

CYCLONE NATIONAL TRACK & FIELD QUALIFIER

Saturday, March 8, 2008

TENTATIVE TIME SCHEDULE 10/2/08

FIELD EVENTS

10:30 AM	Weight Throw	Women	-----
10:30 AM	Pole Vault	Women	-----
11:30 AM	Long Jump (East Pit)	Men	-----
11:50 AM	Weight Throw	Men	-----
NOON	Long Jump (West Pit)	Women	-----
NOON	High Jump	Women	-----
12:45 PM	Pole Vault	Men	-----
1:30 PM	Shot Put	Women	-----
2:00 PM	Triple Jump (East Pit)	Women	-----
2:30 PM	High Jump	Men	-----
3:00 PM	Shot Put	Men	-----
3:30 PM	Triple Jump (East Pit)	Men	-----

RUNNING EVENTS

(Fastest Heats are the first two Except for the 4x400)

(No Women's Prelims in 60 or 60 Hurdles)

11:35 AM	60 M Hurdles	Men	Prelims-----
11:45 AM	60 M Dash	Men	Prelims -----
12:00 PM	Mile Run	Women	-----
12:15 PM	Mile Run	Men	-----
12:30 PM	Distance Medley Relay	Men	-----
12:50 PM	60 M Hurdles	Women	-- Prelims -----
1:00 PM	60 M Hurdles	Men	-- Semifinals -----
1:10 PM	60 M Dash	Women	-- Prelims -----
1:15 PM	60 M Dash	Men	-- Semifinals -----
1:25 PM	400 M Dash	Women	-----
1:35 PM	400 M Dash	Men	-----
1:55 PM	Masters Race – 200 meters		
2:00 PM	200 M Dash	Women	-----
2:10 PM	200 M Dash	Men	-----
2:20 PM	800 M Run	Women	-----
2:30 PM	800 M Run	Men	-----
2:50 PM	3,000 M Run	Women	-----
3:05 PM	3,000 M Run	Men	-----
3:20 PM	60 M Hurdles	Women	-- Finals
3:25 PM	60 M Hurdles	Men	-- Finals
3:30 PM	60 M Dash	Women	-- Finals
3:35 PM	60 M Dash	Men	-- Finals
3:45 PM	4 x 400 M Relay	Women	-----
4:00 PM	4 x 400 M Relay	Men	-----
4:10 PM	5,000 M Run	Women	-----
4:30 PM	5,000 M Run	Men	-----