

Girls  
Ames, IA  
Results

Event 1 Girls Long Jump

Meet: % 19-04 1994		Tashika Lewis, Des Moines North	
Name	Year School	Finals	
1	Ana Morgan	Roland-Story	16-08.00 5.08m
2	Jazmine Dupee	Waukee	16-07.00 5.05m
3	Becky Gesell	Riceville	16-05.00 5.00m
4	Jill Ziskovsky	Dallas Cente	16-04.50 4.99m
5	Megan Baker	East Marshal	16-02.25 4.93m
6	Stephanie Carroll	Mason City	16-01.00 4.90m
7	Taylor Gowey	Johnston	J16-01.00 4.90m
8	Chelsie Dailey	Harlan	16-00.50 4.88m
9	Casie Christensen	North Polk	16-00.25 4.88m
10	Denise Dawson	Harlan	15-11.50 4.86m
11	Lexie Oman	Wdm Valley	15-10.25 4.83m
12	Mwale Kapande	Mt. Pleasant	15-07.75 4.76m
13	Maria Moeckly	North Polk	15-07.00 4.74m
14	Emily Marnin	W Cent Valley	15-06.00 4.72m
15	Stephanie Bentley	Riverside	15-05.25 4.70m
16	Joelle Lyman	South Tama T	15-02.75 4.64m
17	Steph Russell	North Cedar	14-11.25 4.55m
18	Danielle McCartan	Emmetsburg	14-10.50 4.53m
19	Johanna Smith	Hudson	14-10.00 4.52m
20	Mikayla Overturf	Ns-Rf	14-09.75 4.51m
21	Jalesa Vopova	Marshalltown	14-09.25 4.50m
22	Brittany Schmacker	Waukee	14-08.75 4.48m
23	Kristen Borcharding	Shenandoah	14-07.75 4.46m
24	Jessica Nunemaker	CR Prairie	14-06.75 4.43m
25	Ashley McGinnis	Shenandoah	14-06.50 4.43m
25	Jamie Wirtes	Hampton-Dumo	14-06.50 4.43m
25	Katie Kever	Ankeny	14-06.50 4.43m
28	Mikaela Pruismann	Webster City	14-06.00 4.41m
29	Lindsey Bruns	Cal-Latimer	14-05.00 4.39m
30	Ashley Wilkinson	City High	14-04.50 4.38m
31	Jessica Hale	Ventura	14-04.00 4.36m
31	Rachel Coppinger	Saint Edmond	14-04.00 4.36m
31	Katie Cole	Fort Dodge	14-04.00 4.36m
34	Alisha Wignall	East Marshal	14-03.75 4.36m
35	Haddie Vawter	Bcluw Comets	14-02.25 4.32m
36	Haley Brostrom	Oskaloosa	14-01.25 4.29m
36	Autumn Thompson	Ames	14-01.25 4.29m
38	Amanda Aukes	Cmb	14-00.50 4.27m
39	Julia Motz	Mason City	14-00.25 4.27m
40	Kaley Imhoff	Ventura	13-11.75 4.26m
41	Emily Ries	Xavier High	13-11.25 4.24m
42	Victoria Whitaker	Wdm Valley	13-11.00 4.24m
42	Jenny Meyer	Indianola Gi	13-11.00 4.24m
44	Bailey Bone	Monticello	13-10.50 4.22m
44	Jill Martin	Denison-Schl	13-10.50 4.22m
46	Monica Madsen	Cmb	13-10.25 4.22m
46	Nikki Pasker	North Linn	13-10.25 4.22m
48	Hannah Brietbach	Xavier High	13-10.00 4.21m
49	McKristie Jeske	Eagle Grove	13-09.75 4.21m
50	Samantha Jungman	Johnston	13-08.50 4.17m
51	Maura Wiebers	Denison-Schl	13-08.25 4.17m

52	Kelsey Harmon	Iowa Falls A	13-07.75	4.15m
52	Kaci Welsch	Monticello	13-07.75	4.15m
54	Emma Stevenson	clarion-gold	13-06.25	4.12m
54	Ashley Willard	Eagle Grove	13-06.25	4.12m
56	Brittney Vetter	Ar-We-Va	13-04.75	4.08m
57	Allie Bianchi	Saint Edmond	13-03.50	4.05m
58	Lindsey DeLude	Hampton-Dumo	13-03.25	4.04m
59	Zoe Kapande	Mt. Pleasant	13-01.50	4.00m
59	Kendra Spurgeon	Ottumwa	13-01.50	4.00m
61	Beth Mrstik	Clear Creek	13-01.00	3.98m
62	Janelle Schnack	Riverside	13-00.75	3.98m
63	Passion Mure	East Waterloo	13-00.50	3.97m
64	Sasha Backhaus	Ar-We-Va	12-11.75	3.95m
65	Lexie Hagerty	South Tama T	12-11.50	3.94m
66	Anna Armstrong	Ankeny	12-09.50	3.89m
67	Holly Hofmaster	Laurens-Mara	12-09.00	3.88m
68	Grace Christensen	Laurens-Mara	12-08.75	3.87m
69	Carrie Bell	Marshalltown	12-08.25	3.86m
70	Chelsea Morris	Madrid	12-08.00	3.86m
70	Amy Monat	North Tama	12-08.00	3.86m
72	Stacie Townsend	Pcm	12-06.75	3.82m
72	Kaylee Jeske	Fort Dodge	12-06.75	3.82m
74	Kristin Bailey	Earlham	12-05.25	3.79m
74	Victoria Swanstrom	Ottumwa	12-05.25	3.79m
76	Stacey Wynkoop	North Cedar	12-03.50	3.74m
77	Breezy Teymer	North Linn	12-03.25	3.74m
78	Marissa Roberts	Indianola Gi	12-00.00	3.65m
79	Hannah Feeney	City High	11-11.75	3.65m
79	Heather Durham	clarion-gold	11-11.75	3.65m
81	Chelsea Greiner	Cardinal Hig	11-09.25	3.58m
82	Jamie Imboden	Earlham	11-07.25	3.53m
83	Ashley Wolfe	Hudson	11-02.00	3.40m
84	Monica Smith	Clear Creek	11-01.75	3.39m
85	Becca Oberender	Iowa Falls A	11-00.25	3.35m
86	Cassie Peterson	North Tama	10-06.75	3.21m
87	Jessica Beaman	East Greene	8-11.00	2.71m

Event 2 Girls Shot Put

Meet: % 44-07 1994		Chrissy Wray, Glenwood		
Name	Year	School	Finals	
1	Danica Haight	Iowa City We	46-11.50%	14.31m
2	Taylor Freeman	Iowa City We	42-06.25	12.96m
3	Elsara Greer	East Waterloo	39-10.75	12.16m
4	Allie Ziskovsky	CR Prairie	39-02.25	11.94m
5	Heidi Tobin	Beckman	38-10.75	11.85m
6	Lynn Carlson	Cherokee	38-10.50	11.84m
7	Traci Harms	Hampton-Dumo	38-09.50	11.82m
8	Rachel Williams	CR Prairie	38-01.25	11.61m
9	Krull Erica	North Butler	37-05.25	11.41m
10	Jessie Fevold	Webster City	37-00.00	11.27m
11	Morgan Myers	Harlan	36-05.00	11.09m
12	Karie Downing	Ottumwa	36-03.75	11.06m
13	Megan Brandt	Webster City	35-09.00	10.89m
14	Danielle McNally	Mfl MarMac	35-03.25	10.75m
14	Sara Hodgins	Hudson	35-03.25	10.75m
16	Brittney Chapman	Okoboji	35-01.75	10.71m
17	Jennifer Clubb	Pekin	34-03.75	10.45m
18	Kayla Muyskens	Panorama	34-02.75	10.43m
19	Morgan Roland	DM East	34-02.00	10.41m
20	Emily Gilbert	Pcm	34-00.00	10.36m

21	Madison Crow	Mason City	33-09.00	10.28m
22	Katie Watson	W Cent Valley	33-07.00	10.23m
23	Ashley Himes	North Cedar	33-03.50	10.14m
24	Sydney Rabon	Roosevelt	33-02.00	10.10m
25	Ashley Ewalt	Marshalltown	32-10.50	10.02m
26	Amy Horras	Pekin	32-10.00	10.00m
27	Kirsten Stidham	Glidden-Rals	32-09.75	10.00m
28	Krystal Page	Clarke	32-09.25	9.98m
29	Taylor Christiansen	Cal-Latimer	32-09.00	9.98m
30	Kristen Gaffey	Iowa City Re	32-08.00	9.95m
31	Katelyn Anderson	Saint Edmond	32-03.00	9.82m
32	Sarah Sutherland	Knoxville	32-02.50	9.81m
33	Meredith Pace	Johnston	32-02.00	9.80m
34	Jesse Sampson	Cmb	32-01.50	9.79m
35	Jasmine Harris	Ames	32-00.00	9.75m
36	Angie Mullenbach	East Marshal	31-07.25	9.63m
37	Alisa Winquist	Glenwood	31-06.50	9.61m
38	Danielle Oliver	DM East	31-04.50	9.56m
39	Jenn Pieper	Fort Dodge	30-11.75	9.44m
40	Danielle Ullrich	Denison-Schl	30-10.25	9.40m
41	Brooke Hendricks	Burlington	30-10.00	9.39m
42	Alicia Davidson	Ankeny	30-07.00	9.32m
43	Kylie McCready	Riverside	30-06.75	9.31m
44	Vanessa Buie	Wdm Valley	30-02.50	9.20m
45	Brittini Miller	Hampton-Dumo	30-02.25	9.20m
46	Brittany Buren	Ar-We-Va	30-01.00	9.16m
47	Allison Nagel	Saint Edmond	30-00.50	9.15m
48	Stephanie Hansen	Mason City	30-00.25	9.15m
49	Dana Shappell	Mt. Pleasant	29-07.75	9.03m
50	Jesssisca Heilig	Harlan	29-07.50	9.02m
51	Amber waring	North Linn	29-07.25	9.02m
51	Kyann Pillard	North Linn	29-07.25	9.02m
53	Jesse Borton	Roland-Story	29-06.50	9.00m
54	Riley Dawson	Cmb	29-04.25	8.94m
55	Melissa Abrahamson	Wbm/Trv	29-04.00	8.94m
56	Amanda Pearson	Cardinal Hig	29-02.00	8.89m
57	Heather Brown	Knoxville	29-01.25	8.87m
58	Katie Bailey	Indianola Gi	29-01.00	8.86m
59	Katelyn Suntken	Cal-Latimer	29-00.50	8.85m
60	Emily Messerly	Waukee	28-09.50	8.77m
61	Allison Banwart	Wbm/Trv	28-09.00	8.76m
62	Heather Blum	Ar-We-Va	28-06.75	8.70m
63	Morgan Swanson	Roland-Story	28-06.50	8.69m
64	Ashley Vonk	Oskaloosa	28-04.50	8.64m
65	Jesseka Kaldenberg	Ankeny	28-04.25	8.64m
66	Krista Morris	Bcluw Comets	28-02.75	8.60m
67	Ashley Meyer	Oskaloosa	28-02.00	8.58m
68	Alex Whitters	clarion-gold	27-11.00	8.50m
68	Emma Macy	Bcluw Comets	27-11.00	8.50m
70	Jessica Scott	W Cent Valley	27-08.50	8.44m
71	Samantha Lyon	Pomeroy	27-08.00	8.43m
71	Jesscia Hemann	Panorama	27-08.00	8.43m
73	Emily Schmitz	Independence	27-07.25	8.41m
74	Mary DeVries	Pella	27-07.00	8.40m
75	Lisa Saunders	Adm Adel	27-06.00	8.38m
76	Callie Bergen	Hudson	27-05.75	8.37m
77	Allison Tim	Ames	27-04.50	8.34m
78	Shayla Stephens	Riverside	27-04.00	8.33m
79	Danielle Hudson	Johnston	27-03.75	8.32m
80	Lacey Wynkoop	North Cedar	27-03.00	8.30m
81	Addie Cook	Waukee	27-01.00	8.25m
82	Lorelei Feske	Eagle Grove	26-11.50	8.21m

83	Kelsey Kolb	clarion-gold	26-11.00	8.20m
84	Alyssa Anderson	Cal-Latimer	26-10.00	8.17m
85	Jordan Ruhr	Glenwood	26-07.75	8.12m
86	Maggie Maher	Fort Dodge	26-05.00	8.05m
87	Bobbie Holterman	East Greene	26-04.25	8.03m
88	Whitney Schumacher	Perry	26-01.00	7.95m
89	Katelyn Schany	Emmetsburg	26-00.50	7.93m
90	Sarah Miller	Adm Adel	26-00.00	7.92m
90	Ellen Held	Roosevelt	26-00.00	7.92m
92	Samantha Johnson	Dallas Cente	25-11.75	7.91m
93	Jill Erickson	Pomeroy	25-09.00	7.84m
93	Cay Leytham-Powell	Urbandale	25-09.00	7.84m
95	Tracy Travis	Iowa Falls A	25-08.00	7.82m
96	Cassie Bardole	East Greene	25-06.75	7.79m
97	Alyssa McMullen	Earlham	25-01.50	7.65m
98	Colette Kotz	Ventura	25-00.00	7.62m
98	Cassie Clark	Pella	25-00.00	7.62m
98	Alicia Ullrich	Denison-Schl	25-00.00	7.62m
101	Shelby Krause	Emmetsburg	24-08.00	7.51m
102	Elizabeth Smith	City High	24-06.50	7.48m
103	Christa Saul	Ventura	24-03.50	7.40m
104	Boehm Alyssa	Urbandale	23-11.50	7.30m
105	Kelsey Upah	North Tama	23-11.00	7.28m
106	Tanya Sherriff	Norwalk	23-09.75	7.25m
107	Lexie Hagerty	South Tama T	23-06.00	7.16m
108	Ada Ramirez	Laurens-Mara	23-01.50	7.04m
109	Stephanie Ferry	Eagle Grove	23-01.00	7.03m
110	Keeley Heck	Perry	23-00.50	7.02m
111	Molly Francy	Mt. Pleasant	22-05.00	6.83m
112	Tara Polzin	Iowa Falls A	22-03.00	6.78m
113	Brooke Johnson	North Tama	21-08.25	6.61m
114	Maleah Brown	Madrid	20-02.00	6.14m
115	Rachel Hefel	Iowa City Re	19-00.50	5.80m
116	Erin Fischer	Madrid	18-10.00	5.74m
117	Ellen Greene	Norwalk	18-01.00	5.51m
--	Emily Cory	North Polk	FOUL	

Event 3 Girls High Jump

Meet: % 5-08.75 3/14/2005 Tiffanie Synacek, Thomas Jeffe				
Name	Year	School	Finals	
1	Tiffanie Synacek	Thomas Jeffe	5-06.00	1.67m
2	Jordon Andreassen	North Polk	5-04.00	1.62m
3	Gaby Johnson	Chariton	5-03.00	1.60m
4	Rachel Peters	CR Prairie	J5-03.00	1.60m
5	Alli Williams	Waukee	5-01.00	1.54m
6	Caitlin Wilson	Riverside	5-00.00	1.52m
7	Lauren Lindaman	Wdm Valley	J5-00.00	1.52m
8	Trisha Carpenter	Waukee	J5-00.00	1.52m
8	Brittany Melloy	Mt. Pleasant	J5-00.00	1.52m
8	Abbey Adkins	Ames	J5-00.00	1.52m
8	Claire Bristow	Glenwood	J5-00.00	1.52m
12	Jade Condon	Saint Edmond	J5-00.00	1.52m
12	Emily Cory	Indianola Gi	J5-00.00	1.52m
14	Natalie Massey	North Cedar	4-10.00	1.47m
14	Allison Pederson	Roosevelt	4-10.00	1.47m
14	Kelli Massengale	South Tama T	4-10.00	1.47m
14	Liz Ahrendsen	clarion-gold	4-10.00	1.47m
14	Jocelyn Kock	Ar-We-Va	4-10.00	1.47m
19	Laura Nierman	Iowa City We	4-08.00	1.42m
19	Alecia Boysen	Monticello	4-08.00	1.42m

19	Mariah Hopkins	Ottumwa	4-08.00	1.42m
19	Allison Shipley	Pekin	4-08.00	1.42m
19	Lora Huber	Hudson	4-08.00	1.42m
19	Clancy Hosch	Monticello	4-08.00	1.42m
19	Cathleen Andresen	Ankeny	4-08.00	1.42m
19	Jessica Wallace	Knoxville	4-08.00	1.42m
19	Erin Kelley	Ns-Rf	4-08.00	1.42m
19	Molly Gunn	Xavier High	4-08.00	1.42m
19	Nicole Boesenberg	North Cedar	4-08.00	1.42m
19	Jessica Tran	DM East	4-08.00	1.42m
19	Riley Dawson	Cmb	4-08.00	1.42m
19	Katy Sexton	Clear Creek	4-08.00	1.42m
19	Toni Scheloski	W Cent Valley	4-08.00	1.42m
19	Sara Cooper	Gmg	4-08.00	1.42m
19	Deana Bolumbu	CR Prairie	4-08.00	1.42m
19	Erika Reichart	Riverside	4-08.00	1.42m
19	Makenzie Keehn	Cal-Latimer	4-08.00	1.42m
19	Erica Luetje	Ar-We-Va	4-08.00	1.42m
39	Megan Mulneaux	North Linn	4-06.00	1.37m
39	Miranda Peyton	North Linn	4-06.00	1.37m
39	Chelsea Mathews	Ventura	4-06.00	1.37m
39	Shayla Bradley	Saint Edmond	4-06.00	1.37m
39	Leah Thiessen	Wdm Valley	4-06.00	1.37m
39	Hannah Safford	Norwalk	4-06.00	1.37m
39	Morgan Halupnick	North Tama	4-06.00	1.37m
39	Amy Rosenbaum	Ns-Rf	4-06.00	1.37m
39	Natasia Mitchell	Harlan	4-06.00	1.37m
39	Allie Leiker	Glenwood	4-06.00	1.37m
39	Abi Weidmann	Iowa Falls A	4-06.00	1.37m
39	Lexi Vandenberg	Ankeny	4-06.00	1.37m
39	Emily Lechtenberg	Denison-Schl	4-06.00	1.37m
39	Chanelle Bunger	East Waterloo	4-06.00	1.37m
39	Laura Hilby	Johnston	4-06.00	1.37m
39	Shelby Heuton	Laurens-Mara	4-06.00	1.37m
55	Liz Chadwick	Thomas Jeffe	4-04.00	1.32m
55	Amber Smith	Ventura	4-04.00	1.32m
55	Justine Eiten	Denison-Schl	4-04.00	1.32m
55	Katelyn Rew	City High	4-04.00	1.32m
55	Karissa McCurn	City High	4-04.00	1.32m
55	Whitney Riley	clarion-gold	4-04.00	1.32m
55	Libby Wilwert	Iowa Falls A	4-04.00	1.32m
55	Sami Henke	Hudson	4-04.00	1.32m
55	Kim Scarbrough	Mt. Pleasant	4-04.00	1.32m
64	Colby Lindsey	Johnston	4-02.00	1.27m
64	Katie Barton	Dallas Cente	4-02.00	1.27m
64	Malarie Gilley	East Greene	4-02.00	1.27m
64	Leisha Box	Bcluw Comets	4-02.00	1.27m
--	Angela Beckwith	Ames	NH	
--	Courtney Kingery	Knoxville	NH	
--	Lacey Heater	East Greene	NH	

Event 4 Girls 3000 Meter Run

Meet: % 9:51.20 2000		Michelle Lilenthal, Iowa City High	
Name	Year School	Finals	
1	Kara Nelson	Cherokee	10:39.31
2	Madie Hubbell	Roosevelt	10:40.59
3	Katie Thompson	Fort Dodge	10:51.81
4	Kayla Marsh	Rockwell-Swa	10:52.01
5	Alyssa Tolliver	Norwalk	10:53.23
6	Jill Lageshulte	Marshalltown	10:53.41

7	Obsie Birru	Johnston	11:01.56
8	Alissa Duffy	Wdm Valley	11:08.11
9	Laura Sigmund	South Hamilt	11:21.79
10	Alexa Andersson	North Cedar	11:22.96
11	Alyssa Driscoll	Xavier High	11:23.00
12	Tabitha Shephard	Corning	11:23.03
13	Alycia Preston	Marshalltown	11:24.56
14	Christine Skopec	Iowa City We	11:25.33
15	Melissa Erickson	Mt. Pleasant	11:26.85
16	Morgan Kayvan	Keokuk High	11:27.28
17	Kelsey Mitchell	Roosevelt	11:31.07
18	Alyse Herr	Nodaway Vall	11:31.08
19	Susie Kuhl	Bcluw Comets	11:32.69
20	Jennifer Hosack	Harlan	11:32.70
21	Katie Hemesath	Wahlert Cath	11:32.75
22	Jessica Clark	West Harrison	11:36.41
23	Amanda Vorthmann	Riverside	11:40.98
24	Paige Comentino	Ns-Rf	11:46.48
25	Megan Stratton	Cmb	11:53.06
26	Britnee Konicek	Gmg	11:57.19
27	Kelly Peddy	Ankeny	11:58.63
28	Lauren Stokke	Gilbert	12:00.42
29	Brittany Betts	Gilbert	12:01.33
30	Missey Tegtmeier	clarion-gold	12:07.45
31	Samantha McConeghey	Johnston	12:21.66
32	Michelle Klobassa	Riceville	12:25.82
33	Katie O'Keefe	Urbandale	12:29.60
34	Daphne Baumgartner	Perry	12:30.49
35	Scotti Schon	Waukon	12:31.31
36	Anna Hastings	Panorama	12:33.84
37	Kristina Tranel	Wahlert Cath	12:36.90
38	Emma Nelson	Pekin	12:37.25
39	Lindsey Niffenegger	Wdm Valley	12:37.86
40	Trama Giermann	Ar-We-Va	12:40.05
41	Sarah Bechtel	Ankeny	12:41.45
42	Hanah Hart	Clarke	12:42.88
43	Kelsey Erbes	Bcluw Comets	12:43.77
44	Sarah Dickenson	Oskaloosa	12:44.03
45	Emily Long	Webster City	12:44.07
46	Kylie Van Houten	DM Hoover	12:45.85
47	Chelsea Hanson	Hudson	12:46.74
48	Lindsay McFarland	City High	12:47.59
49	Lindsey Schwarck	Riceville	12:51.82
50	Alex Thomas	Knoxville	12:55.03
51	Torin Mallonee	Xavier High	12:56.02
52	Paige Mohr	Ar-We-Va	12:59.18
53	Tiffany Sluik	Mason City	13:00.42
54	Carrie Pieper	Adm Adel	13:04.53
55	Christa Riecks	Iowa Falls A	13:14.31
56	Faith Richard	Denison-Schl	13:14.75
57	Breanna Dernyck	North Cedar	13:16.34
58	Emily Neese	East Greene	13:16.93
59	Brittany Boehnke	Ventura	13:20.27
60	Amanda Adair	Glenwood	13:23.12
61	Kayla Kurt	Monticello	13:24.48
62	Lori Klootwyk	Knoxville	13:25.73
63	Hannah Kono	Waukee	13:26.51
64	Shalynn Ebelsheiser	Ottumwa	13:27.46
65	Ashton Benson	Pekin	13:28.03
66	April Rundquist	Mt. Pleasant	13:28.87
67	Lindsay Canfield	Hudson	13:31.65
68	Erica Johnson	Indianola Gi	13:32.86

69	Brandi Cox	Panorama	13:35.11
70	Shay Barcus	North Polk	13:35.71
71	Jenny English	East Marshal	13:37.47
72	Lindsey Cooney	Indianola Gi	13:39.12
73	Chelsea Chubbuck	Pcm	13:40.79
74	Brittany Perkins	CR Prairie	13:52.49
75	Andrea Boose	East Waterlo	14:02.04
76	Amanda Reece	Adm Adel	14:03.08
77	Brianna Crockett	Ottumwa	14:03.39
78	Adriana Espinosa	Pella	14:14.87
79	Ariana Bishop	Iowa Falls A	14:19.26
80	Susie Dencklau	Saint Edmond	14:43.76
81	Mckenna Hogan	North Linn	14:56.10
82	Chelsea Bell	Eagle Grove	15:01.25
83	Emily Hanson	Eagle Grove	15:03.99
84	Danielle Auld	North Linn	15:04.23
85	Smith Katie	DM East	15:17.74
--	Holly Lampe	Clear Creek	DNF
--	Terresa Karkosh	Clear Creek	DNF
--	Michelle Royer	Perry	DNF
--	Jen Coughenour	Cmb	DNF

Event 5 Girls 60 Meter Hurdles

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 Meet: % 8.64 1998 Lolo Jones, Des Moines Roosevelt  
 Name Year School Prelims H#  
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Preliminaries

1	Jessica Hale	Ventura	9.16q	17
2	Shea Anderson	Riverside	9.24q	6
3	Kelsey Smith	Burlington	9.35q	8
4	Laurel Murphy	DM East	9.52q	1
5	Lauren Lindaman	Wdm Valley	9.55q	17
6	Myranda Casterline	Clarke	9.59q	17
7	Katie Johnson	Iowa City We	9.60q	3
8	Brooke Ludvicek	Iowa City We	9.70q	6
9	Jamie Swotek	Thomas Jeffe	9.76q	3
10	Whitney Hoogerwerf	Iowa City Re	9.78q	2
11	Stephanie Carroll	Mason City	9.79q	18
12	Lauren Kundert	Mason City	9.86q	18
13	Katie Cole	Fort Dodge	9.87q	5
14	Katherine Person	Ottumwa	9.99q	19
15	Chelle Phillips	Waukee	10.04q	19
15	Taylor Chestnut	Johnston	10.04q	19
15	Amaura Cope	Waukee	10.04q	20
18	Allison Shipley	Pekin	10.08	9
18	Jessica DeMoss	Knoxville	10.08	3
20	Ashley Willard	Eagle Grove	10.09	5
21	Emily James	Waukee	10.10	19
22	Cassandra Curtis	Johnston	10.11	28
23	Ashley Eaves	Mt. Pleasant	10.15	17
24	Kaley Imhoff	Ventura	10.17	21
25	Mariah Montgomery	CR Prairie	10.18	18
26	Toni Ratliff	Shenandoah	10.19	6
27	Autumn Thompson	Ames	10.24	2
27	Heather Eash	East Marshal	10.24	18
29	Bailey Mingo	Glenwood	10.27	9
30	Jackie Hausman	Ar-We-Va	10.28	1
30	Denise Dawson	Harlan	10.28	4
32	Chelsie Dailey	Harlan	10.33	2
33	Kelli Massengale	South Tama T	10.37	26
33	Courtney Hart	Burlington	10.37	12

35	Jordan Maher	Cmb	10.38	23
36	Erica Willey	Ankeny	10.40	17
37	Makanani Scarlett	DM East	10.42	2
37	Lindsey Allgreen	W Cent Valley	10.42	8
39	McKristie Jeske	Eagle Grove	10.46	7
40	Allison Rohloff	Oskaloosa	10.49	27
40	Jessica Schaeffer	Ankeny	10.49	22
42	Nikki Pasker	North Linn	10.54	20
42	Shana Kester	Jesup	10.54	13
44	Andrea German	Pella	10.57	27
44	Cokie Quandt	Ar-We-Va	10.57	1
46	Brooke Wehle	Denison-Schl	10.59	27
46	Alisa Denny	Pcm	10.59	20
46	Heather Terrell	Chariton	10.59	3
49	Ali Nolan	North Butler	10.62	12
50	Kaitlin Severson	Ankeny	10.65	20
50	Abra White	Mason City	10.65	19
52	Christy Hillman	East Greene	10.66	21
53	Renee Freeman	Waukee	10.67	21
53	Chandra Hampton	Hampton-Dumo	10.67	29
55	Danele Spoden	Xavier High	10.68	13
56	Monica Madsen	Cmb	10.69	30
56	Beth Mrstik	Clear Creek	10.69	9
58	Bre Huber	Hudson	10.71	14
58	Natasia Mitchell	Harlan	10.71	4
58	Patrice Krohnke	Denison-Schl	10.71	29
61	Erin Mosinski	Pekin	10.72	11
62	Sarah Minor	Iowa City We	10.73	9
63	Emily Schoo	Eagle Grove	10.75	8
63	Jesselyn Grimshaw	Glenwood	10.75	11
65	Sarah Pagel	Webster City	10.77	29
66	Libby Wilwert	Iowa Falls A	10.81	8
66	Kim Scarbrough	Mt. Pleasant	10.81	22
68	Melanie Heath	Burlington	10.82	11
69	Ashley McGinnis	Shenandoah	10.83	7
69	Chelsea Mathews	Ventura	10.83	22
69	Meagan Anderson	Wdm Valley	10.83	26
69	Karina L'Esperance	Pella	10.83	26
73	Ashley Nelson	Knoxville	10.84	4
73	Breanne Perlwitz	CR Prairie	10.84	22
75	Kacie Mathern	Gmg	10.86	24
76	Kacie Woodley	Laurens-Mara	10.87	37
76	Amie Dorn	Mt. Pleasant	10.87	24
78	Jade Musgrave	South Tama T	10.87	28
78	Lauren Winkler	Roland-Story	10.87	14
80	Marigrace Porcelli	Ns-Rf	10.88	33
81	Samantha Jungman	Johnston	10.89	24
82	Tara Mills	City High	10.89	23
83	Brittany Richardson	CR Prairie	10.90	24
84	Brittany Sheeder	Perry	10.91	37
85	Laney Wallace	Wdm Valley	10.94	22
85	Kayla Krohnke	Denison-Schl	10.94	30
87	Alicia Vavricek	North Linn	10.97	25
87	Rachel Jones	Clear Creek	10.97	7
87	McKayla Hackfort	Panorama	10.97	25
87	Bailee Moore	Emmetsburg	10.97	1
91	Kelsey Dietrich	Ames	10.98	5
92	Makenzie Keehn	Cal-Latimer	10.99	32
93	Tara Pratt	Hampton-Dumo	11.00	21
94	Megan Struck	Denison-Schl	11.01	30
95	Dawn Mick	Marshalltown	11.03	25
96	Lexie Hagerty	South Tama T	11.04	33

96	Vanessa Clemens	East Marshal	11.04	29
98	Alex Pasker	Southeast Po	11.06	12
99	Megan Cleveland	Laurens-Mara	11.07	30
100	Claire Powell	W Cent Valley	11.09	10
100	Jamie Degner	Gmg	11.09	36
102	Alisa Allensworth	North Tama	11.16	16
103	Emily Fredrickson	Panorama	11.17	34
103	Jessica Havlik	North Linn	11.17	29
105	Keslie Hiemstra	Newton	11.18	20
106	Heather Renshaw	Dallas Cente	11.19	25
107	Kay Betz	Roland-Story	11.20	14
107	McKenna Carlson	Roland-Story	11.20	14
109	Kristen Peterson	Webster City	11.21	31
110	Kari Jo Warnke	clarion-gold	11.22	23
111	Bailey Cavanaugh	Wbm/Trv	11.24	16
111	Kayla Adamson	Shenandoah	11.24	6
113	Pressley Williams	Riverside	11.25	15
114	Jade Condon	Saint Edmond	11.27	26
114	Jamie Haugen	clarion-gold	11.27	23
116	Allison Dye	Ames	11.30	37
117	Rachel Throgmartin	Ottumwa	11.30	34
118	Amy Spencer	Clarke	11.31	31
118	Breena Jones	Marshalltown	11.31	32
120	Nicole Roorda	Pella	11.32	28
120	Shaye Caldwell	Jesup	11.32	15
122	Jackie Coughenour	Cmb	11.38	27
123	Stephanie Carlson	Webster City	11.39	31
124	Heidi Kiner	East Greene	11.43	33
125	Olivia Egen	Southeast Po	11.44	12
126	Hannah Gonnerman	Saint Edmond	11.46	16
127	Allly Gittens	Perry	11.47	37
128	Blake Schany	Emmetsburg	11.48	6
128	Madi Dahlhauser	Wbm/Trv	11.48	13
130	Montana Smith	Panorama	11.49	32
131	Katelyn Zatovich	Marshalltown	11.51	30
132	Hannah Urlis	Norwalk	11.56	36
133	Melissa Walls	Clear Creek	11.57	9
134	Dana Roberts	Ottumwa	11.61	26
135	Jayme Cotten	W Cent Valley	11.63	7
135	Kayla Herbers	Emmetsburg	11.63	5
137	Lindsey Bruns	Cal-Latimer	11.64	33
137	Sara Cartney	Hudson	11.64	15
139	Susanne Scieszinski	Xavier High	11.66	14
140	Emily Robinson	Glenwood	11.68	13
141	Nicole Simmons	Monticello	11.69	10
142	Liz Edleman	North Cedar	11.71	10
143	Toni Burdock	Clarke	11.72	31
144	Shelby Walsh	Southeast Po	11.73	11
145	Kylie McAnally	Newton	11.77	21
145	Kori Jackson	North Cedar	11.77	10
147	Alyssa Buck	Ns-Rf	11.79	35
148	Alex Fellom	Perry	11.82	37
149	Megan Johnston	East Greene	11.84	28
150	Emma Drzycimski	Saint Edmond	11.87	28
151	Nicole Lukenbill	DM East	11.92	2
152	Sarah Parkison	Earlham	11.95	36
153	Jena Canfield	Hudson	11.96	16
153	Kathy Ransom	Riverside	11.96	15
155	Marissa Roberts	Indianola Gi	11.97	27
156	Lindsey Nickerson	Oskaloosa	12.02	33
157	Jessi Hilbert	Fort Dodge	12.05	15
158	Joanne Gregory	Glidden-Rals	12.08	7

159	Felicia Anderson	Bcluw Comets	12.09	34
160	Molli Miller	Dallas Cente	12.36	34
161	Aubrey Clegg	Madrid	12.38	31
162	Jacque Gordy	Oskaloosa	12.42	35
162	Aubrey Marsh	Earlham	12.42	36
164	Charity Oswald	Thomas Jeffe	12.60	11
165	Mikayla Overturf	Ns-Rf	13.00	32
166	Mia Lorentsen	Madrid	13.10	35
166	Megan Rasmussen	Cal-Latimer	13.10	35
168	Stacia Kleuver	Bcluw Comets	13.50	34
169	Abbie Wibe	Madrid	13.82	36
170	Cassie Peterson	North Tama	13.85	16
171	Leah Hanson	Iowa Falls A	14.20	13
--	Diana Johnsen	Laurens-Mara	FS	23
--	Alli Sharp	Bcluw Comets	DNF	35

Event 5 Girls 60 Meter Hurdles

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 Meet: % 8.64 1998 Lolo Jones, Des Moines Roosevelt  
 Name Year School Finals H#  
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Finals

1	Jessica Hale	Ventura	9.11	3
2	Kelsey Smith	Burlington	9.22	3
3	Shea Anderson	Riverside	9.36	3
4	Katie Johnson	Iowa City We	9.41	3
5	Myranda Casterline	Clarke	9.43	3
6	Laurel Murphy	DM East	9.47	3
7	Lauren Lindaman	Wdm Valley	9.48	3
8	Stephanie Carroll	Mason City	9.52	2
9	Lauren Kundert	Mason City	9.63	2
10	Taylor Chestnut	Johnston	9.68	1
11	Brooke Ludvicek	Iowa City We	9.74	3
12	Jamie Swotek	Thomas Jeffe	9.78	2
13	Katie Cole	Fort Dodge	9.79	2
14	Whitney Hoogerwerf	Iowa City Re	9.81	2
15	Amaura Cope	Waukee	10.00	1
16	Chelle Phillips	Waukee	10.30	1
17	Katherine Person	Ottumwa	10.57	2

Event 6 Girls 60 Meter Dash

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 Meet: % 7.71 2004 LaNeisha Waller, Cedar Rapids, Washington  
 Name Year School Prelims H#  
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Preliminaries

1	Gretchen Lamar	DM Hoover	7.92q	3
2	Sara Stoakes	North Tama	8.03q	2
3	Becky Gesell	Riceville	8.07q	1
4	Jen Ganshirt	Wahlert Cath	8.11q	2
5	Brittany Schmacker	Waukee	8.14q	16
6	Christine Burtnett	Denison-Schl	8.20q	15
7	Breanna Nelson	Iowa City We	8.22q	3
8	Caitlin Hadden	Oskaloosa	8.27q	16
9	Jasmine Dupee	Waukee	8.28q	17
10	Julia Motz	Mason City	8.30q	18
11	Melissa Finn	Urbandale	8.34q	16
11	Ana Morgan	Roland-Story	8.34q	9
13	Kayla Wolthoff	Riceville	8.35q	2
14	Lanie Goldstein	Maharishi	8.36q	5
15	Mwale Kapande	Mt. Pleasant	8.37q	15
16	Adrienne Smith	CR Prairie	8.39q	15

17	Jordon Andreassen	North Polk	8.40	5
17	Shelby Forsythe	Fort Dodge	8.40	5
19	Maria Drzycimski	Saint Edmond	8.41	15
20	Megan Baker	East Marshal	8.42	17
21	Chloe Hoagland	Iowa City We	8.43	7
21	Molly Pilcher	North Cedar	8.43	3
23	Abi Weidmann	Iowa Falls A	8.44	6
24	Kaylee Rogers	Norwalk	8.47	16
25	Mariah Romano	Waukee	8.49	17
26	Sarah Humphrey	North Polk	8.50	6
27	Monica Eipperle	Gmg	8.51	18
28	Sydney Borlabi	Wdm Valley	8.51	17
29	Megan Hofmaster	Laurens-Mara	8.52	18
30	Olliesha Talton	Roosevelt	8.52	5
30	Megan Smith	Ventura	8.52	17
30	Laurel Murphy	DM East	8.52	1
33	Allie Schuler	Ventura	8.53	16
33	Danielle McCartan	Emmetsburg	8.53	1
33	Carrington Mitchell	Newton	8.53	16
33	Sarah Yeager	Cardinal Hig	8.53	1
37	Qiong Qiu	Iowa City We	8.54	7
38	Krista Leibfried	Wahlert Cath	8.56	7
39	Casie Christensen	North Polk	8.58	6
40	Kari Dockum	Johnston	8.59	26
41	Jackie Jordan	East Waterloo	8.60	4
42	Kaly Adkins	Earlham	8.64	19
43	Brooke Montgomery	Indianola Gi	8.66	16
43	Joelle Lyman	South Tama T	8.66	21
43	Shannon Jefferson	Roosevelt	8.66	8
43	Maggie Hummel	Newton	8.66	19
47	Nicole Krois	Wdm Valley	8.67	17
48	Kelsey Reddish	Madrid	8.69	17
49	Macey Stills	Wdm Valley	8.70	18
50	Kyra Knuth	Ames	8.70	2
50	Maria Green	Riceville	8.70	3
50	Brianna Flynn	Wahlert Cath	8.70	5
53	Akera Henderson	East Waterloo	8.72	5
53	Nicole Shore	Madrid	8.72	15
55	Lauren Bonett	Ames	8.75	2
56	Kristina Cole	Perry	8.76	11
56	Lindsay Woolston	South O'Brie	8.76	2
58	Lindsey Kain	Southeast Po	8.77	12
58	Amanda Enochs	DM East	8.77	1
60	Jessica Wenck	Urbandale	8.78	18
61	Alexis Buchanan	Johnston	8.78	25
61	Erica Soppe	Jesup	8.78	7
63	Alicia Kokaly	Mt. Pleasant	8.79	18
64	Ashley Zimmer	South O'Brie	8.79	2
65	Allexia Kluppel	Roosevelt	8.81	8
65	Morgan Aitchison	Monticello	8.81	1
65	Tiffany McVey	Burlington	8.81	8
68	Jordyn Tobin	Mason City	8.82	21
68	Avril Carter	Iowa Falls A	8.82	6
70	Nicole Craddock	W Cent Valley	8.83	13
71	Jocelyn Kock	Ar-We-Va	8.85	3
71	Bridgette Rourick	Ankeny	8.85	21
73	Katie Mayer	Indianola Gi	8.86	20
74	Rachel Coppinger	Saint Edmond	8.86	18
74	Katlin Kurfman	clarion-gold	8.86	23
76	Kelsey Manecke	Pella	8.87	19
77	Sarah Coffman	Dallas Cente	8.87	18
78	Jaycie Bock	Glidden-Rals	8.87	2

79	Rachel Pike	Ns-Rf	8.91	21
80	Maura Wiebers	Denison-Schl	8.92	19
81	Miller Lisa	North Butler	8.92	4
81	Mary Kaufmann	Harlan	8.92	7
83	Ashley McGinnis	Shenandoah	8.93	10
84	Jessica Knoll	Dallas Cente	8.94	20
85	Katy Speake	Hampton-Dumo	8.95	20
86	Toni Ratliff	Shenandoah	8.95	8
86	Ashley Patton	Burlington	8.95	8
86	Hannah Zaiser	Burlington	8.95	7
89	Emily Hunt	Marshalltown	8.97	20
90	Morgan Powers	Indianola Gi	8.97	20
91	Kelsey Schirm	W Cent Valley	8.98	11
91	Jessica Sevcik	CR Prairie	8.98	21
91	Kayla Vincent	South O'Brie	8.98	4
94	Natasia Mitchell	Harlan	8.99	8
94	Kayla Adamson	Shenandoah	8.99	10
96	Macaela Lang	Ankeny	9.00	21
96	Haley Sheahan	Mason City	9.00	24
98	Kristin Doyle	North Linn	9.01	20
99	Megan Hutchinson	Mt. Pleasant	9.05	19
100	Kali Umble	Pcm	9.05	9
100	Akiya Pope	Ottumwa	9.05	16
102	LaTanza Roberts	City High	9.06	17
102	Kay Kimpston-Burkgren	Perry	9.06	12
104	Brandi DeMuth	Okobojo	9.08	4
104	Courtney Converse	Oskaloosa	9.08	26
104	Kristen Borcherding	Shenandoah	9.08	10
104	Samantha Horn	Marshalltown	9.08	23
108	Nicole Fineran	Denison-Schl	9.10	20
109	Carlee Taylor	Southeast Po	9.10	8
109	Chelsea Greiner	Cardinal Hig	9.10	5
109	Amy Pitts	Urbandale	9.10	23
109	Steph Reekers	Eagle Grove	9.10	13
113	Ruth Cardenas	Clarke	9.11	27
113	Ashley Clay	Pcm	9.11	9
115	Wanderetta Williams	Fort Dodge	9.12	12
116	Anastasia Wolf	Monticello	9.14	1
117	Breanne Hopp	Harlan	9.15	10
117	Kaitlyn Carpenter	DM East	9.15	4
119	Marissa Phillips	North Cedar	9.16	6
119	Abbie Fisher	North Linn	9.16	23
121	Sarah Loucks	Ames	9.17	3
121	Stephanie Smith	Emmetsburg	9.17	1
123	Kelsey Kinne	Pella	9.18	24
123	Ashley Small	Pomeroy	9.18	6
123	Jessica Heideman	Cmb	9.18	23
126	Brittney Vetter	Ar-We-Va	9.19	11
127	Kaitlin Courtney	Ottumwa	9.20	19
128	Bailey McSparen	Chariton	9.20	10
129	Delaney Gale	Iowa City Re	9.21	7
129	Ashley Mallinger	Webster City	9.21	24
131	Maddie Willers	Shenandoah	9.22	12
132	Mackenzie Petermeier	Cmb	9.23	21
133	Paige Hays	Glenwood	9.25	4
134	Devin Miller	Eagle Grove	9.26	13
134	Breanna Gourley	Webster City	9.26	25
136	Alisa Allensworth	North Tama	9.27	12
136	Tesia Posekany	Clarke	9.27	22
136	Jen Swotek	Thomas Jeffe	9.27	4
139	Tessa Heeren	South Tama T	9.28	22
140	Jena Poldberg	Adm Adel	9.31	7

141	Kolesa Herrig	Laurens-Mara	9.32	19
142	Gabrielle Liljedahl	Johnston	9.32	26
142	Angela Marquard	Hampton-Dumo	9.32	26
144	Kaci Kromminga	Monticello	9.36	3
145	Danele Spoden	Xavier High	9.37	10
145	Jesse Kunch	Gmg	9.37	25
147	Jami Boege	Gmg	9.38	24
148	Danelle Newman	Glenwood	9.41	5
148	Stu Austin	Ns-Rf	9.41	27
150	Melissa Abrahamson	Wbm/Trv	9.42	11
151	Hilary Crees	clarion-gold	9.43	24
152	Jenny Auten	Wbm/Trv	9.44	12
152	Emily Hanson	Hampton-Dumo	9.44	25
154	Allie Cook	Adm Adel	9.48	6
155	Megan Gray	Southeast Po	9.51	12
155	Emily Jones	Bcluw Comets	9.51	27
155	Haley States	Pcm	9.51	11
155	Maher Abby	Cmb	9.51	23
159	Arianna Norem	clarion-gold	9.52	24
159	Mallory Segebart	Ar-We-Va	9.52	11
161	Haley Hickey	Norwalk	9.53	22
161	Maddie Ball	Glidden-Rals	9.53	3
161	Karissa McCurn	City High	9.53	22
164	Kayla Kuepker	Clear Creek	9.54	8
164	Ali Browning	Iowa City Re	9.54	10
166	Lilia Tamayo	Clarke	9.55	24
167	Brittany Arganbright	Panorama	9.56	26
168	Rahemma Mayfield	Norwalk	9.57	20
169	Lindsay Hammes	Roland-Story	9.58	13
170	Lisa Hanson	Panorama	9.59	26
171	Courtney Heller	Ottumwa	9.60	19
172	Leah Runge	Bcluw Comets	9.62	27
173	Susanne Scieszinski	Xavier High	9.66	12
174	Hilary Williams	Webster City	9.68	25
174	Kelsey Lode	North Linn	9.68	22
176	Sophia Blitz	Maharishi	9.70	13
177	Stephanie Feldman	CR Prairie	9.71	24
177	Kendall Corley	Emmetsburg	9.71	9
177	Jayme Billings	Dallas Cente	9.71	23
180	Hannah Hall	Ventura	9.73	27
181	Shelby Herink	Ankeny	9.77	26
182	Megan Geitz	Saint Edmond	9.78	25
183	Morgan Pohlman	Eagle Grove	9.79	15
184	Skyler Moliter	Iowa City Re	9.80	11
184	Caitlin McDonald	Riverside	9.80	14
186	Samantha Cam	Pella	9.82	25
187	Joanie Raymond	Hudson	9.85	14
188	Nicole Ruth	Earlham	9.86	28
189	Ashley Firebaugh	Panorama	9.86	27
190	Brittany Sondag	Glenwood	9.87	13
190	Sarah Green	South Tama T	9.87	22
192	Amy Rosenbaum	Ns-Rf	9.89	27
193	Shelby Heinrichs	Marshalltown	9.93	27
193	Katie Palmer	Riverside	9.93	13
195	Kristine Whitfield	Oskaloosa	9.94	28
196	Quenisha Soukup	Clear Creek	9.99	14
197	Kayla Koonce	Bcluw Comets	10.04	28
198	Emily Basili	Clear Creek	10.05	13
199	Kassondra Platt	Glidden-Rals	10.09	4
200	Becca Nichols	Pomeroy	10.11	9
201	Kelsey Etter	Chariton	10.23	14
202	Nichole Matlock-Tolson	DM Hoover	10.28	10

203	Jade Clouse	Iowa Falls A	10.60	14
204	Nikki Danzer	Glidden-Rals	10.64	9
205	Cyndi Bowers	Riverside	10.65	14
206	Mirano Kobayashi	Earlham	10.68	28
207	Sarah Wedebrand	Perry	10.69	11
208	Lacie Brezina	North Tama	10.77	14
209	Brooke Hawkins	North Cedar	10.90	6
210	Kelsey Bell	Laurens-Mara	11.06	28
211	Nikki Swomley	Hudson	11.89	15
212	Cathy Grouette	W Cent Valley	12.54	15
--	Sadie Roberts	Hudson	FS	9
--	Kari Lease	Madrid	DNF	23

Event 6 Girls 60 Meter Dash

=====				
Meet: % 7.71 2004		LaNeisha Waller, Cedar Rapids, Washington		
Name	Year	School	Finals	H#
=====				
Finals				
1	Gretchen Lamar	DM Hoover	7.86	2
2	Becky Gesell	Riceville	8.00	2
3	Sara Stoakes	North Tama	8.01	2
4	Jazmine Dupee	Waukee	8.09	1
5	Brittany Schmacker	Waukee	8.12	2
6	Jen Ganshirt	Wahlert Cath	8.13	2
7	Breanna Nelson	Iowa City We	8.14	2
8	Christine Burtnett	Denison-Schl	8.17	2
9	Caitlin Hadden	Oskaloosa	8.25	2
10	Melissa Finn	Urbandale	8.28	1
11	Adrienne Smith	CR Prairie	8.32	1
12	Ana Morgan	Roland-Story	8.40	1
13	Kayla Wolthoff	Riceville	8.41	1
14	Julia Motz	Mason City	8.44	1
15	Mwale Kapande	Mt. Pleasant	8.48	1
16	Lanie Goldstein	Maharishi	8.52	1

Event 7 Girls 4x800 Meter Relay

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Meet: % 9:33.29 2001		, Iowa City West		
School			Finals	
=====				
1	Urbandale		10:03.23	
2	Wdm Valley		10:05.47	
3	Harlan		10:07.94	
4	Indianola Girls		10:11.55	
5	Jesup		10:17.58	
6	Bcluw Comets		10:27.34	
7	Ames		10:29.56	
8	Roosevelt		10:35.97	
9	Denison-Schleswig Girls		10:36.75	
10	Clear Creek Amana		10:38.64	
11	Knoxville		10:42.38	
12	City High		10:43.67	
13	Ankeny		10:43.99	
14	Pella		10:49.66	
15	Johnston		10:51.05	
16	Hudson		10:51.39	
17	Webster City		10:51.43	
18	Ottumwa		10:52.38	
19	Monticello		10:53.15	
20	Waukee		10:53.86	
21	North Linn		10:54.86	

22	Southeast Polk	10:56.64
23	Glenwood	11:01.39
24	Mt. Pleasant	11:03.00
25	Panorama	11:06.39
26	Pomeroy	11:07.05
27	Hampton-Dumont	11:09.62
28	Fort Dodge	11:15.01
29	Dallas Center-Grimes	11:15.46
30	Riverside	11:18.24
31	Roland-Story	11:22.34
32	Emmetsburg	11:26.38
33	Corning	11:28.81
34	clarion-goldfield	11:29.02
35	Iowa Falls Alden	11:35.13
36	Earlham	11:35.36
37	Ventura	11:36.06
38	Marshalltown	11:39.03
39	Gmg	11:43.20
40	Cmb	11:45.52
41	Mason City	11:53.04
42	Wbm/Trv	12:01.59
43	Iowa City Regina	12:02.66
44	North Polk	12:03.44
45	Ar-We-Va	12:04.42
46	Perry	12:04.77
47	Chariton	12:04.95
48	Des Moines Hoover	12:11.40
49	Adm Adel	12:13.80
50	Eagle Grove	12:17.74
51	Madrid	12:24.49
52	North Cedar	12:26.68
53	Saint Edmond FD	12:29.42
54	East Waterloo	12:33.44
55	Pcm	12:35.82
56	Oskaloosa	12:36.41
57	Des Moines East	12:45.22
58	South Tama Trojans	12:48.79
59	Laurens-Marathon	12:56.73
60	East Greene	13:24.62

Event 8 Girls 800 Sprint Medley

Meet: % 1:51.54 3/14/2005 WDM Valley, WDM Valley			
School		Finals	H#
1	Waukee	1:54.06	1
2	Iowa City West	1:55.83	1
3	Mt. Pleasant	1:55.97	1
4	clarion-goldfield	1:56.36	1
5	Johnston	1:56.47	3
6	Newton	1:57.28	1
7	Wahlert Catholic	1:57.49	5
8	Wdm Valley	1:58.10	1
9	Riceville	1:58.60	3
10	W Cent Valley	1:58.78	2
11	Fort Dodge	1:59.15	4
12	Ames	1:59.37	1
13	North Cedar	1:59.96	4
14	Pella	2:00.24	5
15	Xavier High School	2:00.60	7
16	Roland-Story	2:01.13	3
17	CR Prairie	2:01.20	5

18 Indianola Girls	2:01.25	4
19 Saint Edmond FD	2:01.46	7
20 Hudson	2:01.92	6
21 Roosevelt	2:01.92	5
22 Monticello	2:02.00	3
23 Glenwood	2:02.68	2
24 South O'Brien	2:02.76	3
25 City High	2:02.88	10
26 North Polk	2:02.93	2
27 Knoxville	2:02.97	3
28 East Marshall	2:03.00	4
29 Ar-We-Va	2:03.37	3
30 Laurens-Marathon	2:03.54	8
31 Perry	2:03.75	9
32 Shenandoah	2:03.81	6
33 Urbandale	2:04.08	1
34 Mason City	2:04.51	5
35 Madrid	2:04.83	6
36 Des Moines East	2:04.91	7
37 Pekin	2:05.30	4
38 Webster City	2:05.40	6
39 Gmg	2:05.51	5
40 South Tama Trojans	2:05.52	9
40 Hampton-Dumont	2:05.52	9
42 Harlan	2:05.89	7
43 Ankeny	2:05.91	8
44 Norwalk	2:05.98	3
45 Marshalltown	2:06.37	5
46 North Tama	2:06.45	9
47 W Cent Valley 'B'	2:06.77	8
48 Pcm	2:06.85	8
49 Chariton	2:07.28	6
50 Iowa City Regina	2:07.37	4
51 Ventura	2:07.73	2
52 Clarke	2:07.77	8
53 Thomas Jefferson	2:07.86	8
54 Bcluw Comets	2:07.90	10
55 Ns-Rf	2:09.43	9
56 Panorama	2:09.44	10
57 Burlington	2:09.61	2
58 Cmb	2:09.71	7
59 Ottumwa	2:09.95	7
60 Clear Creek Amana	2:10.00	6
61 Adm Adel	2:10.28	5
62 Riverside	2:10.37	9
63 Southeast Polk	2:10.55	6
64 Iowa Falls Alden	2:11.04	4
65 Oskaloosa	2:11.57	8
66 North Linn	2:11.68	10
67 Jesup	2:11.83	7
68 Cal-Latimer	2:14.07	9
69 Eagle Grove	2:14.24	10
70 Emmetsburg	2:18.13	10
71 Wbm/Trv	2:19.21	10
72 Dallas Center-Grimes	2:19.65	6
73 Earlham	2:22.70	9
74 East Greene	2:30.06	8
-- Maharishi	DNF	7
-- Denison-Schleswig Girls	DQ	2
-- East Waterloo	DQ	4

Event 9 Girls 800 Meter Run

=====  
Meet: % 2:15.22 3/14/2005 Brooke Dinsdale, North Tama

Name	Year School	Finals
1 Michelle Jensen	Wdm Valley	2:27.35
2 Kate Price	Iowa Falls A	2:28.74
3 Lauren Ruppert	Iowa City Re	2:30.39
4 Madison Davis	Pella	2:33.72
5 Mckelle Lacher	W Cent Valley	2:34.27
6 Jill Lageshulte	Marshalltown	2:34.82
7 Susie Kuhl	Bcluw Comets	2:35.97
8 Emma Swanson	Wdm Valley	2:36.09
9 Amanda Vorthmann	Riverside	2:36.43
10 Rebecca Rasmussen	Harlan	2:36.65
11 Ashley Rogers	Southeast Po	2:36.99
12 Jessica Clark	West Harrison	2:37.26
13 Anna Lammers	Johnston	2:37.43
14 Haddie Vawter	Bcluw Comets	2:37.45
15 Erin Huston	Urbandale	2:37.61
16 Nicole Wilson	Urbandale	2:37.87
17 Jenny McElree	Southeast Po	2:38.17
18 Erin Scherf	Mfl MarMac	2:38.68
19 Austin Gerritson	Ames	2:38.89
20 Megan Penticoff	Xavier High	2:39.27
21 Lauren Oltmann	Hudson	2:39.58
22 Jacquilyn Erickson	Harlan	2:40.99
23 Rachel Hauber	Ames	2:41.04
24 Bailey Probasco	Knoxville	2:41.08
25 Kaleigh McCormick	Monticello	2:41.44
26 Mandee Gonzales	Ankeny	2:41.70
27 Emily Gross	Indianola Gi	2:41.96
28 Tressa Miller	Corning	2:42.46
29 Clancy Hosch	Monticello	2:42.51
30 Jenny Wichert	Riverside	2:43.68
31 Carli Applegate	Adm Adel	2:43.69
32 Claire Blessum	Waukee	2:43.81
33 Kirstee Gildersleeve	Cmb	2:44.93
34 Victoria Swanstrom	Ottumwa	2:45.29
35 jana Cook	North Linn	2:45.57
36 Lianne Kula	North Linn	2:45.60
37 Sadie Applegate	Adm Adel	2:46.24
38 Morgan Hiemstra	Pella	2:48.39
39 Abby Whitenbaugh	clarion-gold	2:48.97
40 Jenna Bishop	Roosevelt	2:49.01
41 Narelle Buffalo	DM East	2:49.47
42 Anne Ruebbelke	Johnston	2:49.75
43 Amantha May	Clarke	2:49.76
44 Monica Hughs	Marshalltown	2:49.95
45 Allison Watson	Ankeny	2:50.25
46 Liz Roy	Burlington	2:50.26
47 McKayla Simmerman	Norwalk	2:50.50
48 Sasha Backhaus	Ar-We-Va	2:50.65
49 Faith Richard	Denison-Schl	2:50.80
50 Natalie Stenger	Iowa City Re	2:51.05
51 Cori Noble	Jesup	2:51.51
52 Ashley Ballew	Roland-Story	2:51.94
53 Emily Long	Webster City	2:51.99
54 Elizabeth Vogel	Jesup	2:52.50
55 Kendra Klinetobe	Okoboji	2:52.53
56 Allie Bianchi	Saint Edmond	2:52.65
57 Megan Wood	Webster City	2:53.06
58 Meredith Versteeg	Roosevelt	2:53.36

59	Emilie Obermiller	Glenwood	2:53.83
60	Breanna Earhart	Burlington	2:53.85
61	Kelsey Gibbons	Panorama	2:54.22
62	Maddie Willers	Shenandoah	2:54.79
63	Katie Larsen	Glenwood	2:55.03
64	Kristen Sandvig	Saint Edmond	2:55.55
65	Crystal Kuehl	CR Prairie	2:55.68
66	Wendy Matute	Fort Dodge	2:55.82
67	Mattie Mouw	Norwalk	2:56.33
68	Josie Kunze	Waukee	2:56.74
69	Amber Weldon	Knoxville	2:57.11
70	Kellie Seales	Cmb	2:57.32
71	Ashley Murray	Mason City	2:57.80
72	Alex Washington	Eagle Grove	2:58.13
73	Julietta DelValle	Hampton-Dumo	2:58.24
74	Erica Johnson	Indianola Gi	2:58.39
75	Sarah Hedberg	Ventura	2:58.59
76	Samantha Perkins	Madrid	2:58.77
77	Katie Strawn	East Marshal	2:58.96
78	Sherea Knudsen	Mt. Pleasant	2:59.19
79	Jenny English	East Marshal	2:59.64
80	Kelsey Moon	Panorama	2:59.89
81	Kayleigh Wren	DM Hoover	3:01.00
82	Melinda Blakeman	Perry	3:01.05
83	Loren Thalacker	Hudson	3:01.26
84	Monica Smith	Clear Creek	3:01.55
85	Kristin Klein	Clear Creek	3:01.75
86	Shalynn Ebelsheiser	Ottumwa	3:02.25
87	Addy Speck	DM East	3:02.36
88	Michelle Anderson	Corning	3:02.64
89	Chelsea Musgjerd	Laurens-Mara	3:02.82
90	Melissa Erickson	Mt. Pleasant	3:03.12
91	Marissa Mahon	Mason City	3:03.72
92	Choey Shreck	Maharishi	3:03.97
93	Alicia Foss	Roland-Story	3:05.10
94	Jen Stoelk	Ar-We-Va	3:05.41
95	Caitlin Fisher	Newton	3:05.89
96	Sam Slobodnik	Thomas Jeffe	3:08.23
97	Charis Oswald	Thomas Jeffe	3:08.25
98	Olivia Guerrero	Hampton-Dumo	3:08.93
99	Mallory Millette	North Polk	3:10.11
100	Tabitha Telsrow	North Cedar	3:10.55
101	Emily Fehr	Ns-Rf	3:12.13
102	Katie Miner	Perry	3:12.20
103	Maki Hashimoto	W Cent Valley	3:12.77
104	Kaila Leggat	CR Prairie	3:12.81
105	Hannah Black	Earlham	3:14.44
105	Megan Greenhalgh	Oskaloosa	3:14.44
107	Delany Wanken	clarion-gold	3:15.07
108	Mackenzie Pohlman	Eagle Grove	3:16.25
109	Brittney Wirtz	North Polk	3:16.48
110	Jessica Smuck	Iowa Falls A	3:17.51
111	Bethany Hemm	Cardinal Hig	3:20.16
112	Jessica Fink	Ns-Rf	3:20.36
113	Jessica Johnson	Glidden-Rals	3:21.77
114	Kim Mooney	Gmg	3:21.84
115	Juli Lunde	North Tama	3:22.31
116	Hannah Kregel	City High	3:23.08
117	Lottie Staggs	Oskaloosa	3:26.01
118	Megan Bryan	Madrid	3:27.12
119	Katelyn Suntken	Cal-Latimer	3:27.63
120	Erica Kozak	Glidden-Rals	3:34.43

121	Erinn Studer	Wbm/Trv	3:40.40
122	Destiny Wiley	Laurens-Mara	3:49.51
123	Dusty Thompson	Cardinal Hig	3:57.44

Event 10 Girls 1500 Meter Run

Meet: % 4:39.13 2002		Jeni Fruden, Iowa City West	
Name	Year	School	Finals
1	Stephanie Mundt	Urbandale	4:52.02
2	Olivia Johnson	Okoboji	4:56.55
3	Jamie Elbert	Indianola Gi	5:05.74
4	Sarah Wickman	Iowa City We	5:06.19
5	Obsie Birru	Johnston	5:06.84
6	Sammi Bruett	Urbandale	5:10.50
7	Hannah Lambert	Burlington	5:17.24
8	Morgan Kayvan	Keokuk High	5:19.93
9	Tabitha Shephard	Corning	5:23.60
10	Allison Fick	Iowa City We	5:24.06
11	Jill Rueschenberg	Harlan	5:25.47
12	Kellie Wagner	Mfl MarMac	5:26.31
13	Lanie Coons	Monticello	5:26.48
14	Scotti Schon	Waukon	5:28.38
15	Molli Kipp	Johnston	5:28.56
16	Katie Kroger	Harlan	5:29.76
17	Lauren Rash	Adm Adel	5:30.06
18	Alexa Andersson	North Cedar	5:31.87
19	Mary Kenney	Wdm Valley	5:33.80
20	Amber Wiedmann	Earlham	5:34.19
21	Haley Madison	Ankeny	5:34.50
22	Bryanna Behning	Ames	5:35.08
23	Jennifer Griffiths	Okoboji	5:36.34
24	Rebecca Miller	Ames	5:36.68
25	Emily Snavely	Roosevelt	5:38.18
26	Alyssa Tolliver	Norwalk	5:40.58
27	Maegan Leskovec	Xavier High	5:43.13
28	Nicole Hester	Cmb	5:43.21
29	Trama Giermann	Ar-We-Va	5:44.68
30	Jordin Roberts	South Tama T	5:44.95
31	Paris Kono	Waukee	5:44.96
32	Christine Allen	Knoxville	5:45.78
33	Sarah Perin	Webster City	5:46.19
34	Morgan Egli	Fort Dodge	5:46.27
35	Breanne Wagner	Webster City	5:46.48
36	Amada Eller	Denison-Schl	5:46.62
37	Amanda Dunkin	Pella	5:46.64
38	Paige Hook	Wdm Valley	5:47.33
39	taylor Helms	North Linn	5:47.45
40	Emilee cook	Ottumwa	5:48.47
41	Emma Nelson	Pekin	5:48.75
42	Dawn Gaule	DM Hoover	5:49.11
43	Kari Zinnel	Wbm/Trv	5:49.21
44	Graci Woodworth	North Polk	5:50.41
45	Kaitlin McElroy	Ottumwa	5:50.75
46	Courtney Watts	Marshalltown	5:51.83
47	Kelsey Erbes	Bcluw Comets	5:52.28
48	Paige Evans	Waukee	5:53.85
49	Erin Guzman	North Tama	5:54.10
50	Paige Mohr	Ar-We-Va	5:54.54
51	Sara Wolf	Corning	5:54.67
52	Alicia Cole	Southeast Po	5:56.10
53	Emily Ludwig	Denison-Schl	5:56.84

54	Heidi Schulte	Pella	5:57.93
55	Molly Crabbs	Panorama	5:58.01
56	Kody Pratt	Hampton-Dumo	5:58.03
57	Kristen O'Donnell	Ankeny	5:58.86
58	Amber Smith	Ventura	5:58.95
59	Hannah DeGeest	Oskaloosa	6:00.49
60	Helm Kaeli	DM East	6:01.19
61	Sam Horton	North Polk	6:02.29
62	Ashton Mitchell	Xavier High	6:02.84
63	Abbie Gould	Iowa City Re	6:03.20
64	Jessica Streif	Monticello	6:03.64
65	Chelsea Hanson	Hudson	6:05.23
66	Lindsay Canfield	Hudson	6:06.35
67	Abbie Jones	Eagle Grove	6:06.63
68	Missey Tegtmeier	clarion-gold	6:07.88
69	Petra Crabbs	Panorama	6:08.03
70	Alex Herzog	Iowa Falls A	6:08.07
71	Emily Stout	Perry	6:08.99
72	Haley Henderson	North Linn	6:11.00
73	Jordan Schossow	Bcluw Comets	6:16.98
74	Jess Barker	W Cent Valley	6:17.67
75	Kaytlin Moeller	Mt. Pleasant	6:20.38
76	Megan Schuler	Ventura	6:21.77
77	Melinda Coffin	Perry	6:22.50
78	Chelsie Grobe	Riverside	6:22.78
79	Emiily Smith	Gmg	6:27.48
80	Kelly Spencer	clarion-gold	6:27.83
81	Tiara Mahon	Mason City	6:32.12
82	Crystal Shramek	CR Prairie	6:34.82
83	Ashton Benson	Pekin	6:36.03
84	Beka Forgey	Iowa Falls A	6:38.04
85	Annaleah Herrman	Glenwood	6:42.49
86	Chelsey Klismith	Earlham	6:43.33
87	Marianna Kocakova	Cmb	6:44.12
88	Lisa Ledford	Marshalltown	6:45.06
89	Angela Swafford	Mt. Pleasant	6:45.32
90	Jeong In Lee	Emmetsburg	6:46.08
91	Alyssa Anderson	Eagle Grove	6:46.61
92	Kelly Hyland	Oskaloosa	6:48.66
93	Patty Lyon	South Tama T	6:49.66
94	Jennifer Lyon	DM East	6:55.66
95	Pressley Williams	Riverside	6:58.47
96	Bailey Godwin	W Cent Valley	7:12.76
97	Jacque Kuecker	Pcm	7:13.08
98	Sebrina Roeder	Adm Adel	7:18.04
99	Lyndsey Strait	Saint Edmond	7:18.90
100	Kelsey Bocken	Saint Edmond	7:19.10
101	Krista Fredricks	Laurens-Mara	7:20.95
102	Kayla Richardson	Glidden-Rals	7:22.50
103	Miranda Guerrero	Hampton-Dumo	7:33.88

Event 11 Girls 4x100 Meter Relay

=====			
Meet: % 50.52 2005		, Burlington	
School	Finals	H#	
=====			
1	Waukee	51.37	1
2	Iowa City West	51.39	3
3	Wahlert Catholic	51.45	1
4	Wdm Valley	51.86	1
5	Denison-Schleswig Girls	52.26	1
6	Riceville	52.39	4

7	Ventura	52.42	1
8	Waukee 'B'	52.51	14
9	Johnston	52.77	8
10	North Polk	52.91	2
11	Riverside	53.18	4
12	East Marshall	53.18	1
13	clarion-goldfield	53.19	3
14	Mt. Pleasant	53.22	1
15	Burlington	53.24	2
16	Roosevelt	53.29	5
17	Iowa City West 'B'	53.31	14
18	Xavier High School	53.46	8
19	North Cedar	53.54	4
20	Fort Dodge	53.66	3
21	Iowa Falls Alden	53.68	2
22	W Cent Valley	53.76	2
23	East Waterloo	53.81	2
24	City High	54.00	5
25	Wdm Valley 'B'	54.06	11
26	Iowa City Regina	54.11	3
27	Indianola Girls	54.23	4
28	Ames	54.24	2
29	Bcluw Comets	54.27	7
30	Des Moines East	54.32	4
31	Thomas Jefferson	54.38	8
32	Harlan	54.41	4
33	Madrid	54.46	4
34	Oskaloosa	54.68	3
35	Urbandale	54.82	3
36	Roland-Story	54.84	3
37	South O'Brien	54.92	2
38	Roosevelt 'B'	55.14	13
39	South Tama Trojans	55.32	8
40	Maharishi	55.43	6
41	Ankeny	55.44	5
42	Panorama	55.55	5
43	Laurens-Marathon	55.58	9
44	CR Prairie	55.75	4
45	Johnston 'B'	55.86	16
46	Gmg	55.89	7
47	Clarke	55.90	5
48	Saint Edmond FD	55.91	8
49	Pella	56.02	6
50	Mason City 'B'	56.08	16
51	Denison-Schleswig Girls 'B'	56.13	15
52	Cmb	56.19	6
53	Ns-Rf	56.19	6
54	Burlington 'B'	56.22	15
55	Ar-We-Va	56.26	5
56	Harlan 'B'	56.30	11
57	Fort Dodge 'B'	56.54	14
58	Clear Creek Amana	56.75	6
59	Mt. Pleasant 'B'	56.75	10
60	Glenwood	56.77	3
61	Marshalltown	56.78	5
62	Webster City	56.90	7
63	North Linn	56.97	6
64	Emmetsburg	57.09	9
65	Riverside 'B'	57.12	11
66	Ames 'B'	57.19	12
67	Eagle Grove	57.24	6
68	Monticello	57.36	8

69	Ankeny 'B'	57.52	14
70	Hampton-Dumont	57.57	7
71	Eagle Grove 'B'	57.60	16
72	Hudson	57.79	7
73	Des Moines East 'B'	57.85	10
74	Roland-Story 'B'	57.90	11
75	Ar-We-Va 'B'	57.91	11
76	Ottumwa 'B'	58.17	16
77	Pomeroy	58.21	9
78	Southeast Polk	58.39	9
79	Indianola Girls 'B'	58.43	10
80	Iowa Falls Alden 'B'	58.47	10
81	Clarke 'B'	58.54	14
82	clarion-goldfield 'B'	58.60	12
83	Gmg 'B'	58.60	16
84	Wbm/Trv	58.66	9
85	Norwalk	58.69	8
86	Webster City 'B'	58.82	12
87	South Tama Trojans 'B'	58.83	13
88	W Cent Valley 'B'	58.84	15
89	Perry	59.21	7
90	Southeast Polk 'B'	59.35	16
91	Pcm	59.43	1
92	Earlham	59.96	8
93	Cmb 'B'	1:00.12	15
94	Bcluw Comets 'B'	1:00.23	12
95	Marshalltown 'B'	1:00.29	9
96	City High 'B'	1:00.37	14
97	Iowa City Regina 'B'	1:00.45	13
98	North Linn 'B'	1:00.79	12
99	Hampton-Dumont 'B'	1:01.15	11
100	Laurens-Marathon 'B'	1:01.55	11
101	Pella 'B'	1:02.12	12
102	Clear Creek Amana 'B'	1:02.29	14
103	Ottumwa	1:02.29	5
104	Newton 'B'	1:02.66	15
105	Ventura 'B'	1:02.93	13
106	North Tama	1:03.07	9
107	Madrid 'B'	1:03.23	13
108	Pcm 'B'	1:03.88	11
109	Glidden-Ralston	1:04.37	6
110	Panorama 'B'	1:04.39	15
111	Wbm/Trv 'B'	1:04.78	10
112	Glenwood 'B'	1:04.79	15
112	Earlham 'B'	1:04.79	10
114	Hudson 'B'	1:04.87	13
115	Oskaloosa 'B'	1:06.99	13
--	North Cedar 'B'	DQ	12
--	North Polk 'B'	DQ	12
--	Emmetsburg 'B'	DQ	14
--	Newton	DQ	7
--	CR Prairie 'B'	DQ	10
--	Saint Edmond FD 'B'	DQ	15
--	Norwalk 'B'	DQ	16
--	Perry 'B'	DQ	13

Event 12 Girls 4x400 Meter Relay

=====			
Meet: % 4:00.96 3/14/2005 Harlan, Harlan			
School		Finals	H#
=====			
1 Wdm Valley		4:12.29	1

2	Johnston	4:14.52	2
3	Waukee	4:15.13	1
4	Iowa City West	4:18.40	2
5	Harlan	4:19.01	1
6	City High	4:19.61	3
7	Denison-Schleswig Girls	4:20.60	3
8	Harlan 'B'	4:21.19	11
9	Okoboji	4:22.41	4
10	clarion-goldfield	4:22.72	2
11	Ankeny	4:22.88	1
12	Riverside	4:23.62	4
13	Clear Creek Amana	4:23.68	2
14	Webster City	4:24.43	4
15	Hudson	4:25.30	2
16	Mt. Pleasant	4:25.53	1
17	Iowa Falls Alden	4:25.54	3
18	Knoxville	4:25.62	3
19	Ottumwa	4:27.00	5
20	Indianola Girls	4:27.60	2
21	Oskaloosa	4:28.18	4
22	Newton	4:28.91	1
23	Perry	4:28.92	3
24	North Polk	4:30.57	5
25	Bcluw Comets	4:30.80	6
26	Glenwood	4:32.17	4
27	South O'Brien	4:32.46	2
28	CR Prairie	4:32.72	6
29	Denison-Schleswig Girls 'B'	4:33.19	11
30	Ankeny 'B'	4:33.39	11
31	Panorama	4:34.32	3
32	Urbandale	4:34.36	3
33	Des Moines East	4:34.47	6
34	Gmg	4:34.53	6
35	Fort Dodge	4:34.97	4
36	Pekin	4:35.07	5
37	Roosevelt	4:35.28	3
38	North Linn	4:35.61	7
39	Laurens-Marathon	4:36.82	6
40	Wdm Valley 'B'	4:36.85	9
41	Johnston 'B'	4:37.08	7
42	Waukee 'B'	4:37.24	9
43	Saint Edmond FD	4:37.63	5
44	Xavier High School	4:38.36	2
45	Ames	4:38.64	1
46	Mason City	4:38.99	4
47	Marshalltown	4:39.06	5
48	Ventura	4:40.45	5
49	Burlington	4:40.92	5
50	Iowa City Regina	4:41.59	5
51	East Waterloo	4:42.95	1
52	Earlham	4:44.76	6
53	Ottumwa 'B'	4:44.78	11
54	North Linn 'B'	4:44.84	8
55	Southeast Polk	4:45.30	4
56	Hampton-Dumont	4:46.01	7
57	Madrid	4:46.39	4
58	Riverside 'B'	4:46.51	10
59	Ames 'B'	4:46.57	8
60	Pcm	4:47.41	6
61	Eagle Grove 'B'	4:47.58	11
62	Cmb	4:48.39	4
63	Mason City 'B'	4:48.84	9

64 North Tama	4:48.98	7
65 Des Moines East 'B'	4:49.33	10
66 Mt. Pleasant 'B'	4:51.21	10
67 Marshalltown 'B'	4:51.29	10
68 Hudson 'B'	4:51.65	9
69 Riceville 'B'	4:51.69	8
70 clarion-goldfield 'B'	4:53.97	8
71 Indianola Girls 'B'	4:54.33	9
72 Clear Creek Amana 'B'	4:54.60	10
73 North Cedar 'B'	4:54.98	8
74 Pella 'B'	4:55.47	9
75 CR Prairie 'B'	4:57.22	7
76 Glenwood 'B'	4:57.78	11
77 Burlington 'B'	4:57.94	8
78 Norwalk	4:57.98	6
79 Saint Edmond FD 'B'	4:59.09	7
80 Wbm/Trv	4:59.79	7
81 Iowa Falls Alden 'B'	4:59.87	7
82 Perry 'B'	5:00.45	8
83 Panorama 'B'	5:03.28	11
84 Des Moines Hoover	5:03.78	6
85 Roosevelt 'B'	5:05.10	10
86 Eagle Grove	5:05.13	7
87 Iowa City Regina 'B'	5:06.37	10
88 Oskaloosa 'B'	5:07.54	9
89 Ventura 'B'	5:11.53	7
90 Gmg 'B'	5:11.57	10
91 Newton 'B'	5:13.14	11
92 Madrid 'B'	5:19.03	11
93 Hampton-Dumont 'B'	5:19.24	8
94 Pcm 'B'	5:40.70	9
95 Laurens-Marathon 'B'	5:42.45	9
-- Emmetsburg	DQ	6
-- Pella	DQ	5