

IOWA STATE TRACK & FIELD CLASSIC

Tentative Time Schedule

February 12-14, 2009

Thursday, February 12th – Heptathlon/Pentathlon Only – Tentative Time Schedule

12:30 PM	55 Meter Hurdles	Women	Pentathlon
12:45 PM	55 Meter Dash	Men	Heptathlon
1:10 PM	High Jump	Women	Pentathlon
1:30 PM	Long Jump	Men	Heptathlon
2:45 PM	Shot Put	Men	Heptathlon
3:15 PM	Shot Put	Women	Pentathlon
3:45 PM	High Jump	Men	Heptathlon
4:15 PM	Long Jump	Women	Pentathlon
5:15 PM	800 Meter Run	Women	Pentathlon

Friday February 13th – Heptathlon/Pentathlon – Tentative Time Schedule

9:00 AM	55 Meter Hurdles	Men	Heptathlon
9:45 AM	Pole Vault	Men	Heptathlon
11:00 PM	1,000 Meter Run	Men	Heptathlon

Field Events

1:30 PM	Pole Vault	Women	Unseeded
1:30 PM	Weight Throw	Women	
2:00 PM	Long Jump	Women	West Pit
2:00 PM	High Jump	Women	Unseeded
2:00 PM	Long Jump	Men	East Pit
5:00 PM	Weight Throw	Men	
5:00 PM	High Jump	Men	Unseeded
5:00 PM	Pole Vault	Men	Seeded

Running Events

3:05 PM	Distance Medley Relay	Women	
3:30 PM	Distance Medley Relay	Men	
4:00 PM	5,000 meter run	Women	Unseeded
4:40 PM	5,000 meter run	Men	Unseeded
5:40 PM	200 meter dash	Women	Final
6:30 PM	200 meter dash	Men	Final
7:20 PM	3,000 meter run	Women	Unseeded
7:55 PM	3,000 meter run	Men	Unseeded

Saturday, February 14th

Morning Session

10:00 AM	Mile run	Women	Unseeded
10:15 AM	Mile run	Men	Unseeded
10:30 AM	800 meter run	Women	Unseeded
10:45 AM	800 meter run	Men	Unseeded
11:10 AM	400 meter dash	Women	Unseeded
11:25 AM	400 meter dash	Men	Unseeded
11:45 PM	60 meter Hurdles	Men	Prelims
11:55 PM	60 meter Hurdles	Women	Prelims
12:10 PM	60 meter dash	Women	Prelims
12:35 PM	60 meter dash	Men	Prelims

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Revised Schedule (Note Time Changes)
February 14-16, 2008

Saturday, February 14th
Afternoon Session

Field Events

12:30 PM	High Jump	Women	Seeded
11:00 AM	Triple Jump	Women	
10:00 AM	Shot Put	Women	
10:00 AM	Pole Vault	Men	Unseeded
2:30 PM	Triple Jump	Men	
3:00 PM	Shot Put	Men	
2:30 PM	High Jump	Men	Seeded
2:00 PM	Pole Vault	Women	Seeded

Running Events

1:00 PM	600 yard dash	Women	
1:10 PM	600 yard dash	Men	
1:25 PM	Mile run	Women	Seeded
1:50 PM	Mile run	Men	Seeded
2:15 PM	5,000 meter run	Women	Seeded
2:35 PM	5,000 meter run	Men	Seeded
2:55 PM	60 meter Hurdles	Women	Final
3:00 PM	60 meter Hurdles	Men	Final
3:05 PM	Masters Race	400 Meter Dash	
3:10 PM	400 meter dash	Women	
3:35 PM	400 meter dash	Men	
4:20 PM	60 Meter Dash	Women	Final
4:25 PM	60 Meter Dash	Men	Final
4:30 PM	800 meter run	Women	
4:55 PM	800 meter run	Men	
5:25 PM	3,000 meter run	Women	Seeded
5:40 PM	3,000 meter run	Men	Seeded
5:45 PM	4 x 400 meter relay	Women	
6:35 PM	4 x 400 meter relay	Men	