champ

200 Back

1. 1:58.64 Nan Liu Pre-Big 12 Time Trial
2. 1:59.90 Lindsay Wegner at Big 12
3. 2:02.17 Chelsea Tomek at Big 12
4. 2:03.41 Jenny Vondenkamp at Last Chance
5. 2:04.66 Danielle Levings at Big 12

100 Breast

1. 1:01.72 Marni Benson at Big 12 Champ
2. 1:01.84 Jeli Nixt at Big 12 Champs
3. 1:04.16 Krista Moyer at Big 12 Champs
4. 1:05.04 Lindsey Frodyma at Big 12
5. 1:07.56 Lindsey Behrens SDSU/WIU

200 Breast

1. 2:15.64 Marni Benson at Big 12 Champ
2. 2:17.49 Jeli Nixt at Big 12 Champs
3. 2:22.18 Krista Moyer at Big 12 Champs
4. 2:23.62 Lindsey Frodyma at Big 12
5. 2:29.79 Maddie Crawford at Big 12

200 Individual Medley

1. 2:03.29 Lindsey Behrens at Big 12
2. 2:04.00 Jeli Nixt at Big 12 Champ
3. 2:04.87 Marni Benson at Big 12 Champ
4. 2:07.43 Lindsey Frodyma at Big 12
5. 2:12.55 Lindsay Wegner Intra Squad

400 Individual Medley

1. 4:28.79 Taylor Vieau at Big 12 Champs
2. 4:33.04 Jackie Itzen at Big 12 Champs
3. 4:37.42 Hannah McCulley at Big 12
4. 4:43.33 Amy Bauer at Big 12 Champs
5. 4:49.75 Lindsey Frodyma SDSU/WIU

200 Medley Relay

- 1:41.14 at Big 12 Championships
Wegner :25.83, Nixt :27.95
Glaser :24.11, Calzada :23.24

400 Medley Relay

- 3:40.98 at Big 12 Championships
Wegner :55.59, Benson 1:01.54
Glaser :54.05, Behrens :49.80

200 Free Relay

- 1:32.92 at Big 12 Championships
Glaser :23.28, Behrens :22.84
Benson :23.48, Calzada :23.32

400 Free Relay

- 3:25.85 at Big 12 Championships
Glaser :51.49, Calzada :51.45
Tomek :52.13, Behrens :50.78

800 Free Relay

- 7:26.50 at Big 12 Championships
Behrens 1:49.81, Vondenkamp 1:51.07
Calzada 1:53.32, Tomek 1:52.30

BOLD = Under NCAA 'B' Standard

1-Meter (Six Dives)

1. 290.10 Tien Tran vs. Northern Iowa
2. 265.60 Kali Fryklund at St. Olaf
3. 249.80 Abby Christensen at St. Olaf

3-Meter (Six Dives)

1. 338.55 Tien Tran vs. Nebraska-Omaha
2. 278.03 Kali Fryklund vs. Northern Iowa
3. 270.75 Abby Christensen vs. Northern Iowa

Platform (Five Dives)

1. 249.35 Tien Tran at Big 12 Champs
2. 211.75 Kali Fryklund at Big 12 Champs
3. 186.25 Abby Christensen at Husker Invite

All-Time Top Times

50 Freestyle

1. Sam Dyshaw	22.98	03-04
2. Abby Glaser	23.05	07-08
3. Nan Liu	23.30	09-10
4. Lauren Breunig	23.37	05-06
5. Rena Kelinson	23.40	01-02
6. Tea Cerkvnik	23.44	94-95
7. Jenn Kollbaum-Adams	23.50	92-93
8. Mikka Olson	23.58	94-95
9. Brita Benson	23.58	02-03
10. Jenni Adams	23.61	90-91
11. Kim Schmugge	23.64	00-01
11. Lindsey Behrens	23.64	09-10
13. Becca Meyer	23.65	01-02
14. Dara Rose	23.74	00-01
15. Jenny Lindberg	23.75	02-03
16. Frances Calzada	23.76	08-09
17. Cassandra Nelson	23.77	06-07
18. Jodel Fesenmaier	23.78	00-01
19. Jennifer Steele	23.94	84-85
20. Nicki Eilers	23.95	01-02

100 Freestyle

1. Lauren Breunig	49.79	06-07
2. Jenn Kollbaum-Adams	50.30	92-93
3. Sam Dyshaw	50.70	02-03
4. Lindsey Behrens	50.73	08-09
5. Abby Glaser	50.76	07-08
6. Nan Liu	50.94	09-10
7. Tea Cerkvnik	50.95	94-95
8. Susanne Notbohm	51.15	01-02
9. Brita Benson	51.29	02-03
10. Rena Kelinson	51.47	02-03
11. Jenny Lindberg	51.65	02-03
12. Erin Luebke	51.69	92-93
13. Becca Meyer	51.87	00-01
14. Frances Calzada	51.91	08-09
15. Jodel Fesenmaier	51.98	98-99
16. Mikka Olsen	52.06	93-94
17. Dara Rose	52.08	00-01
18. Cassandra Nelson	52.30	05-06
19. Donna Braun	52.35	87-88
20. Dani Harris	52.38	09-10

200 Freestyle

1. Lauren Breunig	1:47.73	06-07
2. Lindsey Behrens	1:49.81	08-09
3. Susanne Notbohm	1:50.03	02-03
4. Jenn Kollbaum-Adams	1:50.22	92-93
5. Rena Kelinson	1:50.79	01-02
6. Jenny Vondenkamp	1:51.14	08-09
7. Kristen Vanek	1:52.06	01-02
8. Donna Braun	1:52.21	88-89
9. Tanya Roach	1:52.57	81-82
10. Chelsey Walden	1:52.68	06-07
11. Megan Thompson	1:52.75	09-10

12. Chelsea Tomek	1:52.93	08-09
13. Brita Benson	1:53.01	01-02
14. Jenny Lindberg	1:53.07	03-04
15. Shelly Olson	1:53.12	90-91
16. Sonja Groening	1:53.40	01-02
17. Tami Ritchie	1:53.70	04-05
18. Kelly Yates	1:53.78	99-00
19. Christa Graper	1:54.36	94-95
20. Tea Cerkvnik	1:54.40	94-95

500 Freestyle

1. Chelsey Walden	4:52.30	06-07
2. Megan Thompson	4:52.96	08-09
3. Jenny Vondenkamp	4:53.58	08-09
4. Shelli Olson	4:53.59	90-91
5. Lydia Smirniotis	4:53.95	04-05
6. Tanya Roach	4:56.42	81-82
7. Petra Plaminkova	4:58.11	02-03
8. Kristen Vanek	4:58.44	01-02
9. Lara Skoog	4:58.76	03-04
10. Sonja Groening	4:59.74	01-02
11. Lynn Ellis	4:59.93	81-82
12. Chelsea Tomek	5:00.79	08-09
13. Kelly Yates	5:01.06	99-00
14. Amber McDowell	5:01.92	99-00
15. Shaylyn Green	5:02.26	00-01
16. Taylor Vieau	5:02.58	08-09
17. Cally Voorhees	5:03.22	01-02
18. Melissa Jensen	5:03.88	00-01
19. Rena Kelinson	5:04.49	99-00
20. Donna Braun	5:04.79	90-91

1000 Freestyle

1. Chelsey Walden	10:03.71	06-07
2. Lydia Smirniotis	10:06.70	05-06
3. Lara Skoog	10:07.64	03-04
4. Shelli Olson	10:09.48	90-91
5. Petra Plaminkova	10:12.47	00-01
6. Jenny Vondenkamp	10:13.35	08-09
7. Megan Thompson	10:16.30	08-09
8. Kristen Vanek	10:19.96	01-02
9. Tanya Roach	10:21.09	81-82
10. Sonja Groening	10:24.73	01-02
11. Carmella Nogar	10:25.37	01-02
12. Shaylyn Green	10:25.51	00-01
13. Lynn Ellis	10:26.15	82-83
14. Taylor Vieau	10:27.28	08-09
15. Lynn Campbell	10:27.35	84-85
16. Julie Elwell	10:29.56	89-90
17. Kelly Yates	10:31.67	99-00
18. Betsy Nowak	10:32.98	83-84
19. Rena Kelinson	10:34.36	99-00
20. Alison Kimble	10:34.87	00-01

All-Time Top Times

1650 Freestyle

1. Chelsey Walden	16:41.16	06-07
2. Lydia Smirniotis	16:49.68	05-06
3. Jenny Vondenkamp	16:50.81	08-09
4. Lara Skoog	16:50.93	03-04
5. Shelli Olson	16:58.89	90-91
6. Megan Thompson	17:00.79	08-09
7. Kristin Vanek	17:03.86	02-02
8. Tanya Roach	17:05.89	81-82
9. Lynn Ellis	17:17.86	82-83
10. Shaylyn Green	17:19.13	00-01
11. Taylor Vieau	17:20.84	08-09
12. Julie Elwell	17:22.13	89-90
13. Alison Kimble	17:28.92	00-01
14. Christa Graper	17:29.58	94-95
15. Lynn Campbell	17:34.87	84-85
16. Kelly Yates	17:35.49	99-00
17. Chelsea Tomek	17:38.03	07-08
18. Calley Voorhees	17:38.16	00-01
19. Kim Coburn	17:39.03	93-94
20. Susan Brethorst	17:41.33	02-03

100 Butterfly

1. Nan Liu	53.55	09-10
2. Abby Glaser	54:17	07-08
3. Sonja Groening	54:49	01-02
4. Susanne Notbohm	54.79	01-02
5. Sam Dyshaw	54.99	02-03
6. Karen Groth	55.43	83-84
7. Lindsay Wegner	55.25	08-09
8. Brita Benson	55.87	03-04
9. Lindsey Behrens	56.10	07-08
10. Carmella Nogar	56.23	02-03
11. Kim Schmugge	56.56	03-04
12. Amber McDowell	56.61	00-01
13. Becca Meyer	57.04	01-02
14. Julie Bancroft	57.16	94-95
15. Tami Ritchie	57.42	05-06
16. Kim Rogers	57.47	02-03
17. Emily Welborn	57.53	07-08
18. Mandi Caudle	57.77	08-09
19. Melissa Fender	57.78	05-06
20. Jami Jager	57.91	94-95

200 Butterfly

1. Amber McDowell	2:00.95	01-02
2. Kim Rogers	2:02.00	05-06
3. Nan Liu	2:03.30	09-10
4. Petra Plaminkova	2:03.76	00-01
5. Karen Groth	2:04.09	83-84
6. Carmella Nogar	2:04.12	01-02
7. Tami Ritchie	2:04.30	05-06
8. Sonja Groening	2:04.40	01-02
9. Abby Glaser	2:05.45	08-09
10. Sherry Behan	2:05.50	81-82
11. Lynn Ellis	2:05.50	81-82

12. Hannah McCulley	2:05.89	08-09
13. Lindsey Behrens	2:06.15	07-08
14. Lydia Smirniotis	2:06.42	02-03
15. Meredith Doran	2:07.27	08-09
16. Taylor Vieau	2:08.07	08-09
17. Julie Bancroft	2:08.09	94-95
18. Sarah Schuchmann	2:08.16	84-85
19. A-Lisa Miles	2:09.46	97-98
20. Laura Thorkelson	2:09.48	94-95

100 Backstroke

1. Nan Liu	54.11	08-09
2. Lindsay Wegner	54.96	08-09
3. Maggie Peterson	55.48	04-05
4. Melissa Jensen	55.82	01-02
5. Dani Harris	55.85	09-10
6. Megan Thompson	55.98	08-09
7. Kim Schmugge	56.75	03-04
8. Erin Luebke	56.94	94-95
9. Kelly Lorenz	57.11	97-98
10. Cassandra Nelson	57.63	05-06
11. Jamie Wieben	57.84	02-03
12. Jodel Fesenmaier	57.95	98-99
13. Danielle Levings	57.98	08-09
14. Susanne Notbohm	58.02	00-01
15. Hannah Smith	58.16	08-09
16. Sarah Norris	58.45	09-10
17. Abby Glaser	58.54	09-10
18. Kim Rogers	58.58	05-06
19. Katie Oien	58.59	93-94
20. Nicki Eilers	58.82	01-02

200 Backstroke

1. Nan Liu	1:58.64	08-09
2. Melissa Jensen	1:58.71	01-02
3. Lindsay Wegner	1:59.90	08-09
4. Maggie Peterson	2:00.52	04-05
5. Dani Harris	2:00.56	09-10
6. Kim Rogers	2:00.98	05-06
7. Chelsea Tomek	2:02.17	08-09
8. Jenny Vondenkamp	2:03.41	08-09
9. Jamie Wieben	2:03.86	02-03
10. Kelly Lorenz	2:04.06	97-98
11. Danielle Levings	2:04.66	08-09
12. Carmella Nogar	2:05.39	99-00
13. Katie Oien	2:05.52	93-94
14. Susanne Notbohm	2:05.97	02-03
15. Elizabeth Holman	2:06.19	08-09
16. Emily Welborn	2:07.15	05-06
17. Kim Brekke	2:07.41	93-94
18. Hannah Smith	2:07.49	08-09
19. Kim Coburn	2:08.03	93-94
20. Lesley Hoyle	2:08.33	93-94

All-Time Top Times

100 Breaststroke

1. Marni Benson	1:01.72	08-09
2. Jeli Nixt	1:01.84	08-09
3. Kim Reid	1:02.46	98-99
4. Marie-Eve Tremblay	1:03.80	00-01
5. Krista Moyer	1:04.16	08-09
6. Petra Plaminkova	1:04.18	01-02
7. Jenni Adams	1:04.19	88-89
8. Lindsey Frodyma	1:05.04	08-09
9. Marley Suckow	1:05.23	09-10
10. Tanya Henkels	1:05.65	94-95
11. Shannon Parker	1:06.10	02-03
12. Dani Harris	1:06.11	09-10
13. Amy Rothell	1:06.48	88-89
14. Kelly Schwantz	1:06.71	99-00
15. A-Lisa Miles	1:07.30	99-00
16. Susan Brethorst	1:07.36	94-95
17. Lindsey Behrens	1:07.51	07-08
18. Michelle Sexton	1:07.54	99-00
19. Lisa Fraser	1:07.70	81-82
20. Maddie Crawford	1:07.72	08-09

200 Breaststroke

1. Marni Benson	2:15.64	08-09
2. Petra Plaminkova	2:16.33	03-04
3. Dani Harris	2:17.25	09-10
4. Jeli Nixt	2:17.49	08-09
5. Kim Reid	2:18.08	97-98
6. Marie-Eve Tremblay	2:19.18	98-99
7. A-Lisa Miles	2:20.36	99-00
8. Jenni Adams	2:20.62	88-89
9. Kim Chrun	2:21.74	03-04
10. Marley Suckow	2:21.94	09-10
11. Krista Moyer	2:22.18	08-09
12. Shannon Parker	2:22.34	02-03
13. Kelly Schwantz	2:22.81	00-01
14. Tanya Henkels	2:23.16	95-96
15. Lindsey Frodyma	2:23.62	08-09
16. Amy Rothell	2:23.99	04-05
17. Michelle Sexton	2:24.92	99-00
18. Lauren Breunig	2:24.99	04-05
19. Jenny Droege	2:25.99	89-90
20. Susan Brethorst	2:26.76	94-95

200 Individual Medley

1. Lauren Breunig	2:00.31	06-07
2. Susanne Notbohm	2:01.56	01-02
3. Dani Harris	2:02.92	09-10
4. Lindsey Behrens	2:03.29	08-09
5. Jeli Nixt	2:04.00	08-09
6. Kim Rogers	2:04.18	05-06
7. Petra Plaminkova	2:04.43	00-01
8. Carmella Nogar	2:04.48	01-02
9. Marni Benson	2:04.87	08-09
10. Erin Lubke	2:06.41	94-95
11. A-Lisa Miles	2:06.73	99-00

12. Kim Reid	2:07.35	98-99
13. Lindsey Frodyma	2:07.43	08-09
14. Lindsay Wegner	2:08.76	07-08
15. Kim Brekke	2:09.15	93-94
16. Kelly Schwantz	2:09.28	99-00
17. Amy Rothell	2:09.56	88-89
18. Lynn Ellis	2:09.59	79-80
19. Alison Kimble	2:09.92	99-00
20. Kim Chrun	2:10.24	01-02

400 Individual Medley

1. Petra Plaminkova	4:19.04	01-02
2. Kim Rogers	4:20.45	05-06
3. Carmella Nogar	4:25.34	01-02
4. Lydia Smirniotis	4:27.57	04-05
5. Taylor Vieau	4:28.79	08-09
6. Lauren Breunig	4:30.72	04-05
7. Jackie Itzen	4:31.52	07-08
8. Alison Kimble	4:32.97	00-01
9. A-Lisa Miles	4:33.03	98-99
10. Lindsey Behrens	4:33.07	06-07
11. Robin McCallister	4:33.28	94-95
12. Lynn Ellis	4:33.65	80-81
13. Kim Chrun	4:34.85	01-02
14. Erika Vonout	4:36.03	98-99
15. Julie Elwell	4:36.86	93-94
16. Kim Brekke	4:36.88	93-94
17. Hannah McCulley	4:37.42	08-09
18. Tami Johnson	4:38.49	01-02
19. Brooke Larsen	4:39.27	98-99
20. Sarah Schuchmann	4:39.36	84-85

200 Medley Relay

1. Wegner, Nixt Glaser, Calzada	1:41.14	08-09
2. Liu, Nixt Glaser, Behrens	1:42.28	09-10
3. Schmugge, Plaminkova B. Benson, Dyshaw	1:42.78	03-04
4. Schmugge, Tremblay Notbohm, Meyer	1:43.23	00-01
5. Wegner, M. Benson Glaser, Calzada	1:43.71	07-08
6. Schmugge, Plaminkova Groening, Kelinson	1:43.71	01-02
7. Schmugge, Plaminkova Notbohm, Kelinson	1:43.87	02-03
8. Peterson, M. Benson Wegner, Nelson	1:44.47	05-06
9. Nelson, M. Benson Glaser, Calzada	1:44.88	06-07
10. Thompson, Moyer Adams, M. Benson	1:44.99	08-09

All-Time Top Times

400 Medley Relay

1. Wegner, M. Benson Glaser, Behrens	3:40.98	08-09
2. Liu, Nixt Glaser, Calzada	3:44.09	09-10
3. Peterson, M. Benson Rogers, Breunig	3:44.29	05-06
4. Jensen, Plaminkova Groening, Notbohm	3:46.73	01-02
5. Peterson, Fehl Rogers, Breunig	3:46.93	04-05
6. Schmutge, Plaminkova Dyshaw, Breunig	3:47.29	03-04
7. Wegner, M. Benson Glaser, Breunig	3:47.31	06-07
8. Jensen, Plaminkova Notbohm, Kelinson	3:48.29	00-01
9. Schmutge, Plaminkova Notbohm, Dyshaw	3:50.31	02-03
10. Nogar, Tremblay McDowell, Kelinson	3:51.39	99-00

200 Free Relay

1. Glaser, Behrens M. Benson, Calzada	1:32.92	08-09
2. Dyshaw, B. Benson Lindberg, Kelinson	1:32.95	02-03
3. Breunig, Schmutge Dyshaw, B. Benson	1:33.05	03-04
4. Rose, Meyer Fesenmaier, Kelinson	1:33.35	00-01
5. Kelinson, Fesenmaier B. Benson, Meyer	1:33.39	01-02
6. Breunig, Calzada Glaser, Nelson	1:34.02	06-07
7. Liu, Behrens Glaser, Calzada	1:34.30	09-10
8. Breunig, Nelson Lindberg, Peterson	1:34.50	04-05
9. Breunig, Nelson Wieben, Peterson	1:34.54	05-06
10. M. Olson, Luebke Jager, Cervenik	1:34.69	94-95

400 Free Relay

1. Notbohm, Meyer B. Benson, Kelinson	3:23.91	01-02
2. Breunig, Calzada Glaser, Nelson	3:24.89	06-07
3. Breunig, B. Benson Lindberg, Dyshaw	3:25.49	03-04
4. Liu, Glaser Calzada, Behrens	3:25.80	09-10
5. Dyshaw, Kelinson B. Benson, Lindberg	3:25.84	02-03

6. Glaser, Calzada Tomek, Behrens	3:25.85	08-09
7. Glaser, Calzada Behrens, Amundsen	3:26.32	07-08
8. Breunig, Nelson Ritchie, Peterson	3:26.52	05-06
9. Notbohm, Rose Meyer, Kelinson	3:26.97	00-01
10. Breunig, Lindberg Nelson, Peterson	3:27.17	04-05

800 Free Relay

1. Notbohm, Kelinson Vanek, Plaminkova	7:23.46	02-03
2. Breunig, Calzada Behrens, Walden	7:25.69	06-07
3. Breunig, Ritchie Walden, Peterson	7:25.96	05-06
4. Behrens, Vondenkamp Calzada, Tomek	7:26.50	08-09
5. Notbohm, Groenig Kelinson, Plaminkova	7:28.15	01-02
6. Breunig, Plaminkova Lindberg, Notbohm	7:28.52	03-04
7. Breunig, Lindberg Ritchie, Walden	7:32.34	04-05
8. Kelinson, Vanek McDowell, Plaminkova	7:33.50	00-01
9. Behrens, Vondenkamp Amundsen, Tomek	7:36.62	07-08
10. Behrens, Vondenkamp Thompson, Tomek	7:37.18	09-10

1-Meter Diving (Six Dives)

1. Janet Lahti	309.30	85-86
2. Tien Tran	301.34	09-10
3. Linda Wagner	297.15	03-04
4. Hillary Nichols	290.31	03-04
5. Haley Haynes	283.80	05-06
6. Mary Ann Eadie	283.35	79-80
7. Katie Grinnell	280.50	92-93
8. Kali Fryklund	279.94	07-08
9. Erin Cowan	271.95	95-96
10. Gail Olson	269.63	04-05

3-Meter Diving (Six Dives)

1. Tien Tran	338.55	08-09
2. Katie Grinnell	318.98	93-94
3. Janet Lahti	307.28	86-87
4. Haley Haynes	303.15	05-06
5. Kathy Arndt	301.80	88-89
6. Gail Olson	297.45	04-05
7. Linda Wagner	297.30	03-04
8. Sofie Nilsson	289.95	00-01
9. Nancy Behlmer	289.90	86-87
10. Erin Cowan	289.28	98-99

All-Time Top Times

Platform Diving (Five Dives)

1. Hillary Nichols	260.95	04-05
2. Tien Tran	249.35	08-09
3. Haley Haynes	219.90	06-07
4. Kali Fryklund	215.95	07-08
5. Linda Wagner	214.25	03-04
6. Abby Christensen	199.15	09-10
7. Gail Olson	195.85	02-03
8. Katie Herman	195.75	04-05
9. Alicia Adsit	195.30	02-03
10. Sarah Nelson	193.10	09-10

1-Meter Diving (Ten Dives)

1. Katie Grinnell	439.55	94-95
2. Gail Olson	403.30	02-03
3. Haley Haynes	398.55	05-06
4. Kathy Arndt	384.90	89-90
5. Linda Wagner	381.25	03-04
6. Heidi Hulbert	379.65	90-91
7. Amy Darda	373.55	91-92
8. Hillary Nichols	372.15	02-03
9. Thea Hoeg	368.95	99-00
10. Allison Wagoner	365.40	99-00

3-Meter Diving (Eleven Dives)

1. Katie Grinnell	522.20	94-95
2. Hillary Nichols	492.05	02-03
3. Janet Lahti	478.75	86-87
4. Gail Olson	473.55	02-03
5. Linda Wagner	466.20	01-02
6. Alicia Adsit	464.55	02-03
7. Mary Ann Eadie	453.20	78-79
8. Heidi Hulbert	447.30	89-90
9. Nancy Behlmer	446.45	87-88
10. Anne Hackworthy	439.05	85-86

Platform Diving (Nine Dives)

1. Hillary Nichols	408.70	04-05
2. Linda Wagner	338.40	03-04
3. Alicia Adsit	325.55	02-03
4. Sofie Nilsson	324.05	00-01
5. Katie Herman	316.10	04-05
6. Thea Hoeg	296.70	99-00
7. Gail Olson	294.60	02-03
8. Megan Flaws	259.85	03-04
9. Jennifer Maupin (eight dives)	212.80	98-99
10. Allison Wagoner (8 dives)	185.80	98-99



SWIMMING & DIVING